

# SWARNSTAMBH

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**SWARNPRASTHA PUBLIC SCHOOL  
QUARTERLY NEWSLETTER**

## MESSAGE FROM THE PRINCIPAL

***"Fire is the test of gold; adversity, of strong men."*–**

**Martha Graham**

**Dear Students**

It has been a continuous endeavor of Swarnprastha Public School to do the best and bring out the best in every circumstance. With the same view, we have worked in the safest way when the schools are closed. Our top priority has been, and will continue to be, the safety of our students and staff.

The most precious thing at the moment is our life, and the well-being of our near and dear ones. It is indeed a testing time for all of us. In an effort to overcome the effects of the pandemic, we have switched to online teaching-learning mode and that has become the new normal. The education system in India had been waiting for an upgrade for a very long time and we left no stone unturned to stand out even with this new system.

***"The school building is closed, learning is not...it is going on."***

We definitely miss a regular scenario at the school. But, for us, nothing has stopped. We have ensured that our students keep learning and keep growing during pandemic. From learning how the Zoom classes functioned-- to switching over to Google Classrooms and preparing PPTs with voice over, wasn't an easy task for the teachers too. The teachers shared common challenges just like the students did. But they never gave up on anything. They were considerate and they not only took responsibility of the academics but also ensured to take care of the mental health of the students. Although time was always a constraint for the teachers, but they constantly made an effort to stay connected with the students and shared their contact numbers while preparing PPTs.

We feel that this journey has proved to be really fascinating as the parents stood with the teachers hand in hand when they were requested to make their wards attend online classes in school uniform, upload profile picture to their email account, complete the writing tasks, etc. Such a welcoming gesture of the parents kept motivating the teachers to do better and better, with the result that online classes became extremely interesting and have been appreciated by the parents and students tremendously. We have, to the best of our abilities, tried to keep our students updated with their academics and also in tune with a routine.

To come out of this current situation, I believe that everyone needs to have a sense of efficacy, to struggle together with resilience, to fight this inevitable obstacle. The key aspect of making education a powerful tool is to empower it, making it relevant to develop future ready skills which will help you to take the responsibility of your own learning. We all have to be prepared for the world that is volatile, that is uncertain, complex and ambiguous. We have to understand that future cannot be predicted. So, we all should have backup plans to overcome any kind of hurdle.

The need of the hour is to rise above our personal debacle, deal with our anxieties and become a pillar of strength for ourselves and others around us.

History will remember how we behaved and acted in these circumstances, how our character was shaped and perhaps how our reservoir of compassion grew or depleted. So, utilize this period of time to improvise your potentials and come out as a completely amazing and self-reliant individual.

We are still not aware as to when things will be back to normal. So, instead of leaving everything to the future, let's plan ahead, keeping one thing in mind — that learning should not stop.

**Let us all cope up with the new normal and overcome all the associated challenges with a broad smile.**

**Stay safe, Stay strong, and Keep growing!!**

**With loads of affection!**



**Mrs. Rashmi Grover  
(Principal)**

**Rashmi Grover**

## MESSAGE FROM THE SENIOR HEADMISTRESS



**Mrs. Swati Rana**  
**(Headmistress Senior Wing)**

*"The struggle you're in today is developing the strength you need for tomorrow."*

Dear Students

A time when it's normal for us not to greet one another. A time when this lovely smile is hidden behind that mask. A time when world is shut down just to protect ourselves from a deadly virus. A state of flux replaced the sense of certainty, stability and familiarity that people were used to. We never thought of such thing. This type of environment can be described using the "VUCA" acronym, which stands for "Volatile," "Uncertain," "Complex," and "Ambiguous." This is not the world we envisioned for us or for our children.

With the current global crisis, there's no doubt about that, it's a tough time for all of us. Difficult times push us down and it's easy to feel frightened, demotivated and helpless. My Dear Students, the truth is that those times actually improve us and teach tough life lessons.

We have a choice in how we respond when the going gets tough. We can shut down emotionally and let ourselves become hardened by it, or we can grow from the experience. Let's move towards 'GROWTH' and 'REMEMBER' we have a choice.

So dear students, during the break study a while, play a while and stay happy, and keep others happy at home.

Be Happy and Motivated...

God Bless!!!

## MESSAGE FROM THE EDITOR

### *JOURNEY OF A TEACHER FROM A NORMAL CLASSROOM TO AN ONLINE CLASSROOM...*

Teaching is often referred to as a job, sometimes as a career, or even a profession, but it is far more than that: We consider the choice as a way of life, or even a way of being. The teacher's journey represents a lifelong commitment to learning, not only about your content area, grade level, curricular changes, school policy, and technological innovations, but about true passion for new knowledge and skills that make you more effective as a professional— and a human being.

For students, this time of the year used to be all about the smell of freshly printed books, new classrooms, new bench mates and new teachers. But corona virus has forced the world to reinvent and reimagine the usual. Online classes have become the new normal. With class schedules for the day arriving on Whatsapp, and students taking classes through the virtual world, the whole education system is now just a click away.



**Mrs. Indu Bansal**  
**(TGT English)**

The way the pandemic bared its fang in our cities, even teachers didn't get enough time to prepare and were pushed to overhaul everything they knew about their jobs. Much contrary to what most parents and children believe, schools are not closed and we are not on a holiday any longer. The teachers are working harder than ever before.

While we often hear parents complaining about the added pressure of online schooling, in our chaotic mental dialogue, we often forget to listen to the teacher's side of things. So here we got a chance to speak.

We know and believe that owing to the lockdown, the students are holding so much inside them. We truly understand our students and therefore apart from regular teaching, we ensured to interact with our students while teaching so that they do not miss their zero period chit chats. There was always an open channel of communication and comfort with the new batches.

Though teachers are not the frontline corona warriors but we would want you to know that we are burning the midnight oil to impart knowledge in the most effective and engaging manner. Teaching in this atmosphere has proven to be extremely challenging. Most of us have had to adapt to technology that we weren't familiar with, overnight. And as a result, the working hours increased. Our phones never seem to stop buzzing. Along with being the authority on our subjects, we have had to play technology-trouble-shooters.

We ensured that we do not provide our students with the readymade content available on the internet. Therefore, all study material was prepared by the teachers themselves. From learning how the Zoom classes functioned-- to switching over to Google Classrooms and preparing PPTs wasn't an easy task for the teachers too. The teachers were able to overcome these challenges because they had three common characteristics: they were tenacious, they were student-focused, and they were willing to experiment. The teachers accepted these challenges and moved ahead bravely so that the learning of our dear students never stop, so that the students remain persistent and adaptive to grab this opportunity of learning through virtual classes.

