



SWARNSTAMBH

SWARNPRASTHA PUBLIC SCHOOL
QUARTERLY NEWSLETTER

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MESSAGE FROM THE PRINCIPAL

Dear Readers

"Life's not about expecting, hoping and wishing, it's about doing, being and becoming."

Let me begin by wishing you all a **Happy New Year** filled with many successes and continued progress. You certainly must have spent some time reflecting on 2020, and now it is time to look upon greater opportunities that lie ahead in 2021.

The Year 2020 ushered in by disrupting every aspect of normal life and the major jolt was faced mostly by the education sector globally. The indefinite closure of schools, colleges and universities created a learning vacuum for students but the crisis was well managed which resulted in a tectonic shift in our educational system from Offline teaching to Online teaching. During the unprecedented time, teachers and students made the largest pivot worldwide from face to face learning to online classrooms. So in a bid to ensure continuity, online education became the new normal.



**Mrs. Rashmi Grover
(Principal)**

There has been a significant and ongoing debate that online learning is not as effective as face to face learning and online teaching has created a digital divide in society, but we all know that this online teaching was the only way to keep the learning going. Technology is an incredibly important tool for educators which can help in affirming and advancing relationships between educators and students. Everybody had witnessed that the transition to online teaching in the early 2020 had to be done in emergency and Educational Institutions all over the world came with innovative ideas and showed the world an incredible work by re-designing learning to keep students engaged. The main motive was to give the best for students and for that purposefully designed online learning modules were added which gave new dimensions to students' learning.

The New Education Policy (NEP) 2020 proposes a revamping of existing system of education and integration of technology for enhancing teaching learning as an important aspect.

Since The Digital India Campaign is helping to transform the entire nation into a digitally empowered society, we need an army of tech-enabled youngsters with emphasis given on critical thinking, creativity and stronger conceptual understanding that will encourage students to become self-motivated learners. By fusing digital, human and humane skills, the new reality is preparing students for the future.

Wishing you all a glorious 2021 with success and happiness all through the year.

With Blessings

Rashmi Grover

MESSAGE FROM THE SENIOR HEADMISTRESS

Martin Luther King, Jr. once said, ***"We have only two choices: to peacefully coexist, or to destroy ourselves."*** To

attain real peace in our in the world, we have first to formulate inner harmony. This is only possible when we trim down our negative thoughts and enhance positive attitudes by developing love, compassion, tolerance and understanding among fellow human beings. We must learn to appreciate, and to value each other as human beings and thus to live together in goodwill.

The start of a new year is a great chance to get the next twelve months off to a good start. It is that time of the year that brings new hopes and new optimism. Our attitude in the beginning defines our spirit throughout the year. We can achieve whatever we want as long as we keep up our conscience and stay hopefulness about our goals and objectives.

I heartily wish that this year brings more strength and more power to all of you. Pandemic has slowed down the world, but it is still progressing. I pray that you are able to achieve all your goals with your matchless commitment and sincerity. Students must learn from the past mistakes and accomplish their targets for future with dedication.

You, my students, have unmatched potential to do things that are impossible and I wish that you explore your strengths in this year and enjoy great success in every phase of life. You must try to break a bad habit, learn a new skill, read a new book and do a good deed every day. Learn to be more active, read more often, see the good, forgive soon, respect your elders and love everyone.

Regard every day as the beginning of your new, better, and happier life. Start every day of the year with feelings of happiness and with the anticipation that many great and wonderful things are going to happen. Regardless of your circumstances, begin every day of the year with a smile, hope and expectations.

Cheers to another year!

Love and best wishes,

Swati Rana



Mrs. Swati Rana
(Headmistress Senior Wing)

SCHOOL ALLOCADES

EDUCATION WORLD INDIA SCHOOL RANKINGS 2020-21

"Success usually comes to those who are too busy to be looking for it."

Time to celebrate another accomplishment!! Swarnprastha Public School has been ranked **2nd** in Sonipat under Co-Educational Day School Category and ranked **5th** in Haryana state by The Education World India School Rankings 2020-21.

This ranking has been done by Education World India School Rankings (EWISR) 2020-21 — the world's largest and most in-depth school ratings and rankings survey based on field interviews with 12,214 knowledgeable stakeholders in school education countrywide.

We are extremely joyful to announce that we have made a quantum leap **to 2nd rank** in the state. And this would not have been possible without the dedication and hard work of the teachers, students and co-operation of the parents. Heartiest Congratulations!!
Few more steps to cover! Good Luck!

INTER-SCHOOL STATE LEVEL SPEECH COMPETITION

"Nothing can stop us unless we do it ourselves."

We feel ecstatic to share this amazing achievement of our students with the parents. The students of Swarnprastha Public School participated in **INTER-SCHOOL STATE LEVEL SPEECH COMPETITION** which was conducted on the virtual platform by Rawal Public School, Faridabad. The event was organised in three categories- Primary, Middle and Senior Category. A total of 32 schools participated in the competition.

Sanskriti in the Primary and **Parth Gaur** in the Middle section bagged the **SECOND INDIVIDUAL PRIZE**. In the senior category, **Suhani** bagged the **9th** position. Swarnprastha Public School lifted the virtual trophy by standing **FIRST in 32 schools**. The School Management congratulates the participants, their parents, teachers and the Principal for this overwhelming achievement.



Parth Gaur -VIII



Sanskriti -V

ANOTHER FEATHER IN THE CAP

ALL INDIA SCHOOL CONTEST (1st October-31st October) 2020

Indian Centre for Plastics in the Environment (ICPE), a voluntary '**Not for Profit**' organization has been conducting various awareness campaigns for the younger generation. In this, ICPE organized '**All India School Contest**' for students of **classes (V- XII)** inviting their views and suggestions on how we can achieve a cleaner environment with responsible use of plastics and management of waste.

The use of plastics and the issue of waste management have attracted much global attention. Keeping this in mind, students of Swarnprastha **Public School** participated in '**All India School Contest**' in order to promote scientific and practical solutions. Apart from scientific management of waste, it aimed at creating awareness among students on the benefits of source segregation and inculcating anti-littering habit.

72 entries were forwarded from both the Primary and Senior categories. It is a moment of great pride to share that our school stood in the **Top 10** schools across India.

The students enthusiastically participated and sent their entries on the above themes in the following formats:

1. Audio Visual Clip
2. Power Point Presentation:
3. Poster / Artwork:
4. Animation

The competition was an eye- opener for the learners as they researched, shared their views and suggestions on how to achieve a cleaner environment with the responsible use of plastics and management of waste. The Principal **Ms. Rashmi Grover** congratulated the participants for this stupendous achievement.



Indian Centre for Plastics in the Environment

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To
All the Winners
&
Thanks to
All Students, Teachers & Schools
for their participation

RESULTS

RESULTS - 2020

TOP 10 SCHOOLS - WINNERS

Indraprastha World School, Delhi

Cambridge Foundation School, Delhi (Rajouri Garden)

Balvantry Mehta Vidya Bhawan (A.S.M.A), Delhi

Swarnprastha Public School, Haryana, Sonipat

Bal Bharati Public School, Navi Mumbai, Mumbai

Gyan Mandir Public School, Delhi (Naraina)

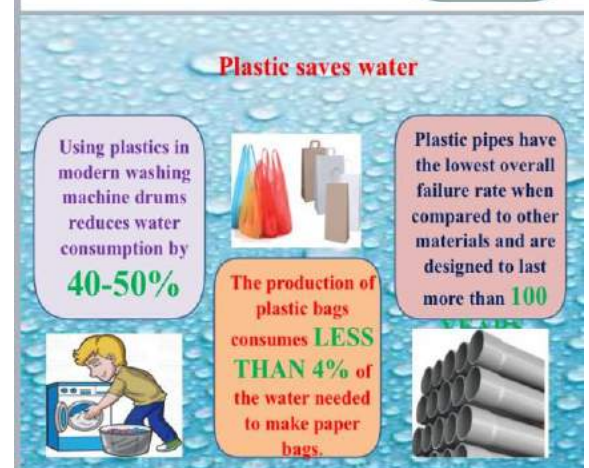
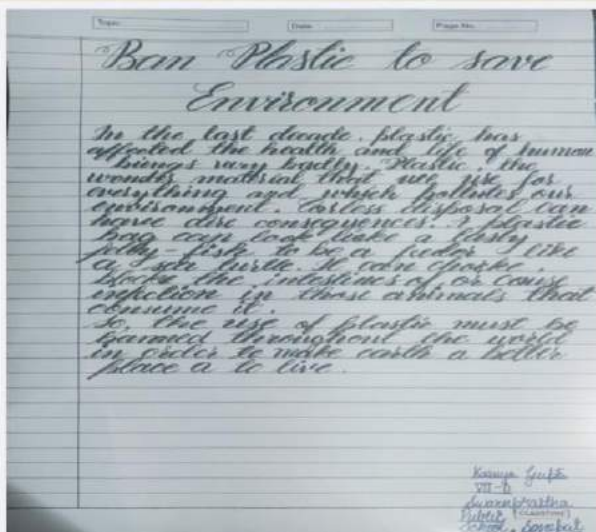
Bhavans Vidya Mandir, Kerla (Girinagar)

East West Model School, Kolkata

Bluebells School International, Delhi

**Reliance Foundation School, Kopar Khairane,
Navi Mumbai**

A GLIMPSE OF THE ENTRIES



PLASTIC WASTE MANAGEMENT

By Radhika, X-A
Swarnprastha Public School

ROLE OF PLASTIC IN FIGHTING THE PANDEMIC: PROTECT OR POLLUTER!



