

SWARNPRASTHA PUBLIC SCHOOL
WEEKLY MENU 28-09-26 TO 04-10-26)

Day & Date	Morning Milk 6:30 AM	Breakfast 7:30 AM	Brunch 9:00 AM	Lunch 12:10 PM	Hostel Snacks 5:30 PM	Dinner 8:00 PM	Milk 9:10 PM
Monday 28.09.26	Milk	Paneer Kulcha Ketchup	Seasonal Fruit	Chapati/Rice Moong Saboot Bhindi Do Piyaza Salad, Raita	Paneer Patty Drinks	Chapati/ Rice Masoor Dal Nutry Curry Mango Salad	Chocolate Milk
Tuesday 29.09.26	Milk	Aloo Parantha Curd ,Aachar Butter,	Seasonal Fruit	Chapati Rice Dalmakhni Aloo Beans Salad Rata	Maggie Drinks	Chapatti/Rice Mix Dal Mix Veg Salad Gulabjamun	Bournvita Milk
Wednesday 30.09.26	Milk	Poha Bread Butter Bread Jam	Seasonal Fruit	Chapati Rice Shahi Paneer Moong Sabut Salad Raita	Panne Arabita Drinks	Chapatti/Rice Arhar Dal Aubergine Curry Salad Fruit Custard	Horlicks Milk
Thursday 01.10.26	Milk	Missa Parantha Curd, Aachar	Seasonal Fruit	Chapati/Rice Currypakora Aloo Beans Salad	Spring Roll Drinks	Chapati/Rice Masoor Dal Kofta Grevy Salad Pastry	Chocolate Milk
Friday 02.10.26 **	Milk	Cornflakes Chocos Milk Bread Butter Bread Jam	Seasonal Fruit	ChapatiRice Chana Dal Palak Paneer Salad Raita	Tikki Chat Drinks	Chapati/Rice Mix Dal Gobhi Aloo Salad Seviyan	Horlics Milk
Saturday 03.10.26	Milk	Poori Bhaji	Seasonal Fruit	Chapati Rice Rajma Lauki Masala Salad, Raita	Grilled Sandwich Drinks	Chapati/Rice Arhar Dal Mughlai chap Rasmalai Salad	Bournvita Milk
Sunday 04.10.26	Milk	Burger Coffee	Seasonal Fruit	Chole Bhature Biryani Raita Aachar Salad	Samosa Tea	ChapatiRice Chana Dal Aloo Capsicum Salad Ice Cream	Bournvita Milk

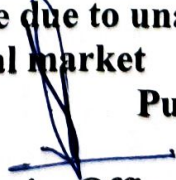
Note:-The above menu is subject to change due to unavoidable reasons such as non-availability of raw material in local market

Mess Manager




Hostel In-Charge

Purchase Mgr.


Admin. Office


Principal

SWARNPRASTHA PUBLIC SCHOOL

WEEKLY MENU (21-09-26 TO 27-09-26)

Day & Date	Morning Milk 6:30 AM	Breakfast 7:30 AM	Brunch 9:00 AM	Lunch 12:10 PM	Hostel Snacks 5:30 PM	Dinner 8:00 PM	Milk 9:10 PM
Monday 21.09.26	Milk	Ajwain Parantha Sabji Curd	Seasonal Fruit	Chapati Rice Dal Makhni Petha Veg Salad. Raita	Spl. Patty Drinks	Chapati Rice Masoor Dal Dum Aloo Salad Seviyan	Chocolate Milk
Tuesday 22.09.26	Milk	Poha Bread Butter Bread Jam	Seasonal Fruit	Chapati/Rice Moong Saboot Kofta Grevy Salad Raita	Maggie Drinks	Chapati Rice Mix Dal Parmal Veg Salad Gulab Jamun	Bournvita Milk
Wednesday 23.09.26	Milk	Idly Sambhar Chutney	Seasonal Fruit	ChapatiRice Masoor Sabbot Kadai Paneer Salad Raita	Trpple Sandwich Drinks	Chapatti Rice Arhar Dal Brinjal Bharta Salad Fruit Custard	Horlicks Milk
Thursday 24.09.26	Milk	Daliya Bread Butter Bread Jam	Seasonal Fruit	Chapati Rice Chana Dal Bhindi Masala Salad Raita	Dahi Bhalla	Chapati/Rice Masoor Dal Gobhi Aloo Pastry Salad	Chocolate Milk
Friday 25.09.26 **	Milk	Aloo Parantha Curd Butter Aachar	Seasonal Fruit	Chapati Rice Moong Saboot Shahi Paneer Salad Raita	Macroni Drinks	Chapati Rice Chana Dal Matar Makhana Seviyan Salad	Bournvita Milk
Saturday 26.09.26	Milk	Poori Bhaji	Seasonal Fruit	ChapatiRice Kala Chana Lauki Masala Salad, Raita	Jhal Muri Drinks	Chapati Pulab Mix Dal Mix Veg Rasmalai Salad	Horlicks Milk
Sunday 27.09.26	Milk	Pao Bhaji Coffee	Seasonal Fruit	Chowmin Chilli Paneer Manchuriyan Fried Rice	Kachori Veg Tea	ChapatiRice Mix Dal Arbi Masala Ice cream	Bournvita Milk

