



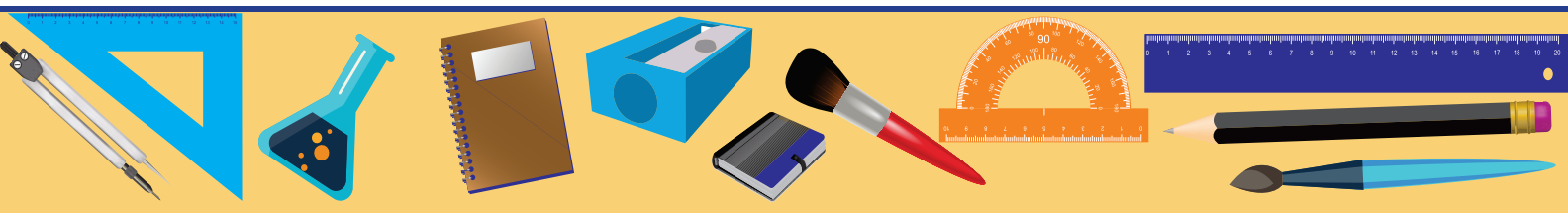
SWARNSTAMBH

Vol-10

JUL-SEPT 2018



**SWARNPRASTHA PUBLIC SCHOOL
QUARTERLY NEWSLETTER**





MESSAGE FROM THE PRINCIPAL

“*Treat people the way you want to be treated. Talk to people the way you want to be talked to. Respect is earned, not given.*”



Mrs. Rashmi Grover
(Principal)

Our thoughts and action make us who we are, give us identity and light a fire within us. The idea is to uphold traditional Indian values while adopting contemporary infrastructure and pedagogies. Children having different backgrounds, traditions and cultures enter the portals of a learning community. At Swarnprastha Public School, unrelenting effort goes in mentoring and metamorphosing the pure and uncut diamonds into fine Swarnprastha Public School gems.

The faculty and administration at Swarnprastha Public School is passionate about education and subscribe to the belief that students are individuals deserving of respect and opportunities to learn. Respect is at the core of every human interaction. Our culture is built upon respect. Respect for self, others and the environment. Our students embody the meaning of respect, a respect for Indian culture. We believe that the purpose of education is to replace an empty mind with the enormous amount of knowledge and ideas. We are a dedicated team that is of the conviction that giving roots of values is significant so that our children remain firmly rooted to the ground. We give our children wings of ambitions so that they soar like falcons to scale the skies.

The importance of ‘Realization of self’ and ‘Independent thinking’ to enable our students to distinguish between Good and Evil and to make them a worthy citizen of our great nation is our prime objective and aspiration. The journey that is laced beautifully with

triumphs would not have been possible without you. I thank you, parents, in all humility for your generosity in time, talents and resources. Thank you for constantly supporting us in every step we take and reposing your confidence in us.

Unfathomable love
Mrs. Rashmi Grover
(Principal)

MESSAGE FROM THE VICE PRINCIPAL

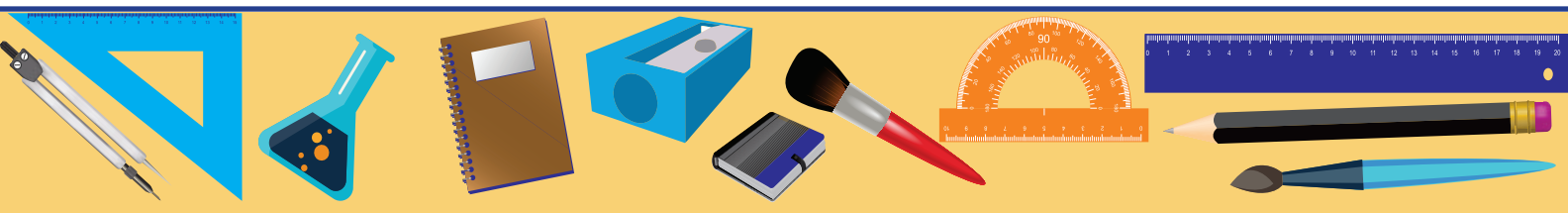
“*Educating the mind without educating the heart is no education at all.*”

Swarnprastha believes in creating students with a character with an objective of providing platforms to students in leadership, extra and co-curricular activities along with academics. Teacher’s Day gave a platform to the students to exhibit their love, respect along with gratitude to the teachers. Celebrating the war heroes on Vijay Divas taught them virtues of integrity and patriotism, visiting the underprivileged educated students to care and share. Van Mahotsav Day imbibed them to care for their environment and the Green House effects. These joyous months brought us many laurels Intra school and Inter-school; the students deserve kudos for their outstanding performances.

It is rightly said that “A dream becomes a goal when action is taken towards its achievement” and we are committed to taking constructive and purposeful actions to produce optimistic, independent, compassionate, life-long learners and leaders who will bring glory to the School, State and the Nation. The journey of triumphs yielded as students worked hard for attaining their goals. May God Bless our children with more such laurels.



Mrs. Gayatri Kanwar
(Vice-Principal)





MESSAGE FROM THE HEADMISTRESS



Dr. Manveen Sandhu
(Head-Mistress)

“To attain knowledge, add things every day. To attain wisdom remove things every day.”

EVERY CHILD MATTERS

Individual attention makes all the difference to a young student.