- The single use hospital gowns, gloves, and masks that protect our healthcare workers every day are also made of plastic.
- Every machine, piece of medical care equipment, hospital bed, examination scope and tool has a component made of plastic.
- Single-use plastics can literally be the difference between life and death.

METHODS TO IMPROVE PLASTIC MANAGEMENT SYSTEM

- PLASTIC RECYCLING:** this can be used for laying down roads in place of bitumen, bottles, benches etc. Buying recycled plastic also helps with plastic management.
- USING PAPER BAG:** cloth material as shopping bags for a customer can be useful. It is suggested to use paper bags and bags made with cloth material such as jute, cotton etc.
- CREATE AWARENESS AMONG THE PEOPLE:** about safe practices of plastic.




How to improve plastics waste management system

By Riya
Swarnprastha Public School

PLASTIC

The word, plastic, was derived from the word 'plastikos' meaning 'to mould'. Plastic is the term commonly used to describe a wide range of synthetic or semi-synthetic materials that are used in a huge and growing range of applications. The raw materials used to produce plastics are natural products such as cellulose, coal, natural gas, salt, crude oil etc. Plastics are often referred to as waste because they are non-biodegradable, and they do not get decomposed by the microbial action. Management of plastic waste is important for reducing plastic pollution.

PLASTICS



PLASTIC WASTE MANAGEMENT SYSTEM

Waste management is an important element of environmental protection. Its purpose is to provide hygienic, efficient and economic solid waste storage, collection, transportation and treatment or disposal of waste without polluting the atmosphere, soil or water system. Plastic waste management system includes 5R's i.e. Reduce, Reuse, Recycle, Recover, Refuse.

Refuse: Replace, don't purchase

Reduce: Cut back

Reuse: Use over and over again

Repurpose: Reform, repair, DIY

Recycle: Reuse materials as resource



5R's: A Path To Sustainability
Think green Act green Live green



ALUMNI OF SWARNPRASTHA PUBLIC SCHOOL BECOMES THE FIRST MAYOR OF SONEPAT

The school rejoices the glorious success of Mr Nikhil Madan who became the first Mayor of Sonapat. His amazing victory in these elections has filled us with excitement. His dedication has made this victory more realistic. Swarnprastha Public School feels proud to see one of our alumni reach the apex of success.

The Director Mr. Anmol Kedia and School Principal Ms Rashmi Grover congratulated Mr Nikhil Madan for his commendable success.



ANNUAL PRIZE DISTRIBUTION

"All our dreams can come true, if we have the courage to pursue them."

3rd October 2020 was a D-day in the life of many meticulous **Pre-Primary and Primary Wing** students when their hard work earned laurels to them in the mega **Annual Prize Distribution** for the session **2019-20** of Swarnprastha Public School, Sonapat. The event was organized to honour all the students for having attained a stupendous feat, both in **scholastic and co-scholastic** areas. These students left no stone unturned to give their best performance and their success was the result of continuous dedication, hard work and persistence.

A total of **406** students were awarded with **450** awards in the ceremony under the categories of **Academic Excellence, Achievement in Co-curricular Activities, Highest Attendance, Highest Subject Score, Well Turned Out, Amicable Personality, and Energetic Performers.**

The Principal **Ms. Rashmi Grover** in her address congratulated the students and parents for their laudable efforts. She mentioned that perseverance and hard work would never go waste and it would take the students to greater heights. The audience enjoyed enthralling music and online dance performances presented by the students which left every one spellbound.

As it was telecasted live on Facebook and YouTube, we received 248 likes and 171 comments. The ceremony was a huge success!



- ▶ [Glimpse of the Annual Prize Distribution\(JW\)](#)
- ▶ [Glimpse of the Annual Prize Distribution \(SW\).](#)



CODE-O-FIESTA – 2020

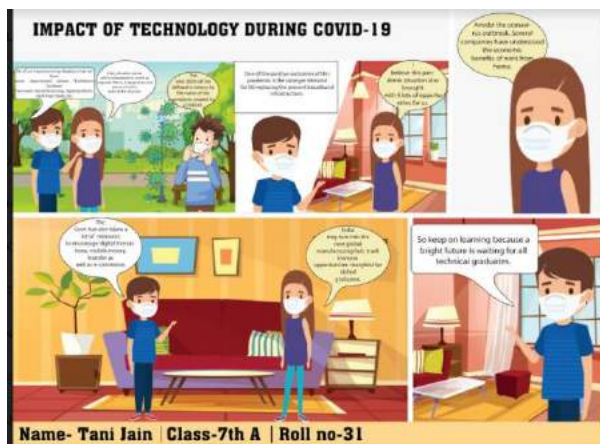
"The more you create, the more you learn."

The effective **Use of Technology in Education** has changed the face of education, and it has created more learning opportunities. It enriches the educational experience providing options that can accommodate students in their quest to learn. The Digital programme is a flagship programme of the government of India with a vision to transform India into a digitally empowered society and knowledge economy.

A three-day programme was held in the school creating awareness by organizing communication events. The programme was conducted to sensitize their functional digital literacy, cyber security, cyber hygiene and ensure better utilization of Digital Infrastructure. It was indeed a mega event planned by the computer department of the institution.

We welcome and employ technology at SPS every day in distinctive ways. This year we celebrated Code-O-Fiesta from 28 Sept to 30 Sept 2020. Students participated under four different categories – **Tech. Juniors, Junior Coders, Intermediator and Programmers**. Different events were planned under these categories like – Sketches in dreams, Creative Web Pages, Fun box, Game designing, Android Player (App designing), Python Charmer and many more.

More than 200 students participated in the event, which helped them to develop competitive spirit amongst the students and to update their academic knowledge with technology. The students exhibited their idea of creativity, imagination, and thoughts through these competitions. It is rightly said, "Technology can change the quality of life".



