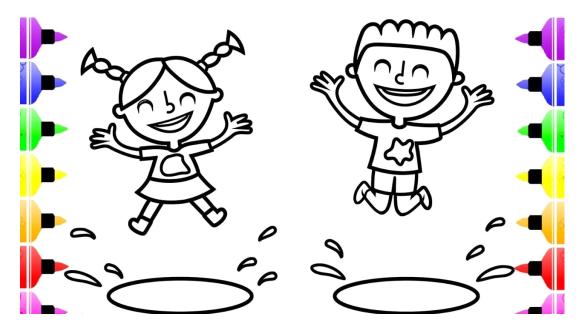


SWARNPRASTHA PUBLIC SCHOOL, SONEPAT Class-V/Holidays Homework/2021-22 Healthy You! Healthy Me!

Happy Holidays to all!



Summertime is always the best of what might be. It brings with it ever-smiling sun, ice-creams, shakes and lots of fun. Summer Vacation is a time for fun and frolic and an opportunity to bring you some constructive activities to enhance your learning process.

The most awaited vacations are a little different again, due to Covid-19 disease. Thus, our responsibilities get double to keep ourselves safe.

Keeping in mind that learning is a joyful experience, the school this year has designed special tasks to be completed during the vacations and learn that time is precious and, moments such as these will fleet past quickly.

Go ahead, create wonderful memories. Do remember to complete the given tasks after reading them carefully. Ensure that your work is neat, presentable, innovative and conforms to the guidelines.



Waiting to see your ward in Summer Camp!



PRINCIPAL

HEADMISTRESS

Here are some more suggestions that we feel will make your vacation more enjoyable:

1. Revise the course done in all the subjects till now and complete your pending assignments if any.

2. Try to take up a summer activity at home only, spend some time doing yoga, exercise, meditation etc. for mental health and physical fitness.

3. Perform weekend cleanliness tasks.

We also seek the support of Parents to keep a supervisory eye and lend support and motivation to the children. Their guidance and encouragement can go a long way in bringing out the talent of the students.

ENGLISH

- Creative Writing is to enhance your imagination and thoughts and finally expressing the same in one's own words. Choose any 2 topics of your choice and write creative writing (12-14) lines along with a short poem.
 - A promise I would like to do to myself....
 - One good habit that I would like to adopt....
 - My prayer to God!
 - A promise to my mother!
 - If I were a doctor...
 - My dream...
 - For me happiness is...
- 2. To think is to build. For expressing our thoughts, we need to connect the words and the imagination. Pick out as many words to frame **10 creative sentences**. The words can be repeated.

I	school	about	she	Renu	The	on
In	your	goes	intelligent	have	You	а
with	are	bell	like	eat	his	ls
sweet	on	your	Му	sings	time	peon
her	am	rang	has	to	London	vegetables
at	grew	father	children	from	miss	went
An	brave	tell	market	beautifully	park	yesterday

Eg. I rang the bell yesterday.

3. Watch these movies 'Gulliver's Travels' and 'Better Brain Health' on the given links and answer the following questions.

https://youtu.be/TLpbfOJ4bJU

• What have you learnt from the movie? Express your views

https://youtu.be/JSJ lv vP A

- Did you like the character Gulliver? Why or Why not?
- Write a different ending of the movie.
- **4.** Make a **short video** of duration **30 seconds to 1 minute**, representing any 3 different expressions eg Happiness, surprise, anger, sadness, excitement, crying and so on. You can show any conversation or your own dialogues or dialogues from the book.

Note: You can do your work in notebook or on A4 size sheet as per your convenience.

<u>HINDI</u>

1. स्वस्थ रहने के लिए आवश्यक है 'संतुलित आहार व योग' अपने को स्वस्थ रखने के लिए प्रतिदिन योगा करें और आपने वह योग किस तरह सीखा, योग करते समय क्या परेशानी हुई और योग से आपको क्या लाभ हुआ। इन सब बातों का ध्यान रखते हुए सौ शब्दों का एक अनुच्छेद लिखें।

2. कल्पना की उड़ान भरते हुए नीचे दी गई कविता में 8-10 पक्तियों को और जोड़कर इसे पूरा करें-प्रतिदिन खाकर पौष्टिक आहार, देंगे सभी कीटाणुओं को मार।

अब स्वयं लिखें.....