MESSAGE FROM THE EDITOR

“Nurture your child in the rich soil of traditional values. His strong roots will help him reap the sweetest fruits in life, without the fear of failing.”

I am immensely proud and gratified to be a part of the editorial group of SPS. The newsletter serves as a mirror. We share the milestones and achievements of the institution, most important of all, the growth of our young minds as they give a concrete shape to their thoughts. Those who succeed in the game of learning, unlearning and re-learning gain resilience and understand the role of excellence and growth. Dear Students create 'A World of Possibilities' by Learning, Unlearning and Re-learning.

Happy reading!



Mrs. Veenu Sharma
(Editor)

PATRONS

Mrs. Rashmi Grover
(Principal)

Mrs. Gayatri Kanwar
(Vice-Principal)

Dr. Manveen Sandhu
(Head-Mistress)

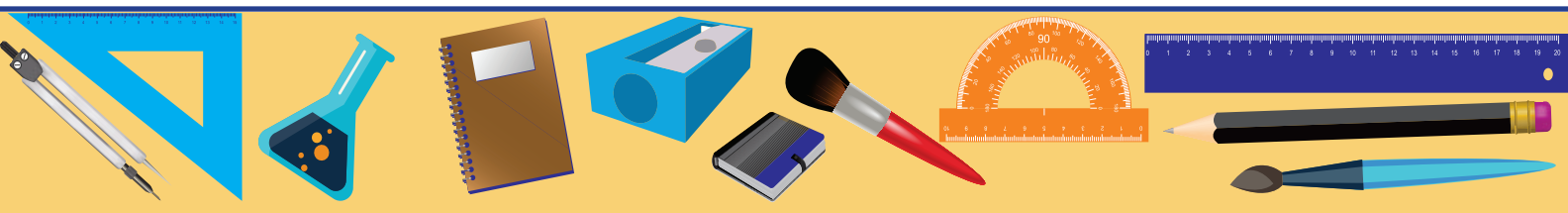
EDITORIAL

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CAPACITY BUILDING PROGRAMME FOR TEACHERS ON INCLUSIVE EDUCATION BY CBSE, NEW DELHI



The mind that opens to a new idea never returns to its original size-

-Albert Einstein

An Interactive Workshop on Inclusive Education: Handling Awareness Issues.



A fruitful and interactive workshop on Inclusive Education on handling awareness issues such as Impairment, Handicap and Disabilities were discussed in details under The Right of Persons with Disability Act 2016. The CBSE Resource person Mr Patpatia and Mrs Chauhan conducted two days workshop for the staff members of SPS. It was indeed a brainstorming session at SPS. They inspired the teachers with their deep thoughts. We need to get out of the way, shine a light and empower a new generation to teach itself and to go further and faster than any age has ever. The session concluded with a thought-provoking and reformative best practices in pedagogy to evolve an all-encompassing and comprehensive policy in education.

KARGIL VIJAY GLORIOUS VICTORY FOR THE NATION

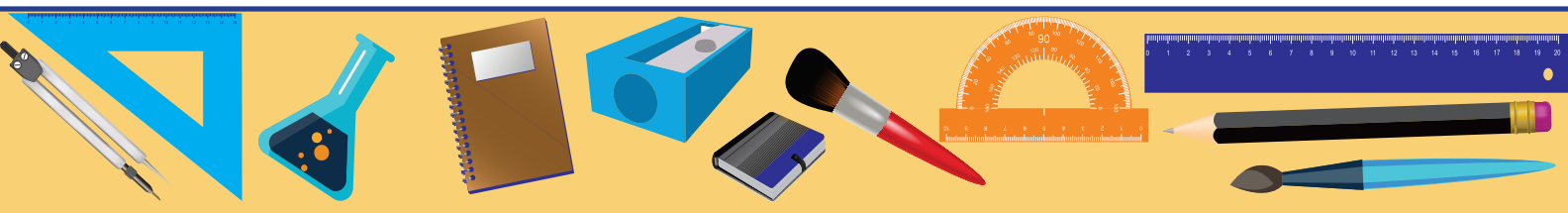


Let's pay homage to the courage, bravery and sacrifice of the heroes of the operation Vijay.



Operation Vijay was one of the most robust and most extended campaigns of modern times. Indian Army soldiers fought legendary battles in Dras, Kaksar, Batalik and Turtuk sectors at heights above 12000 feet.

The students of class X conducted a special assembly on Kargil Vijay Diwas on 26 July remembering the brave souls who laid down their lives for our country. Our Vice-Principal graced the occasion and added a patriotic fervour to the whole event. The students of the school choir sang with a passion and enthusiasm befitting the occasion. Mrs Meena Malik paid homage to our men on the borders, through a self-composed touching poem.