We realize that we have no magnitude without our students and that this pandemic is here to teach us that we should focus more on the positive things. As teachers today, this difficult situation has taught us to unlearn a lot of things and learn some more.

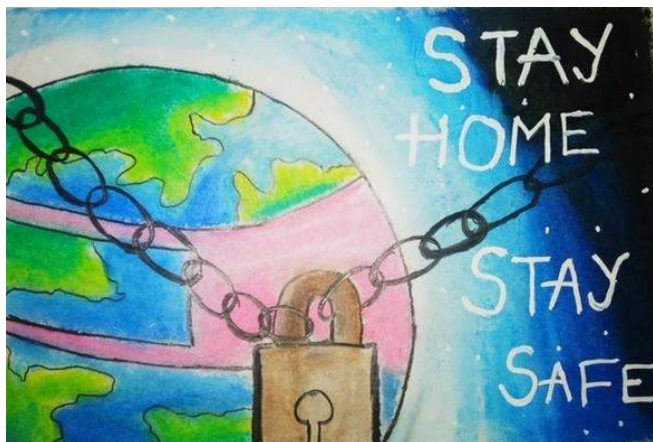
When our school reopens, we teachers will not only focus on the academics but also on building 21st century skills, such as resilience, ability to cope with limited resources, flexibility and critical thinking.

**With blissful heart**  
**Indu Bansal**



# ONLINE CREATIVE ART COMPETITION

## EARTH IS WORTH



*"Creativity can never be restricted to the four walls of a classroom."*

To enhance sensitivity amongst students about their compatibility with the nature, on the occasion of Earth Day, i.e. **22<sup>nd</sup> April 2020**, '**EARTH IS WORTH**' -an Art Competition was organized for the students of Classes **I-XII** under the following categories:

Category A- Class I-II

Category B- Class III-V

Category C- Class VI-VIII

Category D- Class IX-XII

Swarnprastha Public School received an overwhelming response from the participants as **419 participants sent their entries** where we saw creativity exploding in every piece of art. Participants thought out of the box and came up with amazing posters, paintings, comic strips, etc. The art work depicted the dangers the earth is facing today and how we can make it a better place to live.

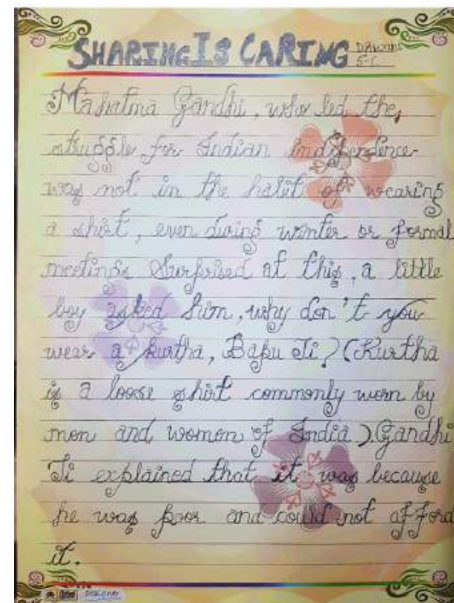
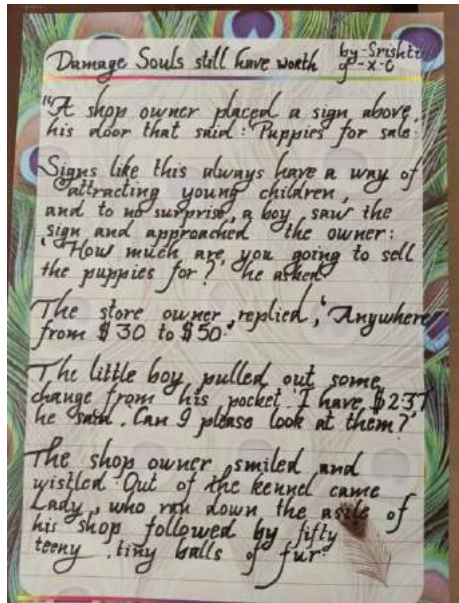
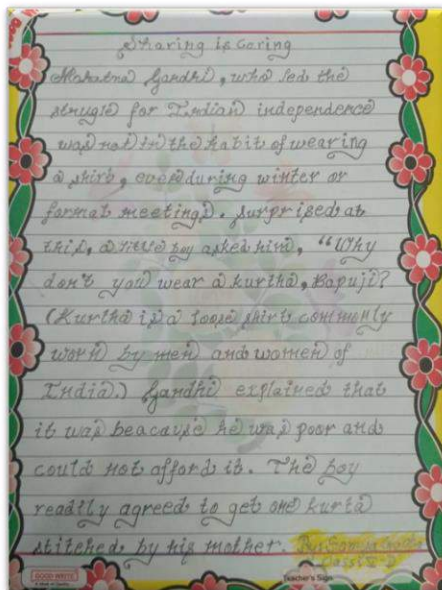
The **Principal, Ms Rashmi Grover**, along with the entire staff appreciated the enthusiasm and readiness to switch over to the online mode and showcase their talent.

**Let us have a glimpse of the creativity of our gifted students....**



# CALLIGRAPHY COMPETITION

*"Our handwriting style depicts our personality traits".*



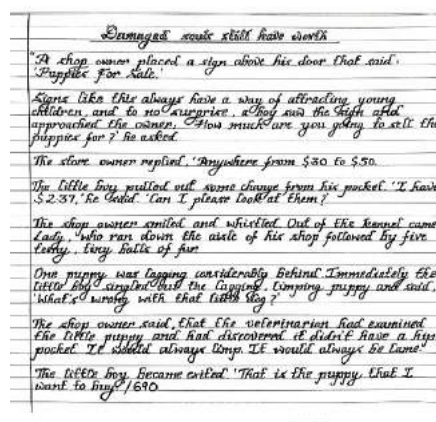
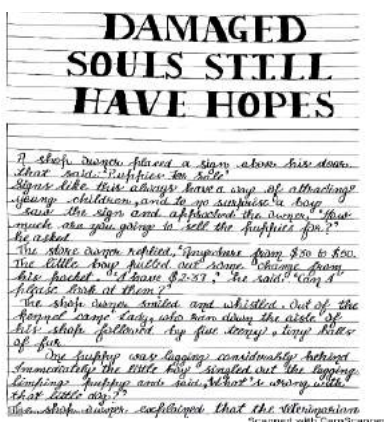
To motivate and help students inculcate habit of good handwriting and improve their presentation skills, Swarnprastha Public School organized an English Calligraphy Competition for the students of **classes III-XII** under the following categories:

**CATEGORY A:** III-V  
**CATEGORY B:** VI-VIII  
**CATEGORY C:** IX-XII

The competition was open for all. A total of **210 entries** were received by the school wherein students participated with great zeal and exuberance. Students presented amazing writing styles with beautiful curves and patterns through their entries. Each entry displayed an exclusive style in itself.