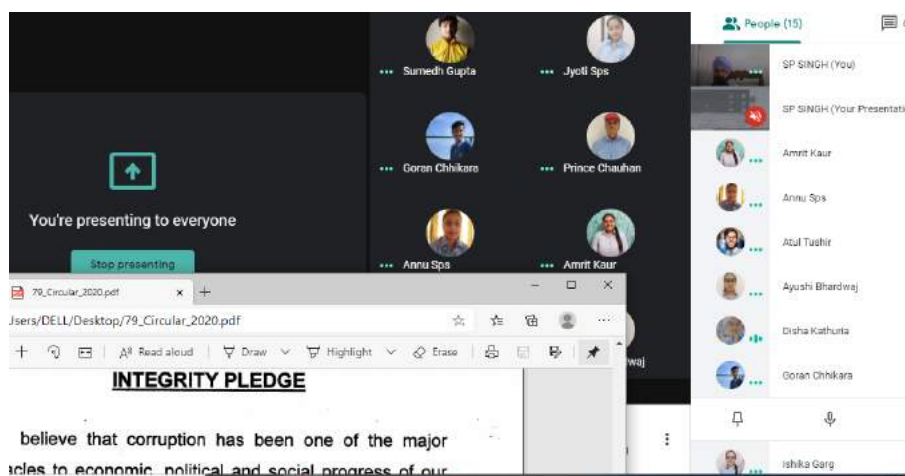
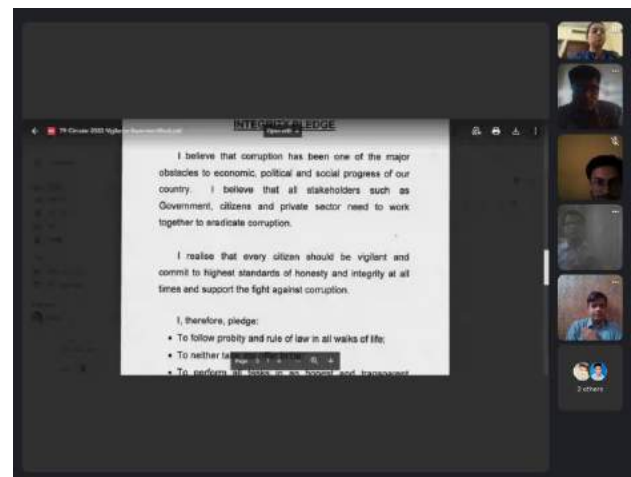
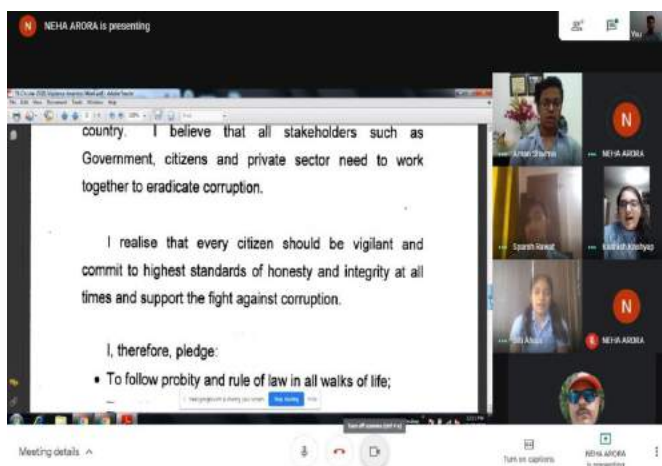
CELEBRATIONS

VIGILANCE WEEK

"Let the eye of vigilance never be closed."

To promote transparency, accountability and integrity in public life and to encourage fight against corruption, Vigilance Awareness Week was observed at **Swarnprastha Public School, Sonapat** from **27th October, 2020 to 2nd November, 2020**. The theme of the Vigilance Awareness Week is 'Satark Bharat, Samridh Bharat (Vigilant India, Prosperous India)'.

For inculcating greater awareness on vigilance in public life, teachers, staff members and senior students of **Classes X to XII** took '**e-Integrity Pledge**' using virtual platform. They promised to be vigilant and maintain the highest standards of integrity at all times and support the fight against corruption.



DUSSEHRA CELEBRATION (PNUR-II)

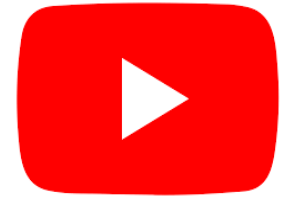
*A time for celebration,
A time for victory of good over bad,
A time when world see the example of power of good,
Let us continue the same true spirit.*

Keeping the festive spirit alive and to celebrate the victory of good over evil, online Dussehra celebration was organized for classes **Pre-Primary – II** on **22nd November 2020** with a religious zeal and fervour. Various activities including speech on Dussehra, poetic Ramayana, dance performances and bhajans glorified the occasion. The children were attired themselves in colourful costumes and enacted as Lord Rama, Lakshmana, Sita Mata, Hanuman ji, Wanar Sena etc. Different craft items related to Dussehra were also made by children. The primary objective of the entire show was to explain the students that no matter how intelligent a person is, his pride will be the reason of his collapse.



CALISTHENICS WEEK

"Fitness is like a relationship. You can't cheat and expect it to work."



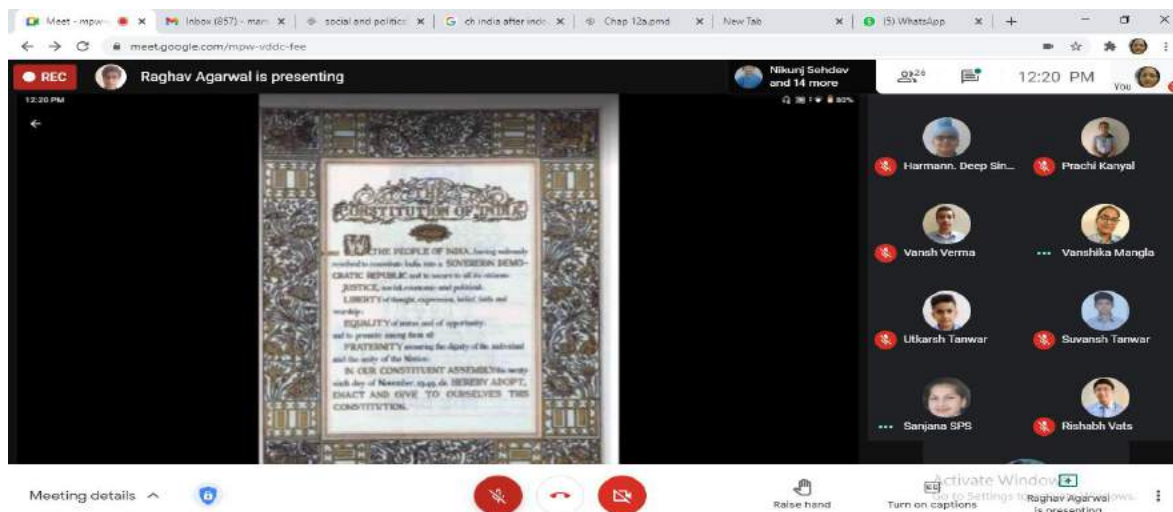
Physical activity is known to boost both body and brain functions, so it's no wonder that exercise can also help children do better in all fields. Calisthenics is a form of physical training focused on teaching to master our own bodyweight using minimal equipment. Keeping the same in mind, Swarnprastha Public School, Sonapat celebrated Calisthenics Week from **13th Oct -16th October 2020** for classes III – VIII. 66 students participated in this event helping their own selves to reach a fitness level. The participation was highly appreciated by the Principal **Ms. Rashmi Grover**. She motivated the students to stay fit and remain physically active.

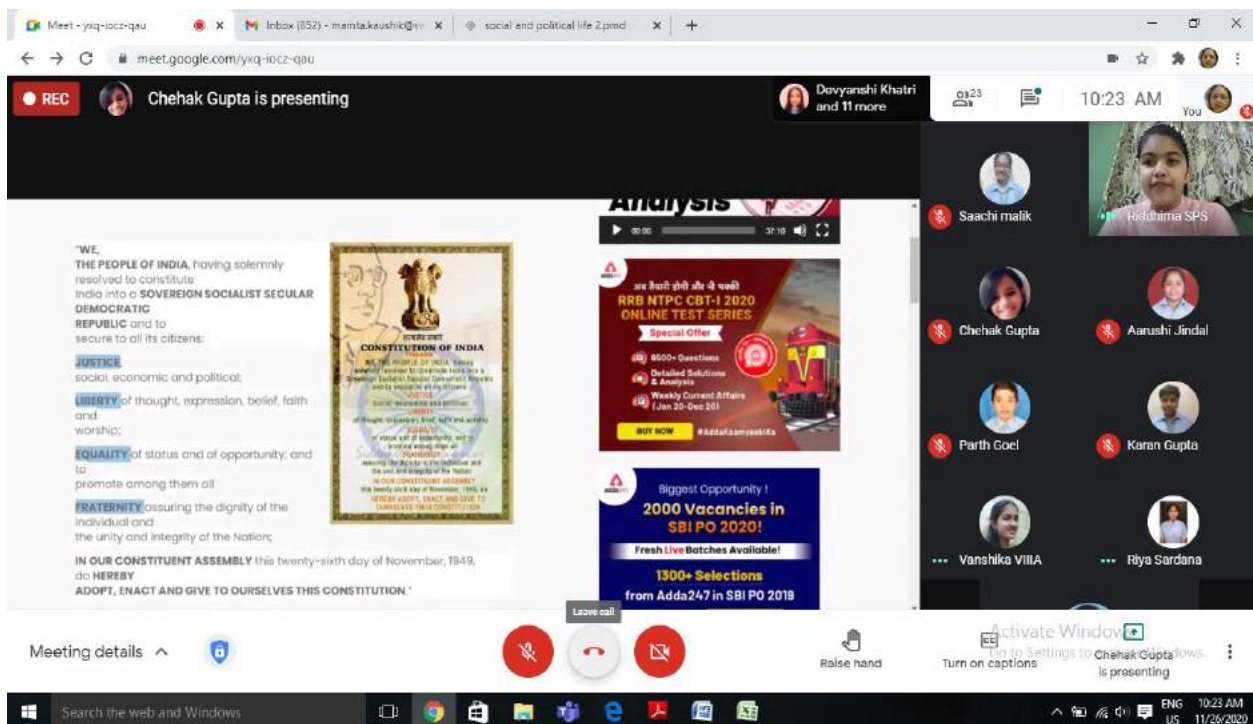
CONSTITUTION DAY

"The constitution cannot protect us unless we protect the constitution."

