



SWARNPRASTHA PUBLIC SCHOOL

SWARNSTAMBH

QUARTERLY NEWSLETTER

VOL-21

APR-JUN 2021



FROM THE DESK OF PRINCIPAL



**Mrs. Rashmi Grover
(Principal)**

Dear Students

The epic battle of Mahabharata is about to begin. Arjuna sees all around and is totally devastated and throws away his bow. He refuses to fight and look towards Shree Krishna with utter dejection and dismay. Krishna is smiling. God himself is about to reveal the ultimate truth of life. He tells Arjuna a small story.....

A Guru had two disciples. One day he asks them how they see the world around them. First one said this world is useless. God has given the day, but night is equally there. It always comes after each bright day. You always know darkness is going to come. How good it will be if you always have bright sunny day with no fear of darkness that comes with night. The second disciple says it is wonderful that after every night the bright sunny day comes. Sun fills this world with new energy. Everyone is excited. Everyone prepares for the day ahead to do new things, new tasks in a new way. And after a hard day's work everyone says goodbye to the sun and settles for some rest, and to enjoy the coolness, and to marvel at the stars and the moon. And we light a small lamp and fill the night with the light that we need. The Guru understands the mindset of both. The chakra of day and night is same for everyone. It is not important whether it is day or night. It is not important whether the situation around is good or bad. What is important is how you perceive the situation around you. What is important is your thought process. If you focus only on night, you will always see the darkness and will be afraid of it. If you focus on the day, you will always be energized to do new tasks, to think about new ideas and even to appreciate the night. You know that the day is bound to come soon, and you are prepared with renewed energy to face the challenges ahead.

It is all in the mind. A negative thought process will tell you what all bad can happen. But a positive thought process will inspire you what all good can be achieved. What you see is not important. How you react to it is important. Point of view is more important than the view. Thinking positive makes all the difference. Battles are not won or lost in the battleground but are won or lost in the mind.

We all know Arjuna understood the God's message.....

Think Positive. Believe in Yourself. Good things are bound to happen.

Stay Blessed!

**Rashmi Grover
Principal.**

MESSAGE FROM THE HEADMISTRESS (SENIOR WING)

"Life begins at the end of your comfort zone."

Dear Students

The world is now revolving around technology where 'CHANGE' is becoming an essential element to be accepted and adopted in our day-to-day life. At the onset of this session, I pray to the Almighty to bless and empower my students. Always remember, you can do anything and everything that you believe in. Stand up, unleash your power and discover the greatest you. Do not be afraid to venture, be fearless. Do not just run after bookish knowledge which will be forgotten with the passage of time, but more important learning etiquette and habits which is the essence of life.

I believe there are two edifications. One should teach us how to make a living and the other how to live. Dear Children, if you want to accomplish the above objectives, then you need to participate in academics and co-curricular activities, whereby our educational system could instil qualities and learning behaviours such as taking positive risks, setting attainable goals, viewing errors as opportunities, being opened to feedback and critically evaluating your own progress.

It's never too late to become who you want to be. I hope you live a life that you're proud of, and if you find that you're not, I hope you have the strength to start over. I wish all of you a great year full of happiness, success and learning. Let each day be a memory worth remembering.

God Bless!!!!

Mrs. Swati Rana
Headmistress (SW)



MESSAGE FROM THE HEADMISTRESS (JUNIOR WING)

"Believe in yourself and all that you are. Know that there is something inside you that is greater than any obstacle."

Dear Students

We believe that the teachers and instructors are the building block of every society and country. They shape the future generation and know that every student is full of abilities.



Each one of you is unique, so start thinking big because your thinking has the power to change the world and make this world a better place for everyone. Always remember there is a hidden greatness within you. Start expanding your wings and you will discover that the sky is the limit.

We should not let the pandemic pin us down. We must remain positive and keep our hopes alive as I believe that " Nothing is predestined. The obstacles of our past can become the gateways that lead to new beginnings."