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Mess Manager

Hostel In-Charge

Principal

Purchase Mgr.

Admin. Officer

SWARNPRASTHA PUBLIC SCHOOL
WEEKLY MENU 14-09-26 TO 20-09-26)

Day & Date	Morning Milk 6:30 AM	Breakfast 7:30 AM	Brunch 9:00 AM	Lunch 12:10 PM	Hostel Snacks 5:30 PM	Dinner 8:00 PM	Milk 9:10 PM
Monday 14.09.26	Milk	Paneer Kulcha Ketchup	Seasonal Fruit	Chapati/Rice Moong Saboot Bhindi Do Piyaza Salad, Raita	Paneer Patty Drinks	Chapati/ Rice Masoor Dal Nutry Curry Mango Salad	Chocolate Milk
Tuesday 15.09.26	Milk	Aloo Parantha Curd ,Aachar Butter,	Seasonal Fruit	Chapati Rice Dalmakhni Aloo Beans Salad Rata	Maggie Drinks	Chapatti/Rice Mix Dal Mix Veg Salad Gulabjamun	Bournvita Milk
Wednesday 16.08.26	Milk	Poha Bread Butter Bread Jam	Seasonal Fruit	Chapati Rice Shahi Paneer Masoor Sabut Salad Raita	Panne Arabita Drinks	Chapatti/Rice Arhar Dal Aubergine Curry Salad Fruit Custard	Horlicks Milk
Thursday 17.09.26	Milk	Missa Parantha Curd, Aachar	Seasonal Fruit	Chapati/Rice Currypakora Aloo Beans Salad	Spring Roll Drinks	Chapati/Rice Masoor Dal Kofta Grevy Salad Pastry	Chocolate Milk
Friday 18.09.26	Milk	Cornflakes Chocos Milk Bread Butter Bread Jam	Seasonal Fruit	Chapati/Rice Chana Dal Matar Paneer Salad Raita	Tikki Chat Drinks	Chapati/Rice Mix Dal Gobhi Aloo Salad Seviyan	Horlies Milk
Saturday 19.09.26	Milk	Poori Bhaji	Seasonal Fruit	Chapati Rice Rajma Lauki Masala Salad, Raita	Grilled Sandwich Drinks	Chapati/Rice Arhar Dal Mughlai chap Rasmalai Salad	Bournvita Milk
Sunday 20.09.26	Milk	Burger Coffee	Seasonal Fruit	Chole Bhature Biryani Raita Aachar Salad	Samosa Tea	Chapati/Rice Chana Dal Aloo Capsicum Salad Ice Cream	Bournvita Milk

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Mess Manager

(Signature)

Purchase Mgr.

Hostel In-Charge

Admin. Office

Principal

SWARNPRASTHA PUBLIC SCHOOL

WEEKLY MENU (07-09-26 TO 13-09-26)