To commemorate the adoption of the Constitution of India, November 26 is celebrated as Constitution Day highlighting and reiterating the values and principles enshrined in the Constitution.

The 71st Anniversary of the adoption of our constitution was virtually celebrated at Swarnprastha Public School with great enthusiasm on **26 Nov 2020**. Preamble was read by the students in the classes reaffirming our commitment to uphold its ideology, and the guiding values mentioned in it were also discussed with the students. The Principal, **Ms. Rashmi Grover** urged the students to abide by the constitution and feel proud to be a citizen of a great country.





VIRASAT WEEK

"A nation's culture resides in the hearts and in the soul of its people."

Heritage is what we have inherited from our ancestors. Heritage Week is one of the rare occasions to reach out to children and youth of the country to ingrain the values of preservation of heritage. Keeping the same in view, **Virasat Week** was celebrated at Swarnprastha Public School from **5th November-7th November 2020**.

To have a deeper knowledge of our heritage, the students of classes III-VIII did a lot of research work on the culture and tradition of various Indian states such as Gujarat, West Bengal, Tamil Nadu, Assam, Odisha, etc.

The event was conducted in two phases. In the first phase, the students participated in activities like Brochure Making, Poem Recitation, display of food of a state along with attire, Role Play of a freedom fighter, sharing of flame of cooking of a specific state, Jewellery making, Solo Dance/Singing, Art, etc.

The Second phase comprised of a Quiz. The thrilling quiz consisted of various rounds and participation of each student was mandatory in round-1. The winners of Round 1 of classes (III to VIII) were the participants of Round -2. Fifteen questions with a time limit of 10 minutes were asked to the students. Students with the highest marks were selected for the final round that was conducted on **6th November for classes III -V and 7th November for classes VI – VIII respectively**.

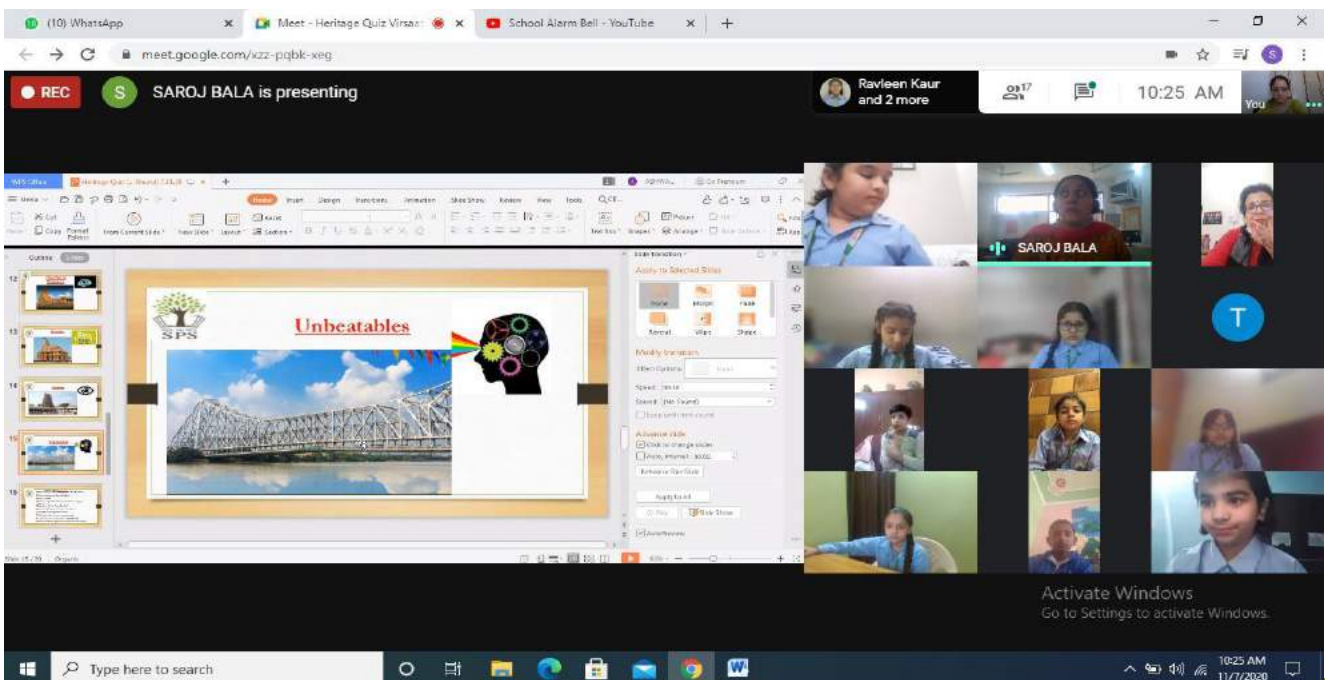
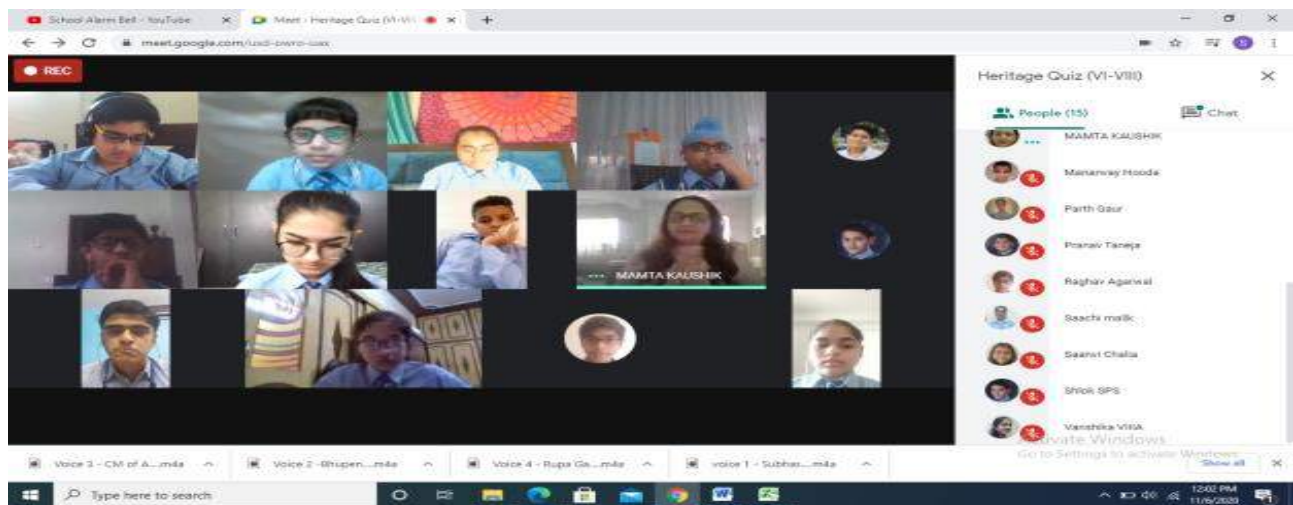
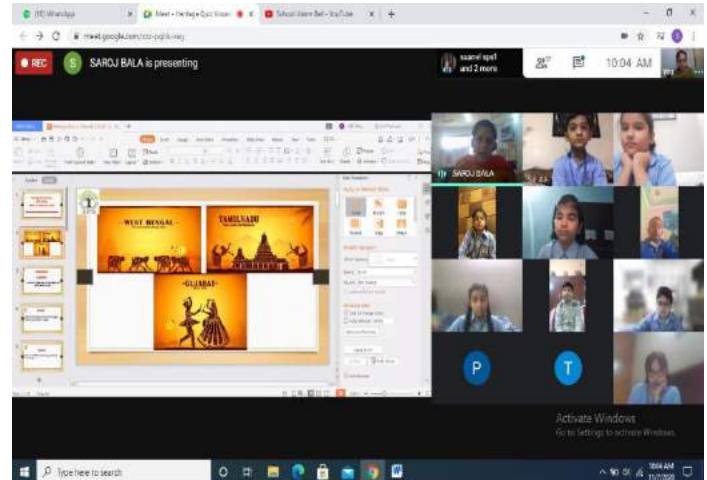
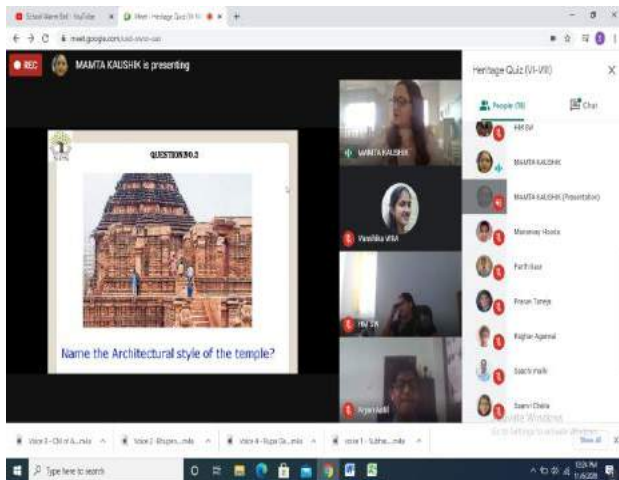
School **Principal Ms. Rashmi Grover** awarded the winners with certificates. The students felt proud of being a part of such multicultural, multi-ethnic and multi-religious society of India.