3. स्वस्थ जीवन के लिए आप अपने आहार में किन्हें जगह देंगे। कम से कम पाँच चीज़ों के नाम लिखते हुए A4 या ड्राइंग शीट पर रंगीन चित्र बनाकर दर्शाएँ।

नोट : ऊपर दिया गया सभी कार्य अपनी हिंदी कार्य पुस्तिका में करें

MATHEMATICS

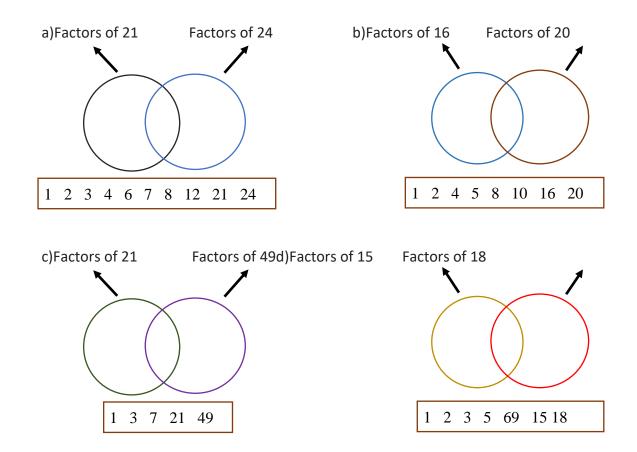
Do the following activities and make your mind active and fresh:

1.Sundaes are made up of variety of ice-creams. Write the flavours in a sundae in the form of fractions considering the entire cup as one and paste it on an A4 size coloured sheet...An image is given below as an example for you.



2. Place the numbers in the correct positions in the diagrams.

(To be done in the Maths notebook)



3. CROSSWORD

Complete the following puzzle in the Maths notebook and colour the answer boxes as given in the bracket:

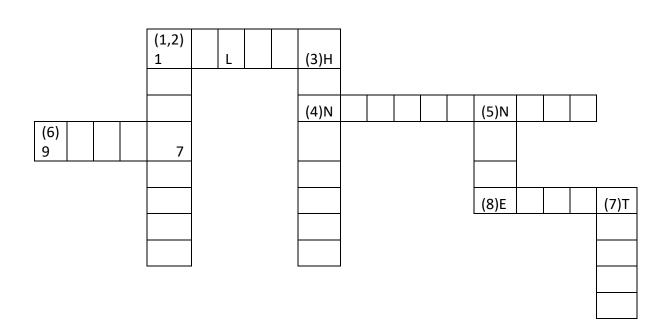
Across:

- 2. Value of Indian System equivalent to 1 million.(Blue)
- 4. Expressing a number that is one less than 100, in words. (Yellow)
- 6. General 5 digit number using 9, 8, 7.(Red)

8. 2, 4, 6, _____(Brown)

Down:

- 1. Successor of 10378695(Green)
- 3. Place of International System of numeration after Ones and Tens. (Pink)
- 5. Greatest one digit number.(Grey)
- 7. Number of zeroes in one thousand.(Orange)



4. 'Srinivasa **Ramanujan** is remembered for his unique mathematical brilliance, which he had largely developed by himself.

You are requested to watch the video link given below to gain more knowledge about the famous mathematician.

https://www.youtube.com/watch?v=hj5pCgBpQdE

SCIENCE

1. Be Eco Friendly and think out of the box this summers:



- a) Where is Eat Raja Zero waste juice shop in India?
- b) Why it has been given the name zero waste?
- c) What kind of containers Raja uses to serve juice ?
- d) Make one such using fruit shell and make a video of yourself drinking juice in that.
- 2. Watch out animated movie 'My Home Is Green' on you tube and then answer the following questions:



- a) What are pesticides , insecticides and fertilisers?
- b) Why do we need to use them?
- c) What are the short term and long term effects of pesticides on our health?

(Write all the answers in Science Class notebook)

3. Do 5 Surya Namaskar every day (for 10 continuous days at least) religiously in the morning and make video of yourself doing it, After 10 days compile all the videos into one single video and upload it on Google Science classroom.

SOCIAL SCIENCE

- "Health is a state of complete harmony of the body, mind and spirit".
 What is National Health Portal and what is its aim? State in brief about your daily routine to keep yourself healthy. (Do it in S.Sc notebook.
- Maintain the relationship of health and your body by adding delicious salads to your plate.
 Add variety to it and share the recipe of the same with pictures at Google Classroom.
- 3. Organizations which are independent of government involvement are known as nongovernmental organizations with NGO as an acronym. Find out 8 to 10 NGO's in India and state briefly about their aim. (Do the work in S.Sc notebook.)