A VISIT TO GURUDWARA GURU TEG BAHADUR SAHIB JI, SECTOR-15, SONIPAT (CLASSES I & II)

“*Those who always walk with God, always reach their destination.*”



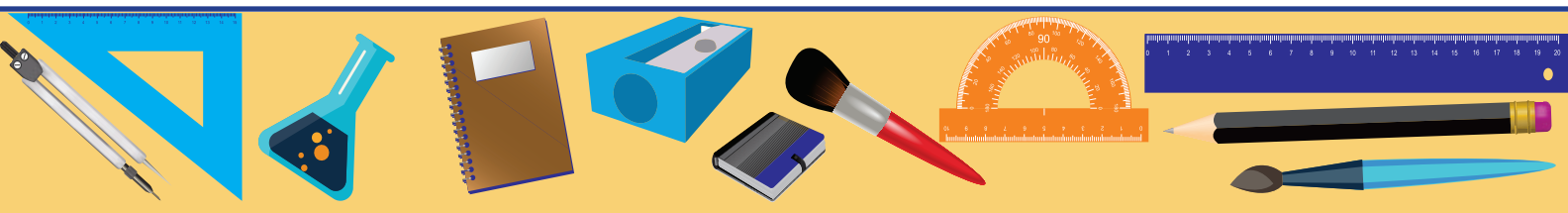
Swarnprastha Public School organised a visit to Gurudwara built in the memory of Guru Teg Bahadur Sahib Ji, Sector-15, Sonipat on 21 July 2018. Children covered their heads and paid reverence to the holy book of Sikhs ‘The GURU GRANTH SAHIB JI’. The atmosphere was devotional and blissful. They were all involved in a small prayer and were delighted to receive the Prasad and the langar after that. It was an exciting experience for the children as they learned about the Sikh Gurus and their contribution to the society at large.

UNDERPRIVILEGED DRIVE!!

“*If your inventions have shaped the future, then you are the game changer!*”

Given the right opportunity, each and every one of us is capable of spreading wellness. At SPS, we call this philosophy- Raise yourself to mankind. Our most recent programme for the underprivileged youth, do not hesitate to make a donation. We believe that by helping families in difficulty, we give them the strength to support. Our students went ten steps ahead by donating their belongings to the poor, living in slums, adjoining areas of Murthal. We at SPS help empower the children to become instruments of change for tomorrow.

Your trust, our pledge. Come, let's connect for a better future.





HINDI RECITATION COMPETITION (CLASSES- NURSERY AND KG)

“

Kavita ki Dunia

Poetry is one of the best ways to enhance the language and expression. Children enjoyed the beauty of speech, thought, feeling, rhyme, rhythm and music of words. Taking all these facts into consideration, the students of Nursery Class got an opportunity to exhibit their talent and confidence through Hindi Recitation Competition. It inspired them to come forward and recite on stage. The judges appreciated and applauded the performance of the participants and also awarded certificates.



INTER- HOUSE TABLE TENNIS TOURNAMENT COMPETITION (VI-VIII) & (IX-XII)

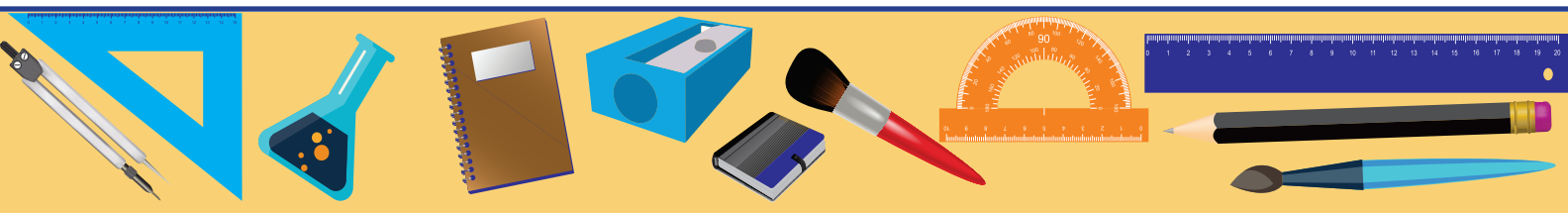
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Champions are won at practice.

The school organised a competition so that the children practice throughout the year.

The audience was delighted to see the matches. The Vice-Principal congratulated the winners and gave away the certificates and medals.

Runner-up trophy –Prayaas House and the Winner trophy – Lakshay House.





VANMAHOTSAV DRIVE IN SCHOOL GREENING MOTHERLAND

“ *Study nature, love nature, stay close to life. Adopt the pace of nature: her secret is PATIENCE.* ”

‘Van’ means ‘forest’ and ‘Mahotsav’ means ‘festival’ “Van Mahaotsav” is an annual tree planting Movement in India which began in the year 1950. It has gained significant national importance, and every year, millions of saplings are planted across India in observation of Van Mahotsav week. A tree plantation drive was conducted by SPS also. The Vice-Principal Mrs Gayatri Kanwar highlighted the importance of plants and trees. Members of the Nature Club brought tree saplings and exchanged among themselves and pledged to take care of them. Let us join hands to make a change TODAY!!!