Sneak a look into the heritage week activities:





SCREENSHOTS OF THE QUIZ



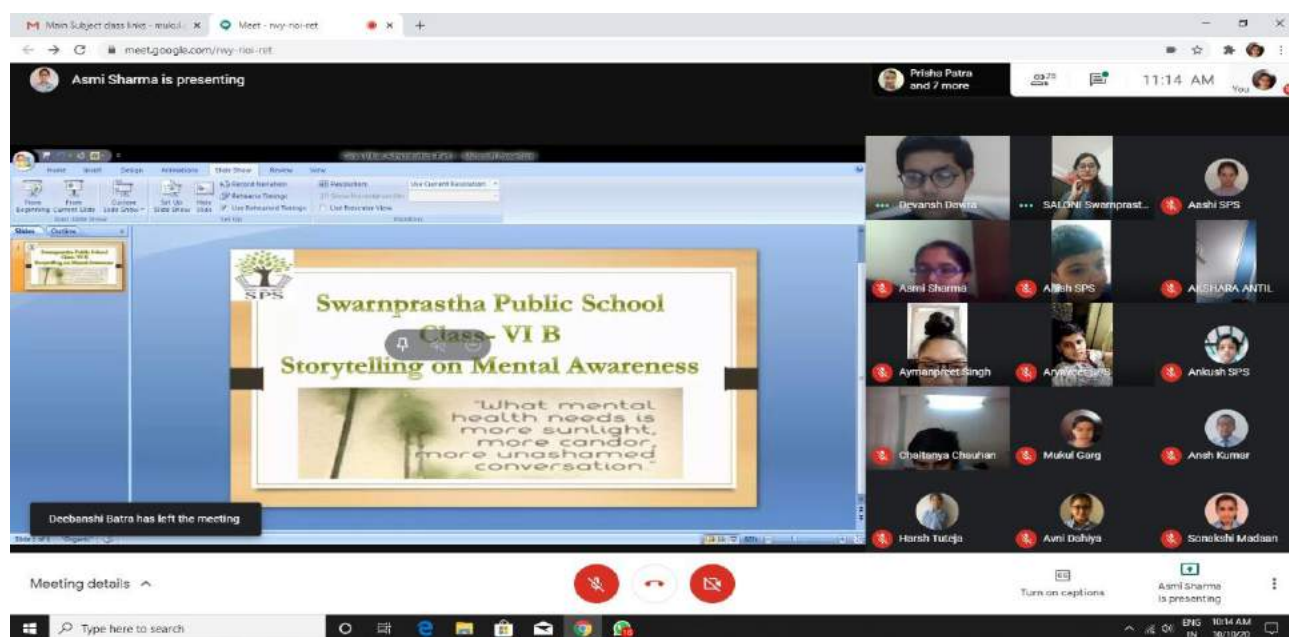
MENTAL HEALTH DAY

World Mental Health Day is an international day for global mental health education, awareness and advocacy against social disgrace. To spread awareness about the same, Swarnprastha Public School, Sonapat organised a special program for the Middle Wing (classes VI-VIII) on **10 October 2020** wherein the teachers took the initiative of narrating stories and sharing videos related to the mental well-being of the students.

The learners designed beautiful posters and wrote slogans as reminders that mental health is essential and those living with these health issues deserve care, understanding, compassion, and pathways to hope, healing, recovery, and fulfillment.

With the latest research revealing that more than 60% of adults and over two thirds of young people (68%) felt their mental health deteriorated during the corona virus pandemic and lockdown, encouraging conversations around our own mental health and that of others has never been more important. The students actively participated in all the activities and shared their own experiences and ways adopted to overcome anxiety and apprehension in this tough phase. Students' participation was appreciated by the school Principal **Ms Rashmi Grover** and she told the students to stay cheerful and mentally strong.

A healthy mind,
is the greatest
treasure to find.



CHRISTMAS CELEBRATION

"Christmas is the day that holds all time together and the spirit of giving, without a thought of getting"

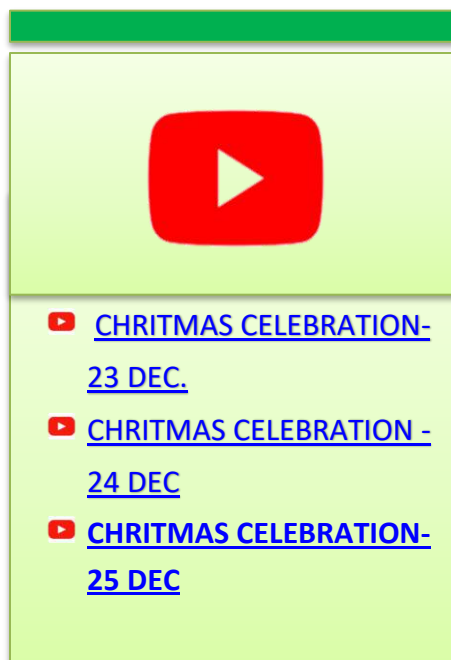
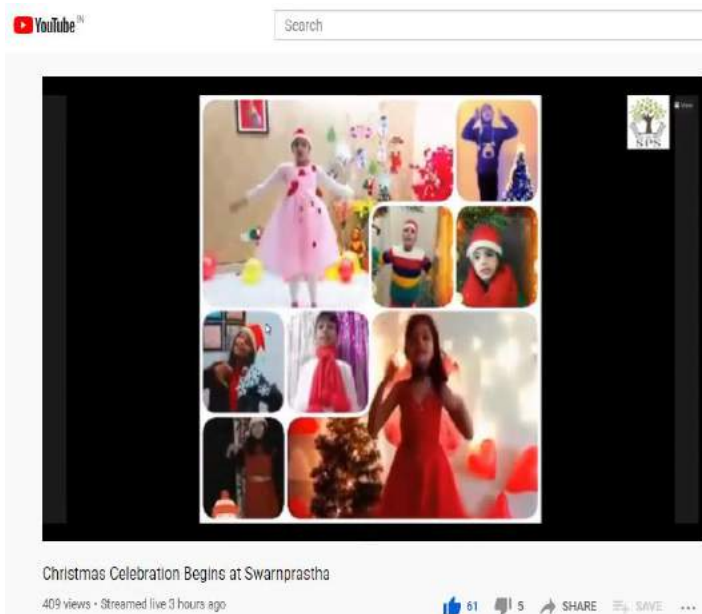
Christmas is the festival that brings cheer and love, and we the Swarnprasthians celebrated it with great fervour and enthusiasm. The celebration continued for three days i.e from **23rd December to 25th December 2020**. The entire campus was festooned with colourful streamers, balloons etc. The Christmas trees, twinkling stars, jingle bells added sparkles to the celebration.