The Principal **Ms. Rashmi Grover** and other staff members appreciated the efforts of the participants for such an incredible response.

**A glimpse of calligraphy...**





## ONLINE MOTHER'S DAY CELEBRATION (PRE NUR-II)

*"A mother is one who can take the place of all others but whose place no one else can take."*

God could not be everywhere, and therefore he made mothers. Mother's day is celebrated on the second Sunday of May every year. This day is celebrated to honour mothers and motherhood. It is a special day for everyone as it represents the bond of love and affection that is everlasting.

Keeping this bond and emotion in mind, the students of Pre Nursery-II celebrated Mother's Day on 9 May 2020 virtually. Students made beautiful cards for their mothers. They hugged their mother and sang a melodious song ( Maa tu kitni achi h). It was an enjoyable and memorable day for everyone.

Students of class II composed a poem for their mothers and made them feel special by preparing sandwiches; pizza and watermelon drink for breakfast. Tiny tots also made their day by helping mothers in household chores. The mothers appreciated teachers for teaching kids the values besides academics.



## ONLINE FATHER'S DAY CELEBRATION (PRE NUR-II)

*"Daddies don't just love their children every now and then; it's a love without end."*

A father is that symbol of strength that binds the entire family together. Fathers, like mothers, are pillars in the development of a child's emotional well-being. Children look to their fathers to provide a feeling of security, both physical and emotional.

Keeping this in mind, Father's Day was celebrated on Sunday, **21 June 2020** with lots of love and enthusiasm by the students of class **Pre Nursery - II**. Students prepared a Father's Day card. They played games and did pranks with their fathers. Some of them even baked a cake on the occasion. The fathers shared the pictures of the celebration. Fathers had a great day with their kids who made it very interesting.



## BEAT THE HEAT (PRE-PRIMARY)

*"This summer let's beat the heat with chilled lemonade and mango treats."*



Summer is the season of heat and we all are experiencing roasting sun these days. Due to which, our body gets dehydrated and we feel less exhausted or less energetic. So, to keep ourselves hydrated and to boost our energy level we need some energy drinks that are healthy too. Considering this, a Lemonade making activity was conducted for the tiny tots of Pre-Primary on **22 May 2020** during online session on Google meet.

While conducting the said activity, demonstration of how to make lemonade was given and the benefits of lemonade were also shared with students.

Beat the Heat activity also included discussion related to the King of fruit 'Mango'. The toddlers also did tearing & pasting activity and did colouring in the picture of Mango. Students participated in the activity and enjoyed it to the fullest. They also shared the pictures and videos related to these activities.





# ENGLISH RECITATION

(CLASS : I & II)

*"Poetry is the rhythmical creation of beauty in words"*



The English Recitation Activity for classes I and II was organized on **21 May & 22 May 2020** respectively on an online platform-Google Meet. Children chose variety of topics for their recitation like nature, lockdown period, good habits, my mother etc. They recited poems with great zeal and enthusiasm.

Children enjoyed the beauty of expression, thoughts, rhythm and music of words.

This activity provided an opportunity to exhibit their talent and confidence. As the activity was conducted at virtual ground, so the parents could also witness the child performing in front of others. They appreciated and applauded the performance of each participant. Children had oodles of fun.



# RED COLOUR PARTY

*"RED is not just a colour. It is enthusiasm. It is happiness. It is energy."*

Red is the colour that is on the outside edge of the rainbow. Red colour party was conducted for class Pre Nursery on **19 May 2020** on online platform -Google meet. All the students dressed in different shades of red looked amazing. This party was conducted after the students had achieved firm recognition of red colour. Quiz related to this colour was conducted during the party. Students were confident when they described the red objects. Even the parents showed interest by wearing red coloured dresses. Music and dance added a charm to the party.



## ONLINE PARENT-TEACHER MEETING (A BROADER VISION)

With a total shut down of schools and education in all institutions on account of the covid-19 pandemic, and online classes being conducted on a regular basis to cover up academic syllabi, the authorities and educators being deeply concerned about the effect this could possibly have on children and parents confined to their homes, organized an Online Parent –Teacher Meeting for the students of classes **Pre-Nursery –XII** in the last week of May and continued till 6 June 2020. All the parents were addressed by the class teacher as well as subject teachers.

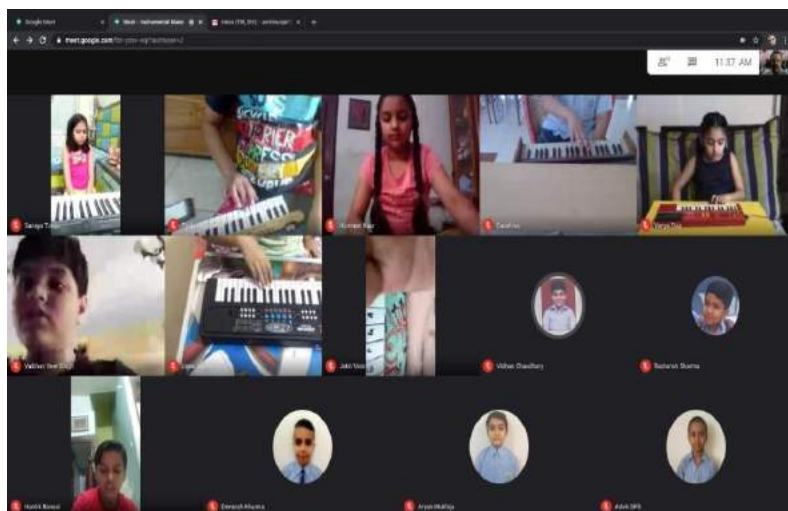
The parents met the teachers online and discussed about the learning of their wards. They appreciated the efforts done by school towards their children and also mentioned that the online classes played a wonderful role in keeping their wards engrossed and updated. Not alone academics, online activity classes were a source of rejuvenation for their wards.

The positive response of the parents boosted the morale of the school and the teachers. With 100% attendance, the online PTM proved to be a huge success.

## ONLINE CO-CURRICULAR ACTIVITIES

As students have been confined to the four walls of their homes, their favourite and entertaining activities took a back seat. Moving to the dance room or music room while making a noisy corridor was a fun to the students which they must be missing. To awaken this thrill, online Music, Dance and, Arts and Crafts classes were conducted for the students on weekends. They were designed to provide our students with an opportunity to have enriching experiences beyond the normal classes. The primary goal was to have fun while learning important life skills and developing mastery of certain skills.

An amazing response of students was observed during these classes as the attendance used to be very high or almost full. The excitement of learning online could be seen on the faces of these students.