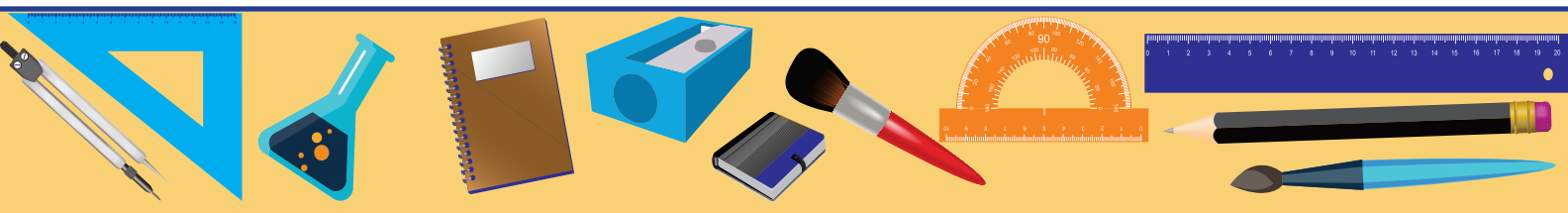


WORKSHOP ON ADOLESCENCE

“ *I must bridge the gap between adolescent glitter and mature glow...* ”



The informative workshop for children from classes VI to IX was held in our school with adolescent to navigate and explore the mind of teenagers. The pressure of modern day life can affect a child's mental well-being, from struggling in class to falling out with friends. It is estimated that 50% of all mental health problems are established by the age of 14 and 75% by the age of 24.





DISPLAY BOARD-OUR WORK IS INCREDIBLE (VI TO XII)

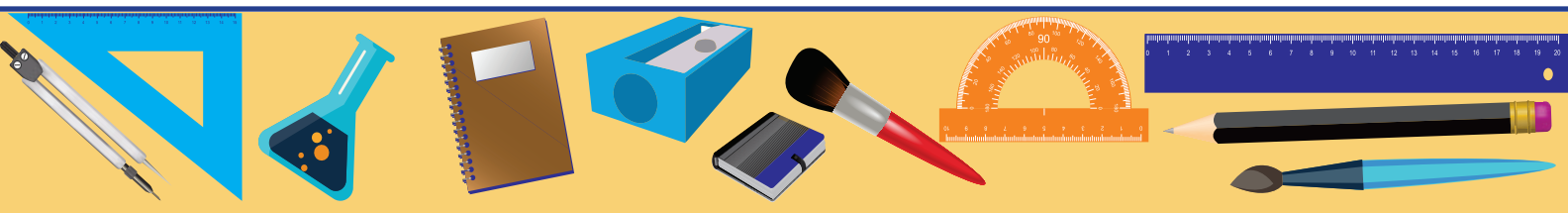
“When you dream BIG. The sky's the LIMIT!”

To create an excellent bulletin-board for the classrooms, all you need is IMAGINATION. An Inter-Class Display Board Competition was held for the students of classes VI to XII under the guidance of their class teachers. Students were given the theme of DREAMS. They worked on the topic and displayed beautiful artwork. This activity was conducted to experiment students in fields such as art and creativity at its best. A great way to encourage the traits you wish to see in your students.



INTER-HOUSE ENGLISH/HINDI DECLAMATION (CLASS-I&II)

Keeping the students abreast with the latest issues, SPS organised an Inter- House English/Hindi Declamation on 20 July 2018 for the students of Classes I & II. The competition aimed to promote the skills of effective public speaking. The participants competed with a talented pool of contestants from all the Houses and they enthusiastically expressed their views.





CRAFT MAKING COMPETITION (CLASSES I-V)

“Creativity takes courage”.

Creativity is inventing experimental growing, making a mistake and having fun. Children are the most creative beings that ever existed; they are the masters of the moment they love the way it feels when they smear paint on paper, how it looks when they sprinkle glitters. The process of making their creation and noticing other people creation provides meaningful opportunities for the appreciation of other's strength, and acceptance of his/her abilities. Keeping this in view the mind craft making competition was held on 4th August 2018 for classes I to V respectively. Students were given different themes, e.g. Pen Stand (III), Wall Hanging (IV), Photo Frame (V), and Paper Plate Craft, C.D Craft was given to Classes I&II. Students participated with great enthusiasm and came out with their craftsmanship.

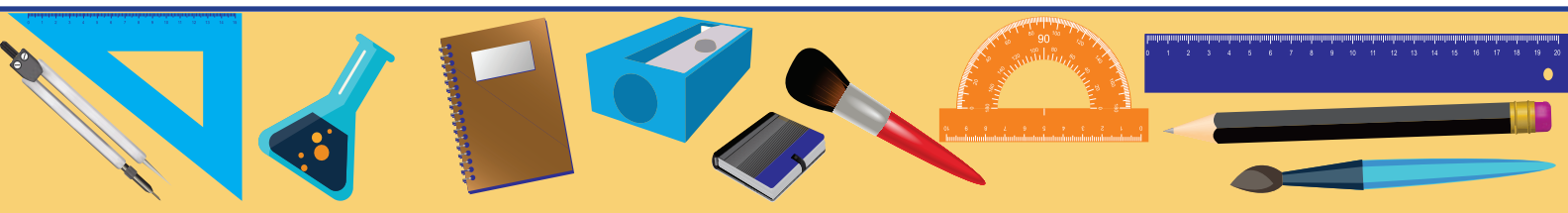


INTER-SCHOOL COMPETITIONS AT G. D. GOENKA

“Work for a cause, Not for applause, Live life to express, Not to impress. Don't strive to make your presence noticed, Just make your absence felt.”



On 27 July our students went for the Inter-School Competition at G.D Goenka, Sonipat in numerous activities in which the students participated. We stood first in Paper Reading, Spell Bee, English Poem Recitation, Quiz and Declamation and second in Hindi Hasya Kavita, Poetry writing and Debate. The bigger your challenges, the bigger your opportunities for Growth. The school Vice-Principal congratulated and felicitated all the young achievers. It was heartening to see the Swarnprasthians soaring HIGH.