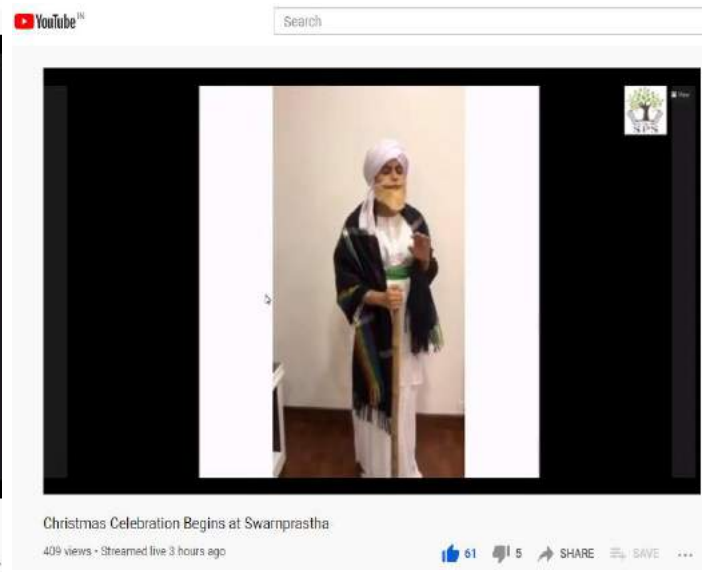
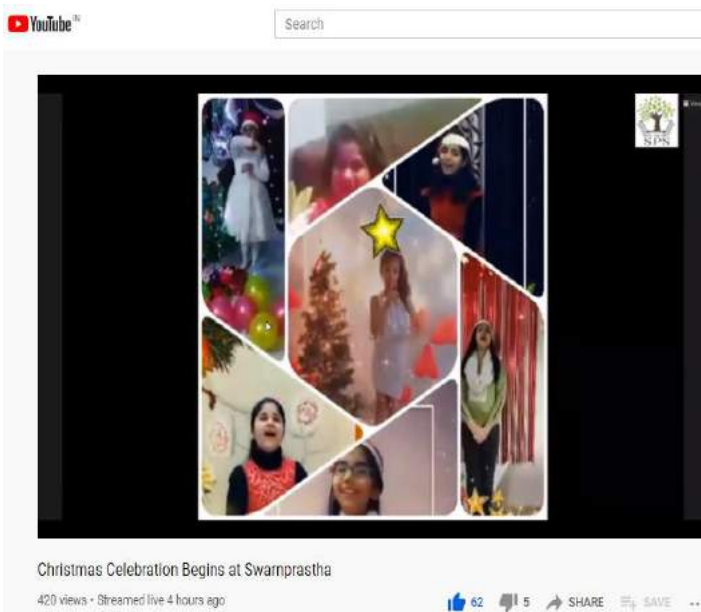
The students sang **melodious carols** "Jingle Bells ", "Joy to the World", "We Three Kings" etc. that filled the air with festivity. The significance of this festival was explained and the Christmas Story was enacted by our young talented Swarnprasthians. The true meaning and **importance of a few Christmas symbols** such as Christmas tree, Snowman, and Santa Claus etc. was also told to the children. At the last, a **peppy enactment cum dance on "Rudolph the red nose reindeer", "Dashing through the snow....."** was performed by energetic and enthusiastic teachers.

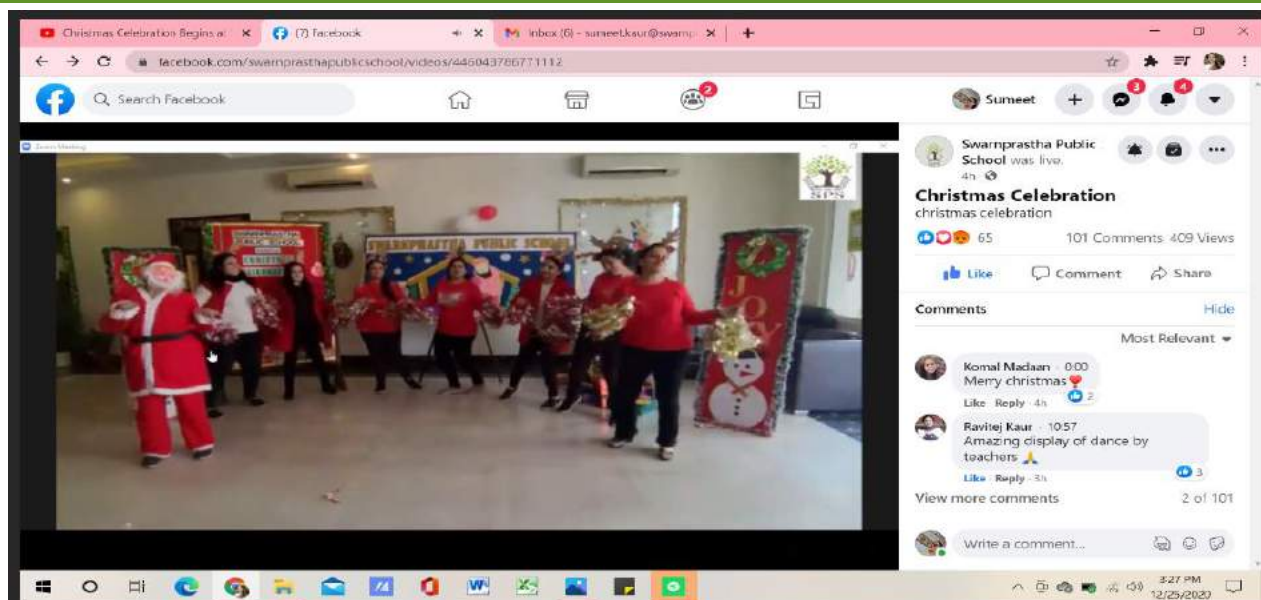
It was indeed true that the **warmth of Christmas** was felt from the heart and the actions just proved it right! The celebration ended on a happy note with children imbibing the true message of Christmas - love, joy and goodwill to all. The celebration culminated with the song, wishing all a Merry Christmas and a Happy New Year.

The celebration was streamed live on Face book and YouTube. We received more than 400 views and above 100 motivating comments from the viewers.

School **Principal Ms. Rashmi Grover** discussed the relevance of this day with the students. The celebration was a grand success.







The students of Pre-Primary also celebrated Christmas using virtual platform. The little rock stars dressed-up in beautiful party and Christmas related attires and exhibited various characters like Santa, Mother Mary, Jesus, Father Joseph, Angels, reindeer etc. The Christmas party brought the magic of Christmas with delicious Christmas cakes and food. Leaving no stone unturned and to sprinkle the magic of their love, the party area was fully decorated by our students themselves in their homes. The party was graced by the appearance of our special guest- 'Santa Clause'.



RAMANUJAN DAY

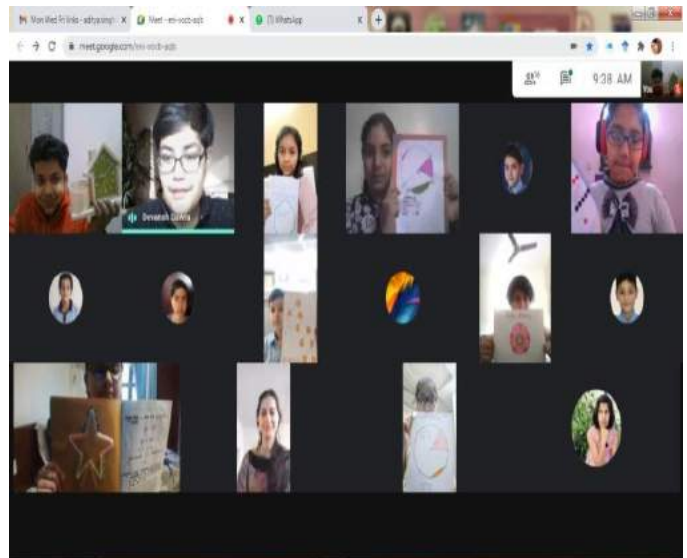
"The only way to learn Mathematics is to do Mathematics"