## CULINARY ART

During the lockdown, students were always motivated to involve themselves in creative activities, experiment new things like learning a new recipe, etc. A wonderful initiative was taken by the school where videos of recipes were shared with them by the mess manager Mr Ajit Manna. Students loved the videos and shared their responses with their teachers delightedly.



## SUMMER HOBBY CLASSES

Online classes being a new concept for the students came up with new challenges. Most of them welcomed this change wholeheartedly. After the hectic schedule of online classes was over, the school planned for the summer hobby classes, for the students of classes III to VIII. The hobby classes are extensions to what children learn throughout the year. The parents, teachers and students had a very satisfying experience through these hobby classes.

The students also enjoyed themselves by learning new skills in Hobby Classes covering various areas like:



- Every Day Life Challenges (Practical Life Skills)
- Art and Craft
- Satisfy Your Cravings without fire
- Easy Talk! (English Conversation)
- Shake Your Body (Dance)
- Mile Sur Mera Tumhara (Music)

**We are elated to see the below pasted feedback wherein, the herculean efforts of the school are being highly appreciated and commended by the parents.**

## FEEDBACK RECEIVED FROM PARENTS

### (CLASSES : PN-V)

Ma'am it's a great experience of online classes because it's a new way of learning. All the teachers have proved that nothing is impossible. You all have put 5much effort in making PPTs, assignments and e-content. It is highly appreciable that competitions are also being conducted. I accept that children are facing little difficulty, but it is the best in the present situation and better than holidays. They are not blank now and are much familiar with the topics. There will be little need of revision once the school reopens. Thank you, ma'am, to you and all the teachers. You all are shaping our kids who are locked at home due to pandemic. Thank you so much.

**Sangeeta Bansal M/O Hardik Bansal (V-C)**

"I reached India yesterday only. In these last few months, my son used to put me on video call on his father's mobile for the complete duration the class was on. So, I also attended all his classes virtually along with him. Swarnprastha teachers are really doing very well. No other school is able to handle online classes so well. Hats off to you. My son, Aadvik really admires you a lot and misses you as a Class Teacher and he said that my friend Pranjay is lucky to have you as a Class Teacher. He wishes that u will teach him again in any of the classes."

**Dr. Anupama Panghal M/O Aadvik Panghal (IV-B)**

"This message is to thank you all for making our learning a new experience. Teachers are the most respected people of the Society and the reason is that you all made learning possible even in tough time like today. You have shown again that learning is for all and from anyone and anywhere." In this hour or need, you are showing us the path for a better and brighter tomorrow.

Thank you all!

**Ms. Surekha Bangar M/O Saanvi Bangar (V-**

Hello ma'am,

I truly appreciate your vision the hard work and efforts of all the teachers in conducting online classes.

Teachers are thorough with content while taking up classes. E content is self-explanatory and written up in easiest language for kids to understand without parents' involvement.

The way teachers are handling children virtually is commendable, way above my expectations I will mention.

All teachers are open to students' queries (and stories many a times 😊) and explain them answers in easiest possible way. The way they are handling mischievous students is also remarkable 😊😊. Thank you.

Considering the fact, that this is the first experience of virtual teaching for teachers, they are outshining all expectations with their diligence.

Being a parent, I cannot thank enough to all the teachers who are working way harder to teach my daughter in this changing and challenging environment.

Last but not the least, my heartiest gratitude to you and the teachers and you all are AWESOME. Thanks

**Ms. Diksha M/O Hridya Garg III-B**

Feeling thankful to the Swarnprastha management and teachers for starting online classes during this pandemic. My child has got admission this year but the attention given to him by teachers is amazing. In this pandemic, Swarnprastha team is working really very hard. I would like to thank all the subject teachers for their special efforts during these online teaching which makes teaching so enjoyable and well learned. I am very happy and satisfied being the part of Swarnprastha family."

**Ms.Lavaljit kaur M/O Aarav III-D**

Hello-ma'am

Its our immense pleasure that we are a part of Swarnprastha family. My daughter utterly enjoyed this period with all sorts of learning. The best part was her excitement of being promoted to class III did not spoil due to the effects of this pandemic. With help and thorough guidance of her teachers she is capable to understand and learn the concepts she was taught. I truly appreciate the efforts and whole hearted dedication of the staff.

Regards

**Ms. Shruti Benjamin M/O Dhanasvi Benjamin (III-D)**

"I appreciate you and SPS team for wonderful support and efforts regarding the distribution of books as well as efficient online teaching learning process of my ward. I have also received the book set of my ward."

Thanks, Ma'am, for making efforts to enrich my ward in such a great way.

**Mr. Deepak Yadav F/O Akshan V-A**



**Ms. Sweta Yadav M/O Avayan Bahadur**

**(Pre- Nursery)**

## ACTIVITY : EASY TALK (CLASSES III-V)

The activity 'Easy Talk' was remarkably interesting and productive for the children as it involved the teachers, students as well as parents. Children enjoyed enacting role plays and their mothers and families too participated in the activities by playing the **\*role of vegetable-seller, attending the phone call, rapid fire question framing game, handling different situations\*** and so on. Apart from giving **self-introduction**, understanding the importance of English in our day to day life, children also learnt to **describe their city** in an informative way. During the classes, children showed improvement in their **expressions, gestures, and pronunciation skills**. The session ended fruitfully by fulfilling the expectations of children as well as parents.



## FEEDBACK RECEIVED FROM PARENTS

We the parents of Gunveer of class III A are really satisfied with the hobby class of 'Easy Talk'. Gunveer is enjoying a lot in hobby classes – He has learnt many things like how to communicate with others in English. At the end, we would like to thank Principal ma'am for organizing hobby classes and also would like to thank Ranjana ma'am, Sumit ma'am and Gangotri ma'am.

**Mr. Harnarender Singh and Ms. Satinder Kaur P/O Gunveer III-A**

The 'Easy Talk' class was a great experience. It was a good opportunity for the students to learn something new and innovative. The classes were well planned and with great involvement by all the wonderful teachers. Individual attention and participation was given to each student. A great effort by the school and the teachers. Thank you for bringing up such things for our children 😊

**Ms Sugandh Jain M/O Mishika Jain Class III- A**

'Easy Talk' class conducted by Sumeet ma'am, Ranjana ma'am and Gangotri ma'am was very unique and interesting both for students and parents. It increased my bonding with my daughter as we discussed a lot regarding fun activities provided by the teachers. My daughter enjoyed each and every activity given by her lovely teachers as she used to say .....I want to hug my teachers for this . Teachers have put in so much of efforts. 🙌🙌😊 Wish such activities should continue in future with lovely dedicated teachers .... 🙏 Thank u to each teacher for everything they are doing for our kids 🙏😊

**Dr. Shikha Bhardwaj M/O Meher Bhardwaj IV- D**

It was a wonderful experience for my daughter Kristi as she is learning with fun and experienced a new way of talking. This will definitely help her to boost her confidence.

