

**SWARNPRASTHA PUBLIC SCHOOL**  
**CLASSES: 3-5**  
**SPS INITIATIVES**

Dear Parents,  
 Greetings of the day!

Swarnprastha Public School takes pride in nurturing well rounded individuals. Staying true to our legacy of evolving beyond the ordinary, we are delighted to introduce a range of distinctive initiatives aimed at the holistic development of our students. From innovative learning approaches to wellness programs, each initiative is thoughtfully designed to empower young minds to inspire excellence and growth in every student.

We daily conduct a **40 minute Class Teacher Period** to educate our children about different skills. Here are the details of our CTP:

- ◆ Days: Monday to Friday
- ◆ Duration: 40 minutes
- ◆ Taken by: Class Teacher
- ◆ Lifeskill notebook (90 pages) will be utilised as CTP notebook. Kindly send it daily to school.

Please find the day wise details of CTP:

<b>Monday</b>	<b>Assembly</b>	To inculcate values, discipline and teamwork among our students, while fostering a sense of community and belonging
<b>Tuesday</b>	<b>Mindfulness</b>	To take care of our children's mental well being and promote relaxation techniques, self awareness and emotional regulation
<b>Wednesday</b>	<b>Environmental Education</b>	To update children about our environment, Sustainable Development Goals (SDGs) and promote eco friendly habits, encouraging them to become responsible global citizens
<b>Thursday</b>	<b>GK</b>	To update them with the latest current affairs, broadening their perspectives and understanding of the world
<b>Friday</b>	<b>Smart Conversation</b>	To enhance vocabulary and communication skills among our children, empowering them to express themselves confidently and effectively

In addition to these initiatives, we are also enhancing the skills of our children by starting:

- ◆ **Entrepreneurship**: To foster creativity, innovation and entrepreneurial spirit among our students, equipping them with essential skills to succeed in an ever changing world.
- ◆ **Yoga** : To keep our children physically and mentally fit, promoting overall well being, flexibility, balance and holistic development.
- ◆ **STEM**: To keep our children updated with the latest developments in Science, Technology, Engineering and Mathematics, promoting critical thinking, problem solving and innovation, while preparing them for future challenges.

We believe these initiatives will help our children grow into confident, capable and compassionate individuals.

Thank you for your continued support.

  
Headmistress

  
Principal