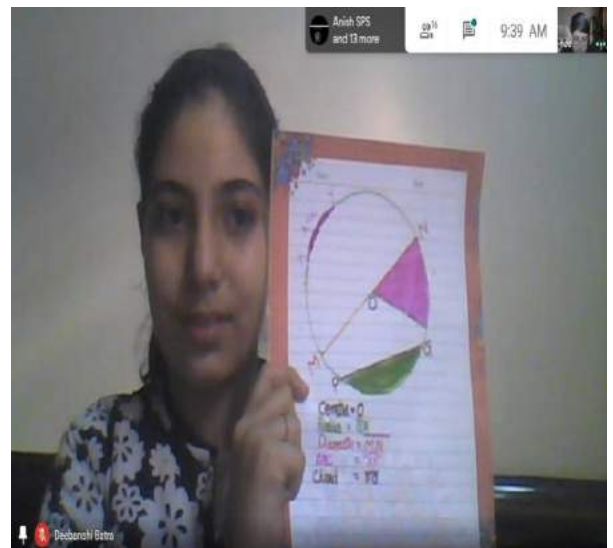
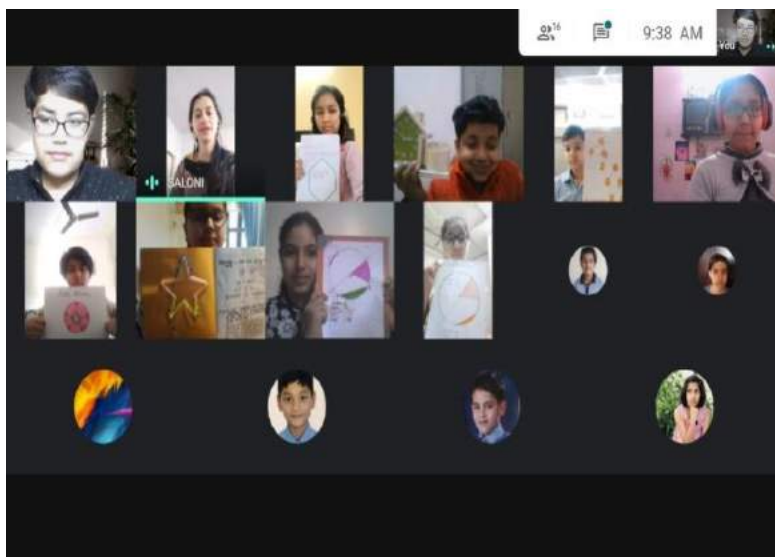
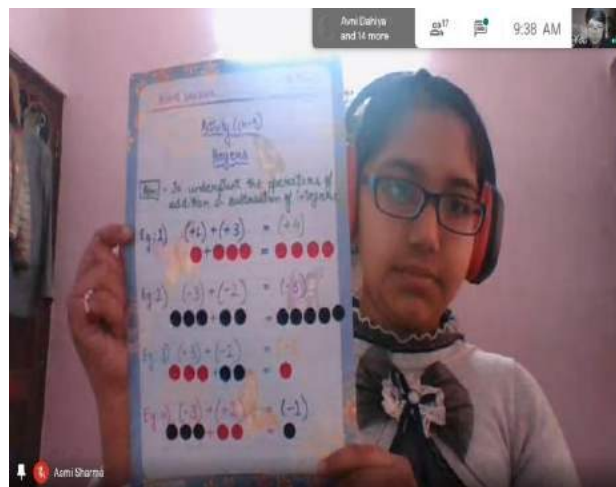
Swarnprastha Public School, Sonapat celebrated National Mathematics Day on the birth anniversary of great Indian Mathematician, Srinivasa Ramanujan on **22 December 2020** through virtual platform. The entire week was celebrated as '**Pi-thons**' week with a plethora of activities to enhance the skills and aptitude of the students in the subject. It acquainted them with unique, playful and creative methods of learning Maths.

One of the very important activities, Ramanujan Maths Quiz was conducted on the virtual platform and was streamed Live on Facebook. The event received a huge number of likes by the spectators- **Face Book view: 945, Face Book Reaction: 261, Face Book Comments: 500** and **YouTube Viewers: 846**.

The Mathematics week culminated with the sharing of information by the teacher during the morning assembly on the occasion of Ramanujan Day.

The budding mathematicians from across the school (**Classes III-XII**) worked feverishly over the preceding weeks to organise the event. The celebration was highly informative and the students got to learn a lot about Mathematics. The Principal **Ms Rashmi Grover** congratulated the budding mathematicians, and the teachers for putting up this successful show.





TINY HANDS

STICK PUPPETS-DESCRIBE YOURSELF CLASS-II

"I hear and I forget. I see and I remember. I do and I understand."

Traditional language teaching often focuses on repetition and rote learning, but children want to learn through experience and engagement. Keeping this in mind, **"Stick Puppet - Describe Yourself"**, activity was conducted for the students of **class II** on **30 October 2020**. Children made attractive stick puppets using colourful cutouts and described themselves by writing vivid **adjectives** on the stick puppets. The activity helped in enhancing the creativity, imagination and artistic flair in the children. Children enjoyed expressing themselves in this fun-filled activity.



MATHS ACTIVITY-LET'S MEASURE UP!

"Measurement is fabulous. It is the first step that leads to control and eventually to improvement."

We measure things in the world around us all the time. For instance, you may want to measure how much milk you want to put in a cup, how much a book weighs or the length of the board. All these examples involve non-standard units of measurement. To tell the students the importance of all these measurements in routine life, they were shown videos related to the measurement. A **flip activity-Let's Measure Up**, based upon videos was held virtually for **Class I on Saturday, 28th November 2020**. Children were informed about the different ways to measure things. Different measuring tools of non-standard units like a toy- pan balance, jug and cups were shown to children and they experienced it by doing it themselves. They were excited to measure length, height and width of a table, a board and a book. They also measured water and juice to judge the quantity of the liquid. This was an experiential learning for students.



ENGLISH STORYTELLING

"Inside each one of us is a natural-born storyteller, waiting to be identified."

A wise man once said, "After nourishment, shelter and companionship, stories are the things that we need the most in the world." It's the stories that give wings to our imagination and take us to places beyond the boundaries of our physical world and into the land of fairies, dragons and wishing trees.

To keep the tradition going and to incite curiosity and love for reading in children, an **English Storytelling Activity was held during online class on 25 November 2020 for classes I and II.** The young enthusiastic storytellers armed with their props came forth with wonderful tales. While some stories gave the audience food for thought and some reinforced moral values. The stories were observed and appreciated on the basis of **pronunciation, voice modulation, memorization, expression, confidence and overall presentation** of the children. The event was thoroughly enjoyed by the audience. The little story tellers won everyone's heart and were applauded.



EVS Activity-EAT HEALTHY STAY HEALTHY

"Eating is a necessity but eating healthy is an art."

Eat Healthy Stay Healthy was conducted virtually for the students of **Class I** on **29th October 2020**. They made Cornflakes, Bhel which were loaded with salad and chutneys. Children became aware about the nutritious value of cornflakes. They came to know that cornflakes are fat free, have high iron content, rich in protein and so on. Teachers along with the children had a good time while preparing this dish and definitely no one had tasted this dish earlier than this special day! This activity helped the children to learn the importance of eating healthy food. Not only this, their vocabulary was enhanced with words like peeling, mixing, sprinkling and so on. All the kids relished and enjoyed the healthy dish made by them. Overall it was an activity which had learning with fun. The end result was a delicious and nutritious Bhel and that was sure to appeal any palate.



GK Quiz

"Knowledge is a treasure, but practice is the key to it."

To engage and enlighten the students, Online General Knowledge Quiz was organized for class Nursery on Friday, 27 November 2020. The Quiz began with the introduction of teams and its participants. The rules of the activity were also explained to the tiny tots. The teams participated with great enthusiasm. They skillfully answered the questions asked. The quiz comprised of oral questions, audio and visual rounds. Through various interesting as well as challenging rounds, the knowledge of the participating students was put to test in this quiz. The participants thoroughly enjoyed these rounds. The quiz was a great success and children enjoyed it a lot. The team who showcased its brilliance by rapidly answering the questions was declared as the winner. Everyone clapped and cheered for the ecstatic winning team. It was an all-new experience conducting the online quiz activity.



SHOW AND TELL (NUR)

*"Tell me I'll forget, Show me and I remember,
Involve me and I'll understand."*

'Show and tell' sets the stage for children to become comfortable and confident when speaking in public. Keeping this in mind, the "Show and tell" activity was organised on Friday, **30 October 2020** for the students of Nursery class on virtual platform. The topic was 'Shapes' and students were ready with 3-D models, household objects, toys, eatables etc. They were excited to share their descriptive narration and eagerly waited for their turn. The inspiring presentations helped them get a realistic appraisal of their skills, to discover the power of spoken words and to remove their shyness and hesitation. Photographs were shared by the parents. The activity ended up with great enthusiasm and zeal.



ENGLISH ACTIVITY - DUMB CHARADES

“Actions speak louder than words”

Dumb Charades Activity was conducted virtually for **class I** on **Friday, 20th November 2020**. The activity was conducted with a view to make children understand the concept of **action words**. Through this activity, the students learnt conveying their ideas without uttering a word. Dumb Charades is a versatile game to be used as a tool for **enhancing vocabulary** and **understanding of concepts** in English.

Children played the game of dumb charades using action words which were allotted to them beforehand. Each child had to enact on the given action and the consecutive roll number had to guess the word associated to the action. They used their creativity and different objects to present their actions. It was easy to grab children's attention through this activity, as it was very interesting and interactive.