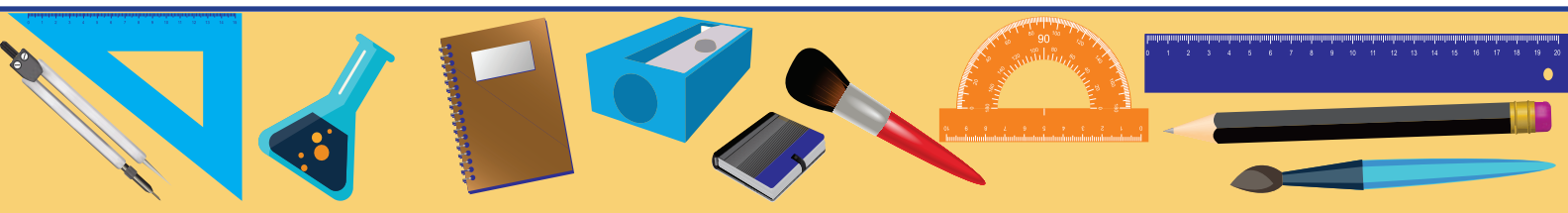




SKIT COMPETITION-PRIMARY

LIFE IS DULL WITHOUT DRAMA

Skit competition was organised on 24 August 2018 for classes I and II. Topics of the skit were "Hard work pays" and "Everyone can change". Children participated with zeal & zest. Their little minds got an opportunity to express themselves with a lot of feeling and gestures. Children emphasised the importance of hard work and dedication. Also, a message was given on how we can make positive changes in our life by following the path of our ancestors. Children were dressed up in impressive attires and performed gracefully as per their roles. It was an overwhelming experience for all the children.





SOLO DANCE COMPETITION (CLASS NURSERY-KG)

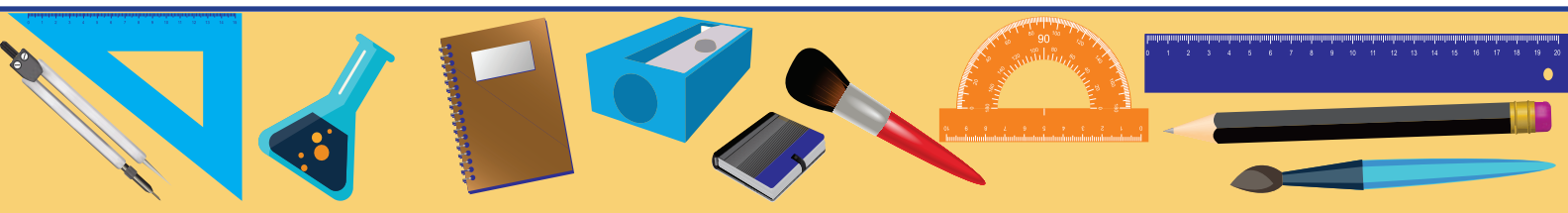
“Dance is the hidden language of the soul”. Nobody cares if you can’t dance well. Just get up and dance. A solo dance competition for class Nursery was held on 26th July 2018. The competition started with great zeal and enthusiasm. Tiny toddlers of SPS were thrilled to be a part of colourful, vibrant and energizing event. All the winners were awarded with certificates. The happiness of the children was amply evident with applause and appreciation.



VISIT TO A NURSERY (CLASS-III)

‘Out in the garden’!

Plants nourish life on planet earth in many ways by providing so many things. To give our children an experience related to the theme ‘Out in the Garden’ they were taken to a nearby plant nursery on 17 July 2018. They learnt about different kinds of plants and were amazed to see so many saplings. They interacted with the gardener to gain knowledge. All were very excited to share their information they had on plants.





GAMING ZONE (CLASS PRE-NURSERY)

“Just play, have fun, enjoy the game

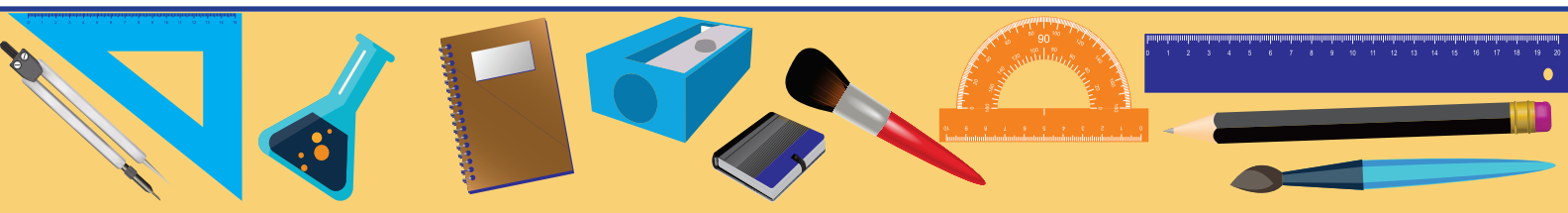
“Playing is one of the brain’s favourite ways of learning”. Entertainment amuses us in the leisure time. The students of pre-nursery were taken to the GAMING ZONE for an entertainment trip on 9 July 2018. The students enjoyed watching 9D Video and being a new experience for the children, a few of them tried shaking hands with the character in the film. Overall the trip was joyful.