Stay well! Stay positive! Keep Smiling!

Ms. Megha Kaushik
Headmistress (JW)

HAWAN CEREMONY

“Each day brings new hopes and reasons to smile and celebrate.”

In the sacrosanct premises of the school, on **1st April 2021**, the new session began with a pious note as a **Hawan Ceremony** was organized wherein everyone sought blessings of the Almighty. The ceremony was performed religiously with divine fervor and spirituality. The pious ceremony went on for one hour with the chanting of mantras that enriched the environment with positivity. The bhajan ‘Hey prabhu, mujhe bata do, charano mei kese aaun’ mesmerized everyone. The students and the staff offered sincere prayers for good health, wisdom, courage, and success.

The members of **School Management Committee** along with the Principal, Headmistress Senior Wing Ms. Swati Rana, Bursar Mr. O.P Kumar and Primary & Senior Coordinators graced the occasion with their presence. After the hawan, *prashaad* was distributed to everyone.

The **Principal Ms. Rashmi Grover** in her address to the students said, “Being a part of this pious occasion, one experiences divine contentment and happiness and attains real success and fame.” She wished the students good luck for all their future endeavours.





‘THE GREEN GURUKUL CHALLENGE’ (19TH APRIL 2021 – 15TH MAY 2021)

The Green Gurukul Challenge is designed for students from across India together to raise awareness & build sustainable practices to solve various environmental challenges. Through the competition students will be empowered with simple yet useful tools to solve environmental problems on solid waste and climate change. By taking part in the challenge students will build empathy towards the environmental issues and work on tasks that are integrated with creativity, problem-solving, teamwork and leadership skills.

We at Swarnprastha feel that students are the most important asset to tackle this ongoing crisis of waste that we face as a nation. To impart the sense of social responsibility and promote awareness we have given this opportunity to our students to participate in ‘The Green Gurukul Challenge’.

It is a moment of great pride that our school has stood in the Top 10 schools across India in this national-level inter-school competition among 60 schools.

The duration of the competition was one month (**19th April-15th May**) and was organised for the students of **classes VI to XII**. Students worked on tasks designed to tackle environmental issues specifically around waste management. This included webinars, interaction with community, skill-building to give an overall perspective of how sustainable life looks like.



USE NATURAL CLEANING CLOTHS AND SCRUBBERS INSTEAD OF PLASTIC SCRUBBERS AND SYNTHETIC SPONGES

Compressed natural cellulose sponges are often sold without any plastic packaging because they don't need to be kept moist; they expand when wet.



ishika

EARTH WARRIORS 3 Paper Tips:

Think before you print



Use both side of the paper.

Go digital - read, send and store digital documents



Recycle



12:59

< GGC Sps Webinar (Plastic).pdf

Swarnprastha Public School

EARTH WARRIORS

Instructions:

- Raise your hands for any doubts or queries.
- Answer in chat if any question is asked.
- Keep yourself muted.
- Don't use chat unnecessarily.
- Don't leave the meeting in between.

Topics to cover in this webinar:

- What is the problem with plastic?
- A problem to our environment and human life.
- Plastic waste facts.
- Use of plastic in our daily life
- The ways to tackle plastic waste at a broader level, minimizing plastic in our daily life.

The Problem With



‘RETHINK PLASTIC CHALLENGE’ (3RD MAY 2021 – 23RD MAY 2021)

Plastic has become an inseparable and integral part of our lives. The amount of plastics consumed annually has been growing steadily. Its low density, strength, user-friendly designs, fabrication capabilities, long life, low weight, and low cost are the factors behind such phenomenal growth.

Plastic waste is very visible as it contributes to a large volume of the total solid wastes. Precisely because of their large visibility plastic wastes have been viewed as a serious solid waste problem.

With the intention of making our younger generation sentient about the problem faced due to plastic, our school gave the opportunity to participate in this challenge. During this project students learnt to create their own bio plastics, but they also learnt that the carbon footprint of a paper bag is even worse than a re-usable plastic bag. During this journey they were creative, thought critically, collaborated on a global scale and were able to solve problems.