GREEN COLOUR PARTY

*"Green is the colour of Farming, Green is the colour of Nature.
Green is the colour of Environment and also Green is the colour of Life."*

Green Colour Party was conducted for class **Pre Nursery** on **Saturday, 9 October 2020**. All the students dressed in the shades of green were curious to be a part of the event. Students were overwhelmed to show their green colour belongings. During the activity, they pasted green paper leaves on the tree. The activity was enjoyed by them thoroughly. A Quiz on green colour was conducted in which the students participated with full zeal. This colour party taught the students to take care of "NATURE". All the students were elated with an amazing learning experience.



ORANGE COLOUR PARTY

"Orange is the colour of joy and creativity".

Orange combines the energy of Red and the happiness of Yellow. Orange colour party was conducted for the class **Pre Nursery** on Friday, **27 November 2020**. Students dressed in shades of orange colour talked about the object they owned. Students enjoyed colouring in pumpkin and then doing tearing and pasting, to give it a complete look. Students associated orange colour to lord Hanuman and the dress worn by saints. Towards the end, each student was observed admiring the craft.



ACTIVITY- DIWALI CELEBRATION

"The significance of Deepavali is the removal of darkness and ignorance from the mind and filling it with goodness."

Swarprasthians celebrated Diwali festival with joy and thrill on Thursday, **12th November 2020**. They were well prepared for recitation, singing and dancing. They made elegant diyas, candles and lanterns along with teachers. They were explained the significance of Diwali Festival and shown related video also. They were told not to burst crackers as it causes noise and air pollution. It was a fun filled day.



ACTIVITY- ANIMAL KINGDOM (NUR & KG)

"The greatness of a nation and its moral progress can be judged by the way its animals are treated."

Animals are fabulous creatures found on the Earth. They are as important as human beings for the planet. They act as great companions in our life. They should be treated with kindness and love. Few of them are our true friends. They live in perfect harmony and friendship with us. With these inspirational thoughts students of Nursery and KG organised an activity **"Animals Kingdom"** on Friday, **18 Dec 2020**. Tiny tots performed various items like song, rhyme, character enactment and dance with great zeal. Talk on- love animals, protect animals, etc was given. Puppet show was also organised by the teachers. Children promised to be kind towards animals. The activity really proved fruitful.



BALANCING ACTIVITY (NUR)

"Play is often talked about as if it was a relief from serious learning, but for children play is serious learning."

Viyaan, Nursery A



Balance is the ability to hold your body upright and steady without falling down. This could be in sitting or standing, moving or still, with eyes open or closed. The Nursery children are always eager to do new things. Balancing activity was an amazing experience for the tiny tots. It was organized on Friday, **11 December 2020** for the students of **Nursery** class.

They did two interesting activities - balancing books on the head and walking with lemon in a spoon. Although the activity was mainly for kids but parents also tried for fun.



They participated with great zeal and enthusiasm. Photographs and videos were shared by the parents. The Activity ended up with everlasting experiential learning.

'CHARADES VERB ACTIVITY'

"Actions speak louder than words."

Instilling the idea that 'action words' are a class of words by themselves will make learning of 'Verbs' easier. Best of all, learning to read and write action words can be exciting for little learners of class II because they may already be familiar with many of the words. To make it more interesting and enjoyable 'Charades Verb Activity' was introduced in the virtual class which was very connecting and helped students to understand the topic quite well.

An English Activity, Charades Verb Activity was held on 8 December 2020, Tuesday for the students of class II. There was 100% participation of students. All the students made flash cards of action words (verbs). Thereafter, they participated in a quiz where one team showed their flash cards and the other team had to guess the action. The students really enjoyed and had fun. They also acted on the action word by different gestures and others guessed it. It added a lot of entertainment in the activity.

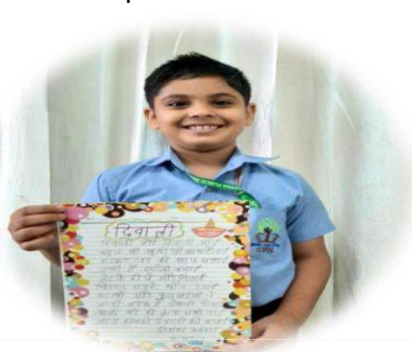


POEM COMPOSITION ON FESTIVALS

"Poetry is a clear expression of mixed feelings."

Writing a rhythmic poem or a melodious song is the best way to express oneself. A poem is something that comes from the heart. Hindi poems usually bring out the deepest thoughts and expressions. In fact, most of the famous Hindi poems are interesting because they are very emotional and heart touching but English poems are equally good. They are very connecting and help us to understand and appreciate the world around us.

An Ev.S activity on **Poem Composition on Festivals** was held on **27 October 2020** for the students of **class II**. All the students wrote their poems on the topic '**Festival**' like **Diwali, Holi, Republic day** etc. Their talent and confidence was uplifted, as they went on to pen down their innovative ideas which further enhanced their thinking and learning skills. Later, they wrote their poems on a ruled A4 sheet and also made drawings. Students also recited their self-composed poems in the **Google Class** and enjoyed listening to their classmates' poems as well.



ENGLISH RECITATION

"Poetry gives expression to the Language."

English Recitation Activity was organised for the students of Nursery and KG on **6-7 November 2020** during online classes. The topics of the recitation were **FOOD** and **HELPERS**. The children participated in the activity with great enthusiasm and exhibited the best of their talents and abilities. The excitement and spirit of a healthy competition could be seen on their faces throughout the activity. The creativity of props added extra feather in the cap. It proved as a stepping stone to develop their verbal skills and to boost the confidence. The young minds got the opportunity to speak fluently and coherently.



CRAFT MAKING

"Creativity is inventing, experimenting and growing."

To enhance the aesthetic sense in our students, an online **Craft Making Activity** was conducted on **21st October 2020**. This activity helped the students to express themselves freely on the topic **Dussehra** and they made different items related to it like mace, sword, bow and arrow, mask etc. Our young and dynamic students did cutting, pasting, colouring and bead work in making these items. This helped them in their learning process and enhanced their creative skills. Through this, students learnt to value and appreciate art and crafts. All students had a lot of fun.



SHOW AND TELL- HINDI ACTIVITY

"Creativity is inventing, experimenting, growing and learning while doing."

Speaking is an important part of children's learning and development, as it helps them to organize information and build their confidence. It also strengthens the verbal skills and foster public speaking competency in the young minds. Keeping this in mind, a '**Show and Tell Activity**' was organized for the students of **Grade-1** on **28thDecember 2020**.

The students were informed to show any fruit or vegetable of their choice and they have to speak 5-6 sentences in Hindi. They were excited to share their descriptive narration and waited eagerly for their turn to show and tell. Thus, this event helped our tiny tots to build their social, emotional and language skills.

It was an interesting and a thrilling experience for the kids to share their feelings with peer which provided fun and comfortable learning arena to our students.



Message from the Editorial Board...

SET YOUR GOALS AND MAKE THEM HAPPEN

Having goals for things we want to do and working towards them is an important part of being human. The path towards our goals may not always run smoothly or be easy, but having goals, whether big or small, is part of what makes life good. It gives us a sense of meaning and purpose, points us in the direction we want to go and gets us interested and engaged, all of which are good for our overall happiness.

Over 2000 years ago, Aristotle said "Well begun is half done." Paying attention to how we set our goals makes us more like to achieve them and achieving them makes us feel good about ourselves and our lives. With the new year progressing in, let us plan our goals and work hard to accomplish them.



Mrs. Indu Bansal



Mrs. Ranjana Nayar

"Every day may not be good but there is something good in every day."

Start your day with a positive thought, as self-motivation helps you to get started and when it becomes a habit, it keeps you going. Positive thought serves as a balanced diet for mind like healthy food serves as a balanced diet for body.

For this, be thankful to God for what you have, you will end up having more. If you concentrate on what you don't have, you will never, ever have enough. So, live your life to the fullest every day and every moment, as every day is a new day.

*Reaching your dreams takes courage
"courage doesn't mean that you don't get afraid.
Courage means you don't let fear stop you".*

Courage is admitting that you're afraid and facing the fear directly. It's being strong enough to ask for help and humble enough to accept it. Courage is standing up for what you believe in without worrying about the opinions of others. It's following your own heart, living your own life, and settling for nothing less than the best for yourself. Courage is keeping heart in the face of disappointment and looking at defeat not as an end but as a new beginning. Courage is thinking big, aiming high, and shooting far. It's taking a dream and doing accordingly, risking everything and stopping at nothing to make it a reality.



Mrs. Saroj Bala

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