YAKULT DANONE AND SAMAR FOOD INDUSTRIES (CLASS-IV)

TRIP SPARKS EXCITEMENT TO LEARNING.

Education cannot be completed within the four walls of a classroom. An educational trip was organized to Yakult Danone Private Limited and Samar Food Industries for Grade IV. They learnt about the functions of digestive organs and how can we keep good health. Students were amazed to see the Yakult Plant and chocolate wafers manufacturing unit.





GREEN COLOR PARTY (CLASS PRE-NURSERY)

“Green is growing”.

The craze of the green party could be felt as all the students came dressed in different shades of green. During the party, kids enjoyed colouring in parrot while tearing and pasting was taken in a common colossal tree. Children were also taken to the lush green ground to play with a big green ball. The energy level of each student was optimum throughout the day. The closing of this party was marked by distributing green colour craft (tortoise).



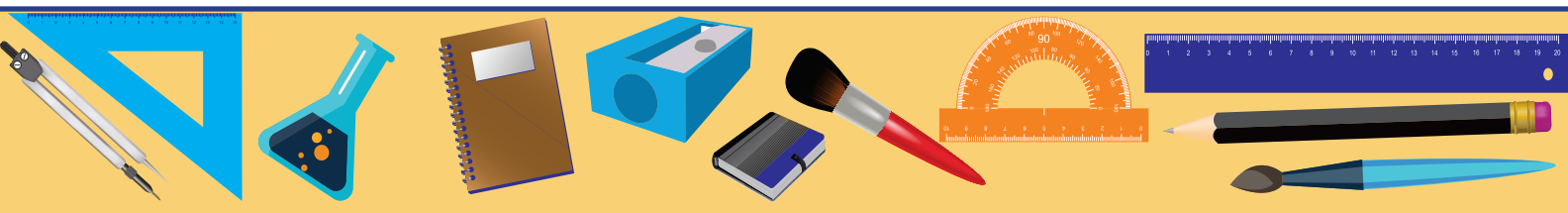
TAEKWONDO UPDATE

ALL IT TAKES IS AN UNBEATABLE SPIRIT.

Champion Academy of Taekwondo, Karnal organised a three days Goodwill Cup. Taekwondo Championship was held at Shri Ram Leela Bhawan Karnal from 10th to 12th August where four students from SPS participated with full gusto, and they brought laurels to the school. The bright scholars are as follows: Paras Tanwar VIII A – Bronze Medal, Vishank II A – Gold Medal, Vaibhav Mangla VI D – Gold Medal, Riddhima Sharma VI C – Silver Medal. Shourya Kadian of VIA got a bronze medal in open Roller Skating Championship 2018 which was held in Bright Scholar. Thank you, dear children, for strengthening our trust!



The biggest wall one has to climb is the wall one has built in mind. Congratulations to all the achievers who chose the smart way of breaking this wall instead of climbing it.....





INTER- HOUSE WALL HANGING COMPETITION (VI-VIII) & POT DECORATION (IX-XII)

“*Make even the ordinary beautiful!!*”

The objective of the competition was to create love for the ART and CRAFT.

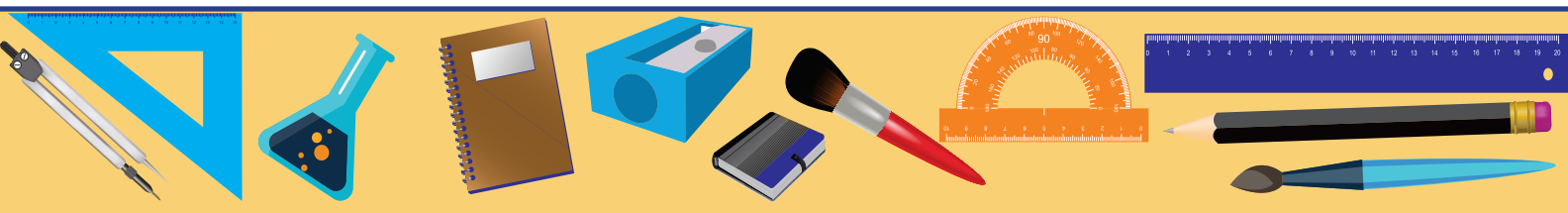
The competition was open to all the students. They used their imaginations and creativity to make innovative things. Students used broken bangles, plastic bottles, waste nails, peanut shells, beads and other things. Vice-Principal Madam appreciated the ability of the students to think and organise their thoughts to create such beautiful items. The fun-filled contest ignited their artistic potential.



VISIT TO THE TEMPLE (CLASS-NURSERY)

“*Learning should be joyful and full of excitement. It is life's greatest adventure*”.

A temple visit was organised for Nursery children. They were taken to Baba Dham Temple where they learned a lot by watching the big beautiful idols of Gods and Goddesses. Crossing small artificial caves was one of the adventurous activities for the kids. They also enjoyed dancing on melodious bhajans. Children had a great time.