Thank you Sumeet ma'am, Ranjana ma'am and Gangotri ma'am. 😊

**Kashish Dewan & Akanksha Dewan  
P/O Kristi Dewan III- A**

Dear Teachers

I really appreciate the efforts made by the entire team for 'Easy Talk' -hobby class. This was indeed a great platform for children to learn from you all.

Kudos 🙌🙌🙌🙌  
Warm Regards

**Ms Sunaina M/O Kabeer Class III-B**

It was outstanding not only for Yuvraj but I also learnt many things. u all r very hardworking. Your efforts mean a lot for me. Thank u so much once again and salute to your hard work. Salute to all SPS team 🙌🙌🙌

**Ms Hema Budhija and Mr Kashish Budhija  
P/O Yuvraj Budhija IV-D**

Mam, children enjoyed these "Easy Talk " classes so much!  
It also helped them to enhance their vocabulary n they have also learnt many new things through it.

Appreciations to ur hard work 😊  
Thank You.

**Dr. Poonam Hasija M/O NishkarshHasija III-A**

The hobby class became an interesting Communication Skills session for me. The 'Easy Talk' has given me confidence to speak in front of people and in different situations. The different role plays and situations they gave us have taught us how to communicate better in English. I thank my teachers for this wonderful class.

**By: Varnika Sharma V- B**

## ACTIVITY: SATISFY YOUR HUNGER WITHOUT FIRE

The recipes provided to children like *Mexican salad, nacho with corn dip, bread vada, canapies* etc generated more curiosity amongst young learners. However students were also motivated to adhere to healthy and best of dishes to keep themselves healthy while taking care of table manners, table layout and usage of fork-knife. The scrumptious beverages shared with students like Chocó-cookie shake, Watermelon Punch and Mango soda proved to be an icing on the cake.

All the recipes were appreciated by parents and students through various modes.

The whole session ended fruitfully by fulfilling the expectations of children as well as parents.

## FEEDBACK RECEIVED FROM PARENTS

Thanks ma'am for all the delicious recipes you taught to these kids as they are trying something new by their own and putting all their efforts to make the recipes great. It also makes them responsible and independent while doing work. Thanks for all the efforts you all teachers are putting to make this lockdown school session successful.

**Ms. Vineeta Gupta M/O Ananva Gupta Class VC**

Hi ma'am, It was a wonderful session for kids. They learnt many dishes and are happy to make them independently. They enjoyed well. A good initiative by school and inimitable effort by teachers.

**Ms. Prabhjot Kaur M/O Tvisha Mankoo Class IIIA**

It was a wonderful experience for my daughter Ravleen to attend cookery class as she has learnt a lot many recipes. This class was very interesting and teachers have put in a lot of effort in training kids. She was very enthusiastic to try the dishes taught by you soon after the class. Thank you so much for developing interest in cooking. God bless.

**Ms. Sumeet Kaur M/O  
RavleenKaurClass VC**

## ACTIVITY: EXERCISE OF PRACTICAL LIFE

*'The best way to cheer yourself up is to try to cheer somebody else up'*

Hobby class of exercise of practical life enhanced the independent and helping nature of the children

(classes III- V). Students learnt how to **take care of themselves and the environment with grace and courtesy**. The activity

**\*' Green Fashion Show'\*** was a blast as all the students participated with great pomp and show.

### FEEDBACK RECEIVED FROM PARENTS

Hi ma'am! I liked the classes very much. In the class, I got to learn many things which will help me in future like how to arrange the clothes and many more . This class made me more disciplined.

**Ms.Prabhjot Kaur M/O**

**Good and interactive sessions conducted by the teachers!**

**Ms. Rakhi M/O**

**Raunak Class IV - A**



## FEEDBACK OF ART HOBBY CLASS

"It was an amazing and interesting experience getting taught by you. It was my first time with acrylic paint. I wish there could be more classes. Also, I can't wait to learn from you in school soon. Thank you so much ma'am. I am going to miss you so much dear mam. Please find the glimpse of my first paintings.

Dr Varuna M/O Shivanjali Class IIIC



## FEEDBACK OF HOBBY CLASS (SENIOR-WING)

Hello Madam,

Regarding hobby classes, kindly note my Son Aryan Antil really enjoyed the Hobby Classes as he learnt different ideas for making Projects in most simplest way. Hobby Classes are very much innovative. Appreciate the efforts taken by Swarnprastha Public School. Kind Regards,

**Parents of Aryan Antil, VIII-A**

Ma'am I created this model of hydraulic lift. I enjoyed the activity. My parents were too happy to see a working model made by me, thank you for such innovative ideas.

**Yashika VII D**

Hello Mam,

This is in regards with the feedback about Hobby classes for my kid Vanshika. The hobby classes were very good and she has taken part with full enthusiasm and spirit. She is also planning to make a project called Ropeway, let's hope if the material is also available in the market due to covid 19. However about hobby classes it was a great experience for her. I must say Teachers and Principal Ma'am were taking good initiative and putting lots of efforts in educating the children even during lockdown by taking online classes. Good Job done , keep it up!

Regards

**KuldeepKataria**

**Parent of Vanshika Kataria  
class VIII A**

Sir these 5 days of hobby classes by you really made my dream possible of Tavish learning our national anthem properly. The video cup song was wonderful.

It gives a platform to children to learn while experimenting with house hold things to create music. After all we learnt music from nature only....Birds chirp, water flow.

**Parent of Tavish**

Dear Swarnprastha Team

We , parents of Riddhima Sharma , Class VIII B , would like to thank you for the hobby classes that helped our children to learn something new apart from studies . We were already overwhelmed for the priceless efforts done by the Swarnprastha team by taking the online classes but these hobby classes added a cherry on the top. Teachers ( including Manna Sir's recipe videos ) are an epitome of promoting inclusivity in education .

We are grateful to have such helping teachers that leave no stone unturned in helping the students.

We are sincerely thankful to the school management too for giving a supportive, innovative platform for the teaching facility to excel in this field. This will be unforgettable learning journey . Stay safe !

**Mr Virender Sharma ( Father ) and Mrs Sapna Sharma ( Mother )**

**Parents of Riddhima Sharma VIII B**

Sir these classes are too beneficial becoz children are taking interest in instruments and are trying to learn the music. Thanks for these classes and they are playing with their instruments.

**Khushbu Bansal VI**

Hello ma'am , I am sharing a video of My foot Operated Hand Sanitizer. Thanks for sharing this innovative idea. I really enjoyed this activity. My father too helped me out.

