

SWARNPRASTHA PUBLIC SCHOOL
WEEKLY MENU (06-10-25 TO 12-10-25)

Day & Date	Morning Milk 6:30 AM	Breakfast 7:30 AM	Brunch 10 AM	Lunch 1:00 PM	Hostel Snacks 5:30 PM	Dinner 8:00 PM	Milk 9:30 PM
Monday 06.10.25	Milk	Aloo Parantha Curd Butter Aachar	Drinks Good day Biscuit Pkt	ChapatiRice Chana Dal Kofta Gravy Raita Salad	Fruit Platter	Chapati/ Rice Masoor Dal Nutri Curry Salad Seviyan	Chocolate Milk
Tuesday 07.10.25	Milk	Poha Bread Butter Bread Jam	Drinks Good day Biscuit Pkt	Chapati Rice Kali Masoor Matar Paneer Raita Salad	Patty Drinks	Chapatti Rice Mix Dal Brinjal Bharta Salad Fruit Custard	Bournvita Milk
Wednesday 08.10.25	Milk	Poori Bhaji	Drinks Good day Biscuit Pkt	ChapatiRice Curry Pakora Aloo Beans Salad	Maggie Drink	Chapatti Rice Mix Veg Mix Veg Salad Gulab jamun	Horlicks Milk
Thursday 09.10.25	Milk	Cornflakes Chocos Bread Butter Bread Jam	Drinks Good day Biscuit Pkt	ChapatiRice Dal Makhni Aloo Capsicum Raita Salad	Spring Roll Drinks	ChapatiRice Masoor Dal Bhindi Masala Salad Seviyan	Chocolate Milk
Friday 10.10.25	Milk	Missa Parantha Aachar Curd	Drinks Good day Biscuit Pkt	ChapatiRice Kali Masoor Shahi Paneer Salad, Raita	Bread Pakora	Chapati/Rice Chana Dal Gobhi Aloo Rasmalai Salad	Bournvita Milk
Saturday 11.10.25	Milk	Veg Idly Bread Butter Bread Jam	Drinks Good day Biscuit Pkt	ChapatiRice Rajma Jeera Aloo Salad Raita	Pasta White Sauce Drinks	ChapatiRice Moong Dal Muglai Chap Pastry Salad	Chocolate Milk
Sunday 12.10.25	Milk	Pao Bhaji Coffee	Tuck	Bhature Chole Biryani Raita Salad Aachar	Samosa Tea	Khichdi Aloo Chokha Ice Cream	Bournvita Milk

Note:-The above menu is subject to change due to unavoidable reasons such as non-availability of raw material in local market


Mess Manager


Purchase Mgr.


Hostel In-Charge


Admin. Officer


Principal

SWARNPRASTHA PUBLIC SCHOOL
WEEKLY MENU (13-10-25 TO 19-10-25)

Day & Date	Morning Milk 6:30 AM	Breakfast 7:30 AM	Brunch 10 AM	Lunch 1:00 PM	Hostel Snacks 5:30 PM	Dinner 8:00 PM	Milk 9:30 PM
Monday 13.10.25	Milk	Plain Parantha Sabji Curd Aachar	Drinks Good day Biscuit Pkt	Chapati/Rice Chana Dal Bhindi Masala Salad Raita	Fruit Platter	Chapati/Rice Masoor Dal Keema Matar Seviyan Salad	Chocolate Milk
Tuesday 14.10.25	Milk	Paneer Kulcha Tea	Drinks Good day Biscuit Pkt	Chapati/Rice Dal Makhni Lauki Veg Salad Raita	Jhal Muri Drinks	Chapatti/Rice Mix Dal Mix Veg Salad Gulab Jamun	Bournvita Milk
Wednesday 15.10.25	Milk	Aloo Parantha Aachar Curd	Drinks Good day Biscuit Pkt	Chapati/Rice Arhar Dal Kadai Paneer Salad Raita	Macaroni Arabita Drinks	Chapatti/Rice Masoor Dal Dum Aloo Salad Fruit Custard	Horlicks Milk
Thursday 16.10.25	Milk	Daliya Bread Butter Bread Jam	Drinks Good day Biscuit Pkt	Chapati/Rice Moong Masoor Kofta Gravy Salad Raita	Veg Pakora Drinks	Chapati/Rice Mix Dal Brinjal Curry Salad Ras Malai	Chocolate Milk
Friday 17.10.25	Milk	Missa Parantha Curd	Drinks Good day Biscuit Pkt	Chapati/Rice Masoor Saboot Shahi Paneer Salad Raita	Spring Roll Drinks	Chapati/Rice Arhar Dal Bhindi Masala Salad Seviyan	Bournvita Milk
Saturday 18.10.25	Milk	Idly Sambhar Chutney Bread Butter Bread Jam	Drinks Good day Biscuit Pkt	Chapati/Rice Kala Chana Jeera Aloo Raita Salad	Grilled Sandwich Drinks	Chapati/Rice Urad Chilka Gobhi Matar Pastry Salad	Chocolate Milk
Sunday 19.10.25	Milk	Burger Coffee	Tuck	Chowmein Chili Paneer Manchurian Fried Rice	Kacori Veg Drinks	Khichdi AlooChokha Ice Cram	Bournvita Milk