JANAMASTMI CELEBRATION (CLASS PRE-NURSERY - KG)

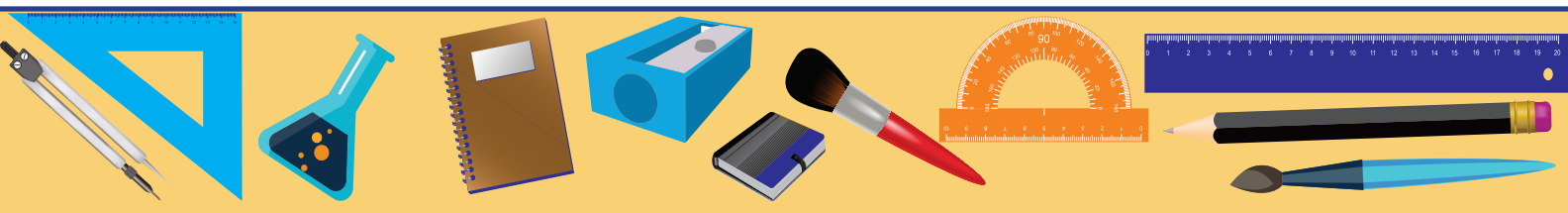
“Krishna Janmotsav.” Celebrations make our life lively and enthusiastic. “Gokul mein jo kare niwaas, Gopiyon sang rachaye raas. Devki, yashoda hai jiski maiyan, Murli manohar hmare kanhaiyan.”

Tiny tots of pre-primary were dressed-up as Krishna, Radha and gawale. They presented a dance and action song. Children were excited and piously involved in this celebration. Students felt very happy and rejoiced.



DIGITAL INDIA WEEK

A one week programme was held at SPS comprising awareness and communication events. The programme was conducted to sanitise their functional digital literacy, cyber security, cyber hygiene, ensure better utilisation of Digital Infrastructure during this week and beyond. It was indeed a mega event planned by the computer department. This year an Inter-House Poster/Greeting Card, PowerPoint Presentation, Animated movie and Web page designing competition from 24 September to 28 September 2018 was held. Six students from each house (classes VI-X) participated with the objective to encourage the competitive spirit amongst the students and to update their academic knowledge with technology. The students exhibited their idea of DIGITAL INDIA through these competitions. We are building Digital India by providing Digital literacy skills to our students.





A VISIT TO NEHRU PLANETARIUM, DELHI (CLASS V)

Take only memories leave only FOOTPRINTS!



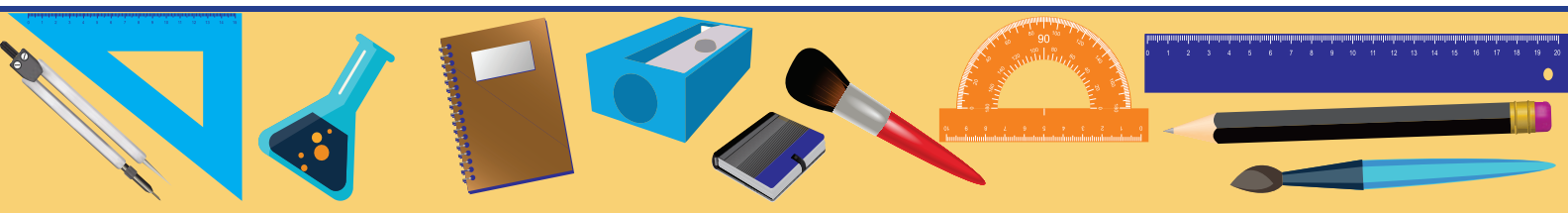
Keeping this view in our mind, on 11 July 2018, we organised a one-day trip to Nehru Planetarium also known as Nehru Memorial Museum and Library, named after our First Prime Minister, Jawahar Lal Nehru. It is situated on the grounds of Teen Murti Bhavan, New Delhi.

We aimed to impart Astronomy Education to our imminent astronauts. The major attraction was Soyuz T-10 that carried India's first Cosmonaut Rakesh Sharma to space, with his space suit and mission journal. We also saw the dome-shaped sky theatre that showed information on the constellations and planets and much more. It was worthwhile visiting there.



PRAY FOR KERALA-KERALA'S CALAMITY IS EVERY INDIAN'S CALL TO DUTY

Let us unite to help Kerala find her feet. The unprecedented heavy rains and flooding created a crisis situation in Kerala. It's our patriotic duty to stand in support of our fellow countrymen in this time of need. The SPS left no stone unturned. The children of our school donated with two hands. SPS appeals to the nation to support Kerala through her darkest hours. Help with your Relief and Belief. SPS it's time to show Unity in Adversity.

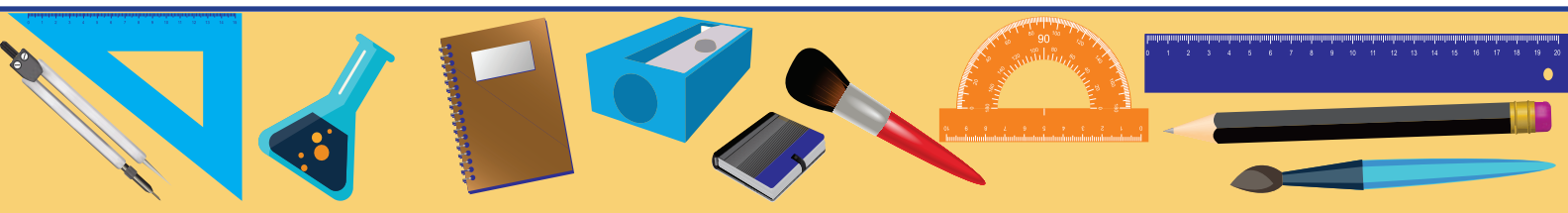




INDEPENDENCE DAY-COME. UNITE. CELEBRATE.