Day & Date	Morning Milk 6:30 AM	Breakfast 7:30 AM	Brunch 9:00 AM	Lunch 12:10 PM	Hostel Snacks 5:30 PM	Dinner 8:00 PM	Milk 9:10 PM
Monday 07.09.26	Milk	Ajwain Parantha Sabji Curd	Seasonal Fruit	Chapati Rice Dal Makhni Petha Veg Salad. Raita	Spl. Patty Drinks	Chapati Rice Masoor Dal Keema Matar Salad Seviyan	Chocolate Milk
Tuesday 08.09.26	Milk	Poha Bread Butter Bread Jam	Seasonal Fruit	Chapati/Rice Moong Saboot Kofta Grevy Salad Raita	Maggie Drinks	Chapati Rice Mix Dal Parmal Veg Salad Gulab Jamun	Bournvita Milk
Wednesday 09.09.26	Milk	Idly Sambhar Chutney	Seasonal Fruit	ChapatiRice Masoor Sabbot Kadai Paneer Salad Raita	Trpple Sandwich Drinks	Chapatti Rice Arhar Dal Brinjal Bharta Salad Fruit Custard	Horlicks Milk
Thursday 10.09.26	Milk	Daliya Bread Butter Bread Jam	Seasonal Fruit	Chapati Rice Chana Dal Bhindi Masala Salad Raita	Dahi Bhalla	Chapati/Rice Masoor Dal Gobhi Aloo Pastry Salad	Chocolate Milk
Friday 11.09.26	Milk	Aloo Parantha Curd Butter Aachar	Seasonal Fruit	Chapati Rice Moong Saboot Shahi Paneer Salad Raita	Macroni Drinks	Chapati Rice Chana Dal Matar Makhana Seviyan Salad	Bournvita Milk
Saturday 12.09.26	Milk	Poori Bhaji	Seasonal Fruit	ChapatiRice Kala Chana Lauki Masala Salad, Raita	Jhal Muri Drinks	Chapati Pulab Mix Dal Mix Veg Rasmalai Salad	Horlicks Milk
Sunday 13.09.26	Milk	Pao Bhaji Coffee	Seasonal Fruit	Chowmin Chilli Paneer Manchuriyan Fried Rice	Kachori Veg Tea	ChapatiRice Mix Dal Arbi Masala Ice cream	Bournvita Milk

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Mess Manager

Hostel In-Charge

Principal

Admin. Officer

Purchase Mgr.

SWARNPRASTHA PUBLIC SCHOOL
WEEKLY MENU (31-08-26 TO 06-09-26)

Day & Date	Morning Milk 6:30 AM	Breakfast 7:30 AM	Brunch 9:00 AM	Lunch 12:10 PM	Hostel Snacks 5:30 PM	Dinner 8:00 PM	Milk 9:10 PM
Monday 31.08.26	Milk	Aloo Parantha Curd ,Aachar Butter,	Seasonal Fruit	Chapati/Rice Moong Saboot Bhindi Do Piyaza Salad. Raita	Paneer Patty Drinks	Chapati/ Rice Masoor Dal Nutry Curry Mango Salad	Chocolate Milk
Tuesday 01.09.26	Milk	Paneer Kulcha Ketchup	Seasonal Fruit	Chapati Rice Dalmakhni Aloo Beans Salad Rata	Maggie Drinks	Chapatti/Rice Mix Dal Mix Veg Salad Gulabjamun	Bournvita Milk
Wednesday 02.09.26	Milk	Poha Bread Butter Bread Jam	Seasonal Fruit	Chapati Rice Shahi Paneer Masoor Sabut Salad Raita	Panne Arabita Drinks	Chapatti/Rice Arhar Dal Aubergine Curry Salad Fruit Custard	Horlicks Milk
Thursday 03.09.26	Milk	Missa Parantha Curd, Aachar	Seasonal Fruit	Chapati/Rice Currypakora Aloo Beans Salad	Grilled Sandwich Drinks	Chapati/Rice Masoor Dal Kofta Grevy Salad Pastry	Chocolate Milk
Friday 04.09.26	Milk	Cornflakes Chocos Milk Bread Butter Bread Jam	Seasonal Fruit	ChapatiRice Chana Dal Palak Paneer Salad Raita	Tikki Chat Drinks	Chapati/Rice Mix Dal Gobhi Aloo Salad Seviyan	Horlics Milk
Saturday 05.09.26	Milk	Poori Bhaji	Seasonal Fruit	Chapati Rice Rajma Lauki Masala Salad, Raita	Spring Roll Drinks	Chapati/Rice Arhar Dal Mughlai chap Rasmalai Salad	Bournvita Milk
Sunday 06.09.26	Milk	Burger Coffee	Seasonal Fruit	Chapati Rice Kali Masoor Matar Paneer Salad Raita	Samosa Tea	ChapatiRice Chana Dal Aloo Capsicum Salad Ice Cream	Bournvita Milk

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Mess Manager


Purchase Mgr.


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Admin. Office


Principal