The duration of the challenge was three weeks (19th April-15th May) and was organised for the students of **classes VI to XII**. The challenge was divided into three weeks:

Week 1:

Get to know plastics: History - Facts - Types

Look at plastics in your house, classroom: which are essential - which can be removed?

Week 2:

Challenges + Alternatives

Single-use plastic + plastic soup, micro plastics

Lifecycle Analysis (LSA) - example: paper vs. plastic bag

Week 3:

What is your solution? Which of the 4Rs would that be?

Students can share how they avoid, reduce; recycle, up cycle etc.





CULMINATION CEREMONY – ONLINE HOBBY CLASSES

Culmination – is a Celebration – of everything learnt, gained, and acquired!

It is always a great thing to embark on a new learning journey. This year Swarnprasthians had arranged a **Summer Hobby Camp** which provided not only variety of hobbies like music, dance, literature, language learning, programming but also lot of focus was given on experiential learning through activities like **Vedic Math, Fun with Experiments, Stitching** and a lot more to the students which proved to be one of the most remarkable online learning experiences for the students.

To provide the complete details to students and parents regarding the various hobby classes and to enable them to choose the activities of their interest, an **Orientation Programme** was conducted on **31st May 2021** for **classes (Nursery – VIII)** wherein the concerned teachers explained about their respective hobby classes.

On **14 June 2021**, **Swarnprastha Public School** witnessed the **Culmination Ceremony** of the Virtual Summer Camp with great exhilaration. In this ceremony, a compiled list of some of the most refreshing and pleasing summer camp experiences were shared. The event proceeded with a video showing glimpses of the student's active participation in the Summer Camp wherein, their creative pieces were displayed. The **Principal Ms. Rashmi Grover** was very delighted and happy with this creative journey of past 15 days. She appreciated the commendable efforts made by teachers and students to make this Summer Camp a huge success.

All participants were mailed their **E-Certificates** for the successful completion of the event. The Summer Camp culminated with lot of unforgettable memories. It was a great reminder for the students that learning does not end here, but it is their willingness to continue to learn further in all their future endeavours.

Glimpses of the activities:



 Find us on
Facebook

PN-II

[HTTPS://FB.WATCH/6BZHR2GE7F/](https://fb.watch/6BZHR2GE7F/)

III-V

[HTTPS://FB.WATCH/6BY3DWM2JL/](https://fb.watch/6BY3DWM2JL/)

VI-VIII

[HTTPS://FB.WATCH/6BYE7WMB3L/](https://fb.watch/6BYE7WMB3L/)









WEBINAR ON 'WORLD ENVIRONMENT DAY' (ECO SYSTEM RESTORATION)