*Jujhaar VII B*

# FEEDBACK OF STUDENTS AND PARENTS

## (CLASSES VI-XII)

Dear Ma'am

The work done by Swarnprastha Public School during the unexpected Covid-19 lockdown is awesome! I witnessed a well-planned, well-executed and smooth conduction of online classes. The teachers have adopted the teaching process through technology and have taught the kids too. The time table is followed diligently without any hitch or glitch. The school has ensured the safety of children by creating individual emails for all its students. A big thanks to the teachers for making the classes so interactive and interesting. The mock class tests and the regular notebook work has kept the kids busy and involved. Not just academics, the school has been conducting the extra-curricular activities online too. I feel it's a very good step taken by SPS under your esteemed leadership and guidance. I must congratulate to you and the management for setting a new benchmark. I am totally satisfied and extremely delighted that my child is a part of Swarnprastha. I am sure many new accomplishments are waiting ahead!

***Dr Neetu Kumar Taneja- Mother of Pranav Taneja (VI-D)***

Good afternoon ma'am

When schools were shut and other learning sources were unavailable due to COVID-19 then online classes taken by teachers of Swarnprastha Public School were really appreciable. We were worried about the syllabus of our wards but classes taken through Google classroom managed the syllabus and interaction between teachers and students was excellent. Proper activities and home work was being provided by the teachers. Even music and physical education classes were being taken with great efforts. Holiday home work and instructions related to it was much clear. PPT's were sent timely and properly. Students were in discipline during the meetings. It was the vision of school authorities and teachers that made teaching-learning process alive during lockdown.

With regards

***Parent-Jinal (VIII A)***

Swarnprastha team works under dynamic leadership of Mrs. Rashmi Grover. She is great visionary and educationist. Over the years this school has evolved into the one of premier institute of Sonapat. Swarnprastha is synonymous with quality education and is pledged to foster the spirit of holistic development of its students. The school is centre of excellence that chisel and mould the children in way so that they may rise high and expect the unexplored vistas of today's challenging life.

***PARENT OF SAMIKSHA- VIII-B AND SAKSHAM***

Hello Mam I am father of Mehul Arora 7C and Ridhiman Arora 9-B and wanted to thank you for taking such a good initiative and implementing all study methods to keep children learning going.

***Parent of Mehul Arora (VII-C) & Ridhiman Arora***



We take this opportunity to pay our sincere gratitude for the team of Swarnprastha Public School Sonapat. The visionary management, dedicated Principal and hardworking staff is leaving no stone unturned to turn this institute into a citadel of learning.

Our doting son Gurmeet spent 13 years in this school and my daughter Bhavika spent 2 years in this school and as parents we are more than satisfied as they learnt basic of academics along with sports skill. Through various co-curricular activities he learnt various life skills which will be for sure change him into a responsible citizen of 21st century. The way you have been running the school is impressively good and we must say it is because of your efforts and enthusiasm that Swarnprastha is progressing by leaps and bounds. We are sure most of the parents feel the same way. We pay our sincere regards and wish all the very best to the institute of repute.

We do hope that team Swarnprastha will continue to perform this service for the betterment of nation.

Yours sincerely.

***Ritu and Naresh Antil -Parent of Gurmeet Antil***

It's said that "An investment in knowledge pays the best interest." We have been a part of the Swarnprastha family since last fourteen years and so far it is the greatest investment of our life. Our ward has not only achieved academic education here but he was instilled with moral values that are going to help him throughout his life. Whether it is academics or co-curricular activities, the S.P.S family has helped him to excel in all the spheres of life. The school's staff especially the Hon'ble Principal- Mrs. Rashmi Grover has managed the school with such perfection that each and every student comes out with flying colours. Indeed, the efforts from the side of school have guaranteed a bright future for our ward. Thank a lot to the S.P.S family.

***Parent of Siddharth Sanduja- X-A***

In this tough times, the online learning program is a great initiative by the Team SPS. I would like to appreciate all the teachers for putting in great efforts in conducting online classes. In this difficult time, instead of brooding over negativity, the students are engaged and have a positive purpose at hand. Thank you, again and best of luck!

***Ms. Deepali Chugh- Mother of Divyam Chugh (VIII-B)***

Hello Ma'am

I am Nikunj Sachdeva's mom. Firstly I thank you all for teaching my son with your conscientious efforts by e-learning. I was so much worried about Nikunj's studies before but now he is able to do everything well on his own through e-content and Google classes held by school. I appreciate your efforts and hard work. Thanks again for everything Ma'am.

***Parent – Nikunj Sachdeva- VIII C***

Good Evening Ma'am.

The experience of online classes was wonderful. The e-content shared by the teachers is a very good way for utilizing time at home. The online classes provide us a perfect background for studying with our classmates. The hobby classes started by the school are a very good experience and we learned many new things in these classes. Therefore I enjoyed studying in the online classes and it is a very good platform for interactive learning.

Thank you. Have a nice day!!

***Prachi Kanyal VIII C***

Hello everyone,

I am Prabhnnoor Kaur of class 12 science of Swarnprastha Public School. We are facing an unprecedented pandemic that the world has seen in hundred years. A set of time table with lessons conducted through the combinations of PPTs and Google classrooms making online learning system effective. I feel very happy to tell you that I am quite satisfied with the online classes. I am taking classes for the subjects Physics, Chemistry, Mathematics, English and Computer Science as an optional subject. The audio and video quality is very good. There are many more features that make work much easier. It helps making a daily schedule maintaining an active lifestyle and creative learning. It did a lot of help to me during the corona outbreak as the schools are shut. While studying online it is like a class discussion going on in school. Now we are in lockdown online classes helps me attain education. I am obliged to Madam Principal and especially thanks to my teachers who are taking pains of teaching us through online classes in such a crucial time and working so hard making beautiful PPTs. Online classes are very helpful as learning now has become much more creative and interactive task for us.

Thank you all.

***Prabhnnoor Kaur, XII A***

Everyday you greet your students  
through a screen

With a smile upon your face  
Even though creating digital content  
The night before was a grueling race

Money's not your motivation,  
It's the love for what you do  
You heed the special calling,  
To which you always stay true

You go to great lengths,  
To ensure your pupils are taught well  
We might not be present in the  
classroom  
But the classes are still held on Zoom

We thank you, worthy teachers  
For your hard work and effort  
You kept the student in us alive  
At the cost of your own comfort

We also thank you, dear Prime  
Minister

For your commitment to keeping us  
safe from the Corona  
Your willpower and tough decisions  
Make you a champion in the global  
arena.

***POEM BY AYUSHI BHARDWAJ  
XII C***

Now a days a virus called covid-19,  
is affecting many whether elders or  
teen.