“Carried with care, Coated with pride, Dipped in love, Fly in glory, Moments of freedom in shade of joy. Proud to be an Indian.”

Independence is the birthright of every individual. To celebrate this right, every member of the SPS family gathered in the school premises on 15 August 2018 with great enthusiasm. The ceremony started at 9:45 am on the school ground. The celebration commenced with flag hoisting by the Chief Guest, Mr Pardeep Agarwal and Mrs Manju Agarwal who unfurled the flag and ceremonially raised the National Flag. The students and teachers all sang the National Anthem in unison. It expressed the joy of our freedom and respect for it. The other eminent guests were Mr Roshan Agarwal, and Mr Shishir Agarwal and other members of the School Managing Committee who graced the occasion. The students expressed their sentiments and aspiration for the country through English and Hindi speeches. The Principal, Mrs Rashmi Grover urged the students to take the pledge towards a Clean and Green India. Indeed, it was a day of joy, a day to love and respect our country. We were urged to make India a better place to live and to experience the freedom, peace and unity in diversity. The cultural programme took place in the Assembly Hall. The students performed in beautiful and ethnic dresses. The school troupe portrayed their immense talent on this occasion. It was a moment of pride to watch the students dance and spread the essence of tricolour wrapped in emotions. The students of the primary choir group sang a patriotic song with full gusto. The programme concluded with an Inter-House tug of war, for the students of classes VI to VIII and IX to XII.

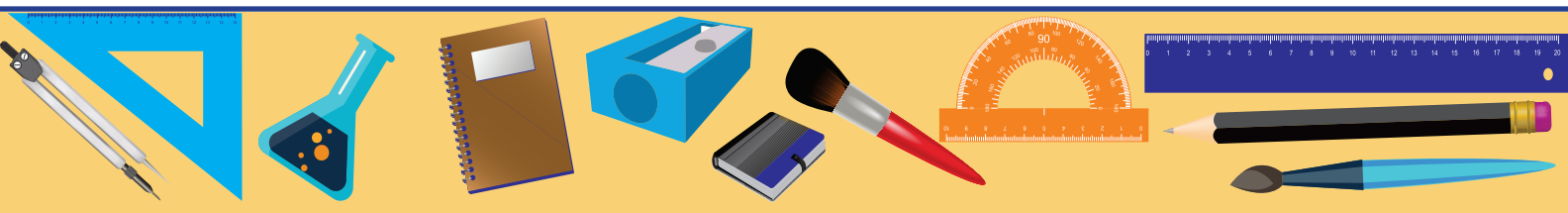




TEACHERS' DAY CELEBRATION-BOLLYWOOD THEME



Teachers' Day is a special day for the appreciation of teachers and includes celebrations to honour them for their contributions to a particular field area. The day was celebrated to honour Dr Sarvepalli Radhakrishnan. It is the best day to make an understanding between students and teachers relationship. The students conveyed their greetings and showered their affection on the teachers through the presentation of a rap song, dance and poem. The school Principal Mrs Rashmi Grover also greeted the teachers to show their acknowledgement and recognition of the hard work put in by the teachers towards shaping the destiny of the children. The children left the school at 11:00 am. The stakeholders enjoyed the plethora of activities. The lively music and culture of Bollywood were depicted through mellifluous tunes and an elegant, foot-tapping dances.





UKULELE- MUSIC CLASSES

“Where words fail, Music speaks.”

The ukulele is a member of the lute family of instrument varies with size and construction. This instrument is introduced in our school to instil students with a love of music and provides a solid musical foundation. It invigorates schools with the idea classroom instrument.

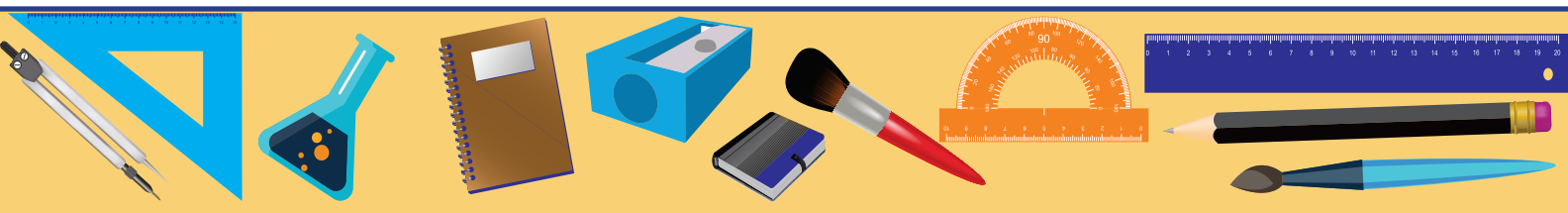


INTERACTIVE SESSION-WASTE MANAGEMENT WORKSHOP

“We don’t inherit the earth from our parents; we borrow it from our children!”

-Chief Seattle

The objective of this Interactive Session was to create love for the environment by making best out of waste with the help of recyclable things. A learning experience for all, the workshop promoted the love for the surroundings to the leaders of tomorrow.





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