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**SWARNPRASTHA PUBLIC SCHOOL
WEEKLY MENU (20-10-25 TO 26-10-25)**

Day & Date	Morning Milk 6:30 AM	Breakfast 7:30 AM	Brunch 10 AM	Lunch 1:00 PM	Hostel Snacks 5:30 PM	Dinner 8:00 PM	Milk 9:30 PM
Monday 20.10.25	Milk	Aloo Parantha Curd Butter Aachar	Drinks Good day Biscuit Pkt	ChapatiRice Chana Dal Kofta Gravy Raita Salad	Fruit Platter	Chapati/ Rice Masoor Dal Nutri Curry Salad Seviyan	Chocolate Milk
Tuesday 21.10.25	Milk	Poha Bread Butter Bread Jam	Drinks Good day Biscuit Pkt	Chapati Rice Kali Masoor Matar Paneer Raita Salad	Patty Drinks	Chapatti Rice Mix Dal Brinjal Bharta Salad Fruit Custard	Bournvita Milk
Wednesday 22.10.25	Milk	Poori Bhaji	Drinks Good day Biscuit Pkt	ChapatiRice Curry Pakora Aloo Beans Salad	Samosa Tea	Chapatti Rice Mix Veg Mix Veg Salad Gulabjamun	Horlicks Milk
Thursday 23.10.25	Milk	Cornflakes Chocos Bread Butter Bread Jam	Drinks Good day Biscuit Pkt	ChapatiRice Dal Makhni Aloo Capsicum Raita Salad	Spring Roll Drinks	ChapatiRice Masoor Dal Bhindi Masala Salad Seviyan	Chocolate Milk
Friday 24.10.25	Milk	Missa Parantha Aachar Curd	Drinks Good day Biscuit Pkt	ChapatiRice Kali Masoor Shahi Paneer Salad, Raita	Bread Pakora	Chapati/Rice Chana Dal Gobhi Aloo Rasmalai Salad	Bournvita Milk
Saturday 25.10.25	Milk	Veg Idly Bread Butter Bread Jam	Drinks Good day Biscuit Pkt	ChapatiRice Rajma Jeera Aloo Salad Raita	Pasta White Sauce Drinks	ChapatiRice Moong Dal Muglai Chap Pastry Salad	Chocolate Milk
Sunday 26.10.25	Milk	Pao Bhaji Coffee	Tuck	Bhature Chole Biryani Raita Salad Aachar	Maggie Drink	Khichdi AlooChokha Ice Cream	Bournvita Milk

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**SWARNPRASTHA PUBLIC SCHOOL
WEEKLY MENU (27-10-25 TO 02-11-25)**

Day & Date	Morning Milk 6:30 AM	Breakfast 7:30 AM	Brunch 10 AM	Lunch 1:00 PM	Hostel Snacks 5:30 PM	Dinner 8:00 PM	Milk 9:30 PM
Monday 27.10.25	Milk	Plai n Parantha Sabji Curd Aachar	Drinks Good day Biscuit Pkt	Chapati/Rice Chana Dal Bhindi Masala Salad.Raita	Fruit Platter	Chapati/Rice Masoor Dal Keema Matar Seviyan Salad	Chocolate Milk
Tuesday 28.10.25	Milk	Paneer Kulcha Tea	Drinks Good day Biscuit Pkt	Chapati/Rice Dal Makhni Lauki Veg Salad Raita	Jhal Muri Drinks	Chapatti/Rice Mix Dal Mix Veg Salad Gulab Jamun	Bournvita Milk
Wednesday 29.10.25	Milk	Aloo Parantha Aachar Curd	Drinks Good day Biscuit Pkt	Chapati/Rice Arhar Dal Kadai Paneer Salad Raita	Macaroni Arabita Drinks	Chapatti/Rice Masoor Dal Gobhi Matar Salad Fruit Custard	Horlicks Milk
Thursday 30.10.25	Milk	Daliya Bread Butter Bread Jam	Drinks Good day Biscuit Pkt	Chapati/Rice Moong Masoor Kofta Gravy Salad Raita	Veg Pakora Drinks	Chapati/Rice Mix Dal Brinjal Curry Salad Ras Malai	Chocolate Milk
Friday 31.10.25	Milk	Missa Parantha Curd	Drinks Good day Biscuit Pkt	Chapati/Rice Masoor Saboot Shahi Paneer Salad Raita	Spring Roll Drinks	Chapati/Rice Arhar Dal Bhindi Masala Salad Seviyan	Bournvita Milk
Saturday 01.11.25	Milk	Idly Sambhar Chutney Bread Butter Bread Jam	Drinks Good day Biscuit Pkt	Chapati/Rice Kala Chana Jeera Aloo Raita Salad	Grilled Sandwich Drinks	Chapati/Rice Urad Chilka Matar Makhana Pastry Salad	Chocolate Milk
Sunday 02.11.25	Milk	Burger Coffee	Tuck	Chowmein Chili Paneer Manchurian Fried Rice	Kachori Veg Drinks	Khichdi AlooChokha Ice Cram	Bournvita Milk

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