Everything is locked,

So that the problem can be solved.

We miss our school

Life without it is not cool.

I am grateful to my teachers,

You keep your comfort aside

And are always by our side.

You do hardwork day and night

To make the students bright.

Through online classroom

You are helping us to groom

We also thank our prime minister

Who helped a lot

By giving us a positive thought.

One thing that corona has taught,

Is to live happily

With your family!

**JYOTI TUSHIR XII C**

Schools are an essential part of one's lifetime. And choosing the right school for your ward is a hard but important task. A school must create a balance between academics and co-curricular activities, passionate and qualified teachers, helpful staff and up to the mark campus.

I personally find all these qualities in the school. The teachers are friendly, helpful and qualified; the staff is ever ready to help and most importantly, plethora of co-curricular and sport activities as stress busters. 22 Acres of lush green campus teach the students to save the environment. Teachers use up-to-date teaching methods and are devoted to make the students better learners. Life skills and etiquettes are imparted to students from early ages. Different options for streams in classes 11 and 12 allow students to pursue their passion, whatever that might be. All in all, the school is perfect for students of all ages and all interests.

**DR. MANJU KHURANA- PARENT OF ANKIT KHURANA- IX-A**

Like thoughts are very powerful. They affect our general attitude as such School is the platform for every child to nurturing & development of the personality... It was an "aah ha" moment and I was so glad when I chose Swarnprastha Public School in Sonapat for my kiddos. I have 3 kids.

My wards are studying in this school since Sapling and now my eldest daughter is in 11th, my younger daughter is in 9th and my son is in 4th standard. As parents we are satisfied and happy with how our wards have progressed ...The school has growing over the years and I am really proud of the way of facilities are being arranged and expanding...I sincerely admire teachers & staff for the dedication and integrity for school...

**PARENT OF KEERTHI- X-A RIYANNA-VIII-B AND VISHANK BHARTI**

## PARTICIPATION IN INTERNATIONAL WEBINAR ON STORY TELLING

When the whole country is battling with one of the most perilous pandemics Covid- 19 , a group of counsellors and psychologists empanelled with CBSE & NCERT united organized **INTERNATIONAL WEBINAR on “Encoding Life with Happiness through Storytelling during Covid 19 Pandemic”** on 19 June 2020 in association with key facilitator **Mr Mahendra Jakhar**, author and Bollywood script writer, TEDx Speaker and Ex-Journalist who addressed more than 5000 students, teachers and Principals across the boundaries with **‘Mastering the art of Storytelling ‘Daastan Goi’**.

**10** Students of Swarnprastha Public School participated in this webinar. Their names are Chehak Gupta & Dyuti Tyagi of class VIII, Eklavya Jain , Vanshika Gupta & Rakshit of class IX, Simran Malik, Dhruv Sehrawat & Bhawardeep of class X, Jyoti Tushir and Mann Dahiya of class XII. Ms Indu Bansal, TGT English also became a part of this session. The students had a real life interaction with the eminent speaker. It gave them the joy of learning this art and self expression. During the interaction, students of SPS were appreciated by the speaker for putting up excellent query. The students are thankful to the **Principal Ms Rashmi Grover** for allowing them to be a part of such a webinar.



## ONLINE ANNULAR SOLAR ECLIPSE 2020

A Science online quiz was conducted by Vigyan prasar from 5 June to 19 June 2020. The Annular Solar Eclipse 2020 was live on Mygov platform under the following link.

<https://quiz.mygov.in/quiz/annular-solar-eclipse-2020/>

The goal of the drive is to encourage people to watch the eclipse in safe manner and to foster an interest in astronomy. Students of Swarnprastha Public School also participated in this online quiz enthusiastically and got e-certificates.



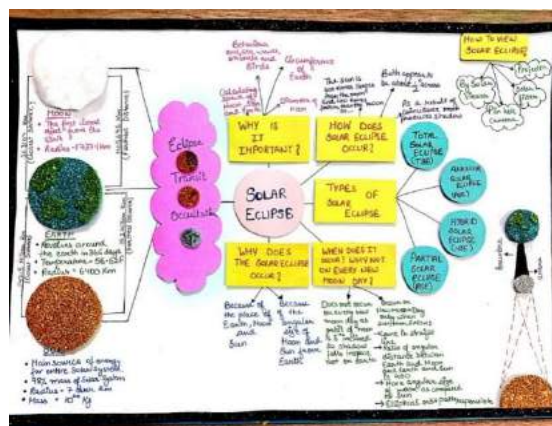
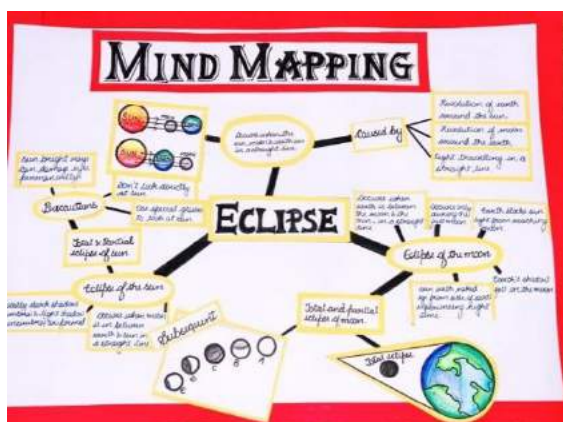


## LOCKDOWN ACTIVITY

### MASTI SE MASTISHK TAK

A very innovative mind map activity **Masti se Mastishk Tak** in the time of lockdown was conducted by Vidyarthi Vigyan Manthan. Mind mapping is a teaching learning technique which involves a central idea/topic linked with other related ideas/ concepts/subjects/topics through lines. This involves visualization of given lecture, story or subject matter.

This activity is mainly assigned for the students of VI-XI. This activity was organised in two categories: Junior group and Senior group. The theme for juniors (classes VI-VIII) was 'Universe' and for senior (classes IX-XI) was 'Eclipse'. Participants had to design mind map on A3 sheet and upload it in PDF/JPEG format. Each participant was guided by the teachers of Science department to make constructive Mind map on the given topics. The participation of students was remarkable in this competition.



# SWARNPRASTHIANS PERFORM YOGA AT HOME

The students and teachers of Swarnprastha Public School, Sonipat, Haryana joined their family members from 7.00am – 7.45am to watch the Yoga Session on television on the occasion of 6<sup>th</sup> INTERNATIONAL YOGA DAY on **21 June 2020**. They performed yoga asanas along with their family members in front of their television sets. It was a wonderful feeling practicing yoga along with the family members at home.

The students were given a prior information about 'Yoga at Home and Yoga with Family' session being organized by the Ministry of Ayush through WhatsApp messages. They were made aware of the benefits of yoga to counter the effects of viral infection. Following the advice of our **Honourable PM Shri Narendra Modi**, teachers of the school urged all the students to follow this year's theme of '**Yoga at Home and Yoga with Family**.' The students were apprised of the fact that Yoga gives the opportunity to know our immune system better and that Yoga has the potential to cater to mental, physical and psychological challenges.

Swarnprastha Public School has always emphasised on Yoga and exercise. Even during the lockdown the Physical Education teachers made videos on yoga and broadcasted to all the students from Primary to the senior secondary students to keep them physically fit and mentally alert.

The students expressed their gratitude towards Honourable Prime Minister for taking this initiative to spread the significance of yoga all over the world. The school also appreciates the effort made by the Ministry of Ayush for organizing a live session with yoga trainers on television. The students of the school pledged to adopt Yoga as part of their lives.



## SPECIAL WEBINARS

*"True education is a kind of never-ending story"*

Across the globe, as the COVID-19 virus obliterates formal face-to-face learning, teachers have been told to "teach online" so that they can continue to provide ongoing education to students. This new method of teaching is even a challenge for the teachers. Thus, in the continuous endeavor to impart quality training to the teaching staff, Swarnprastha Public School provided ample opportunities to the teachers to attend various educative webinars by well-known teacher educators in the country. These educative sessions were christened as follows:

- 1 'Pedagogy of Mathematics' organized by CBSE
- 2 'Digital Pedagogy' by Shri Arun S Bhatnagar (IRS)
- 3 'Maths & Beyond' organized by Ratna Sagar.

These online webinars took place **on 18<sup>th</sup> June, 24<sup>th</sup> June and 27<sup>th</sup> June 2020** and various unique and novel online teaching techniques were shared with the attendees. All the participants relished these 1.5 hours sessions which were extremely educative in all aspects.

Our special thanks to the School Principal **Ms. Rashmi Grover**. She is empathetic enough to understand the problems being faced by the teachers and thus provided this wonderful opportunity of enhancing our online teaching skills.

**Below pasted are the feedbacks received from the attendee teachers: -**

- Very interactive session as well.
- The way basic terminology concept which was shared was very beneficial.
- Touched the minute errors which children commonly do on their routine practice.
- Overall a productive, interactive, fruitful and knowledge enhancing session

## From the students' desk.....

### AN INSIGHT PEEK DURING LOCKDOWN...

2020 has brought a stir on the globe. The most developed and advanced countries have fallen apart while dealing with the covid 19 pandemic. It has been always said that death is a great leveler and it spares none; that is in modern context, it can be said that it took us a virus to bring home the truth of living. Human beings are known to be the greatest innovator, creator and have surpassed all barriers. But suddenly we find ourselves to be pale and don't have any idea to deal with this micro creature; every technology we created seems to be on a slippery ground. This has turned over the scenery of world like as only Earth is chugging and we have chained ourselves inside the safety of our homes. In this bleak reality, our homes are our saviours, our needs are basic and our desires elemental.

So as to fight this scenario, it is critically important for us to be stronger than before because we are used to activity and mobility so our energies are concentrated within small zones. Of course, it's a splendid time to rejuvenate, reconnect, revitalize but after a certain amount of time, too much proximity could lead to alienation, tension and frustration as we find ourselves encroaching on each other's spaces and there is no outlet, no escape, and no freedom. It is not a rosy picture, when we shift our eyes from celebrity lives; but still we have to fight it. 2020 will go into annals of human history as one singular spectacular time when humanity stopped ticking, when all our progress reflected our fragility, when our pride was crushed by a novel organism and the entire globe sighed in one united groan.

The battle is still on and we have to fight it together, but from the safety of our homes. We have to accept this fact and start living with this. It is truly said that **"EVERY DARK CLOUD HAS A SILVER LINING"**. Although we will need ourselves to bear and beat this phase with equanimity, stoicism and lot of good cheer and hope yet it will pass soon with lots of morals.

By Simran Malik-X A



## **From the students' desk.....**

### **SKILLS I LEARNT DURING THE LOCK-DOWN**

COVID-19 and subsequent lockdown created a situation of ambiguity and uncertainty for the entire nation and it took me a while to accept that the freedom of physical movement has been restricted. First few days, it created a lot of anxiety and stress but then I regained control of myself and started looking at the positives of the new situation. I reflected and realised that I can use this time a lot more meaningfully by learning new skills that I do not possess.

During the lock-down I learnt many different house-hold works such as doing dishes, mopping, brooming, chopping the vegetables, cooking, baking etc. Doing such work regularly made me understand the amount of hard work that the domestic helpers do every day for us. I learnt to value such works and in turn my empathy levels improved.

I realised the importance of knowing the basics of house-hold to become self-reliant, else we are always dependent on the domestic helpers. My time-management skills have also improved. Before the online classes at 9 am, I complete my exercises, do dishes, have breakfast and get ready for my online classes.

I interact with my family a lot more. We also found out different ways of interacting with our family members who lived far away from us and whom we couldn't meet because of the situation. My cousins and I meet virtually very frequently with the help of online platforms. During the lockdown I also learnt how to use different software.

The lock-down situation gave us more time to read books and review them. We (siblings) created a YouTube channel called "SLR Bookworm", where we upload the reviews of the different kinds of books we read. Creating a YouTube channel excited us to read more books and write more reviews, to upload the videos. This helped us to build self-confidence and increased familiarity with the technology.

Lockdown has provided me an opportunity to reflect deep, improve certain skills, connect better with my family and friends and most importantly to develop a positive outlook towards life.

**By Rudrakshi Dagar 8C**

## Message from the Editorial Board...

**“Patience is the quality that sails us in the worst of storms.”**

When the entire world is caged in the clutches of the pandemic, patience and a cordial approach will carry us through these fretful COVID-19 times. Faith in a higher power is handy. We live in a time when science brings hope. The most valuable asset for us today is patience. We are all anxious to get back to our lives. While we wait for the good days to be back, let's cultivate the virtue of patience. We've lived for too long in a world of instant downloads and fast food. Patience is the ability to defer gratification and endure hardship. This is a life skill. It is closely connected to courage, perseverance, and even to love.

Compassion, simplicity, and patience are the three virtues that are essential in a time of crisis. And even in ordinary times, it is wise to be merciful, mellow, and moderate. Patience allows us to endure hardship without losing hope. Without patience, we act rashly and without foresight. In a crisis, quick decisions are important. But quick action must not lose sight of the long run. Panicked reactions make things worse. Fortitude, persistence, and hope make things better. So, let us face the current situation strongly and deal the difficult time with patience.



### **PATRONS**

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