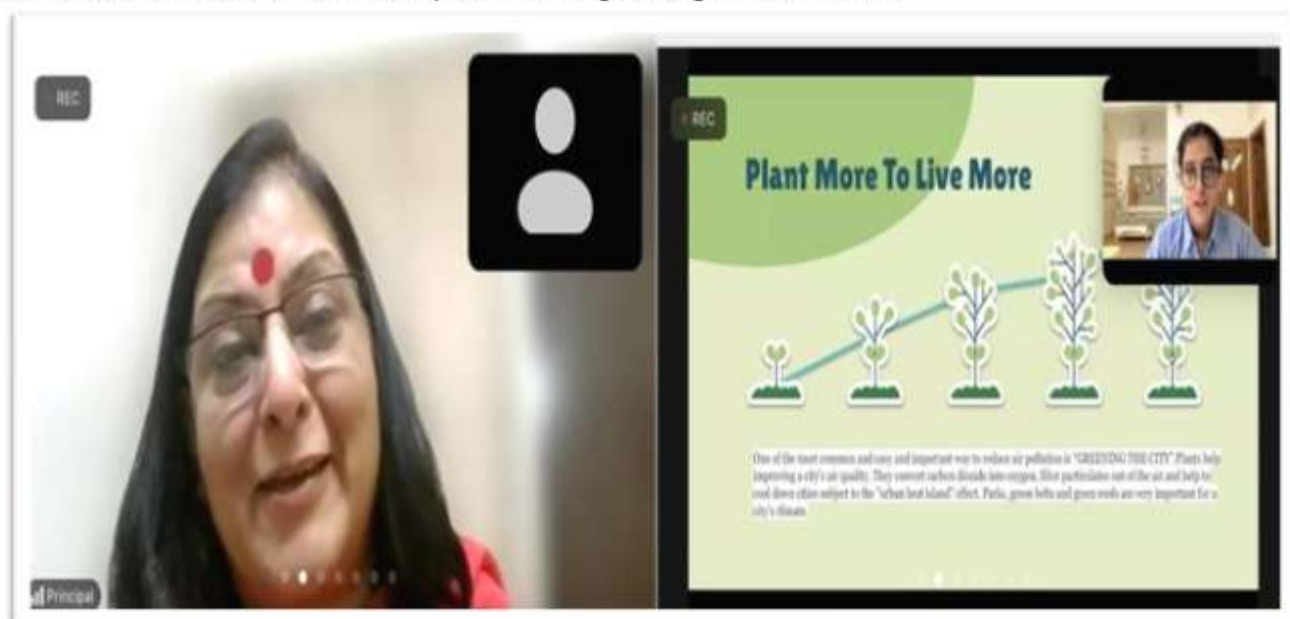
“Conservation is a state of harmony between men and land .”

June 05, 'World Environment Day' gives us a conscious reminder of how fragile our planet is and how important it is to protect it. This year Swarnprastha virtually celebrated World Environment Day with great fanfare. A webinar was conducted by the innovative team of students and teachers. This webinar aimed at raising awareness about the significance of a healthy environment and the need to take positive environmental action. Various topics were discussed during the webinar like air and water pollution, deforestation, AQI (Air Quality Index), benefits to the environment during the lockdown, climate change, causes of frequent earthquakes and cyclones.

The main aim of this webinar was to raise awareness about emerging environmental issues. These environmental issues were discussed by students from various elements. **Chehak and Varnika of class IX** discussed about marine pollution, human over population, global warming etc. **Kulshree and Simran highlighted the substitute of plastic i.e., biodegradable.** These were the major issues discussed and highlighted during the Webinar **'Protect Nature and Our Environment'**. The students took a pledge to save their precious Mother Earth by growing more trees and staying away from single-use plastic. The event succeeded at strengthening the mental fabric of the awakened young minds present at the webinar.

The **Principal Ms. Rashmi Grover** acknowledged the great efforts of all team members and congratulated everyone for putting up a great show. She highlighted various points, like even with our small and smart measures, we all can help to protect our environment. Further, she discussed the responsibilities which we owe to Mother Earth and suggested that **we all should plant a tree on birthdays and special occasions.** She highlighted the **importance of judicious use of water** and for sustainable environment we need to cut down on single use plastic.

She motivated all the students and teachers to be the change which we wish to see in the world, each one of us can make a difference by contributing through small efforts.





SAKSHAM NATIONAL COMPETITION

“Oil is like time, once gone will never come back.”

Petroleum Conservation Research Association (PCRA), under the aegis of Ministry of Petroleum & Natural Gas, Govt. of India, is committed to make oil conservation a National Movement. The Essay writing, Painting, and Quiz competitions aim to raise awareness among youth about the conservation of Petroleum products in industrial, transport, agriculture and domestic sector, reduction of oil imports, energy conservation, importance and use of renewable energy source. Total **35** Students of our school participated in these competitions (Quiz, Essay, and Painting). Some students participated in one competition, Some in two & some in all the three competitions.

THREE COMPETITIONS WERE BEING CONDUCTED BY PCRA

Essay: 5 students participated. Out of these 5, two students got selection for the state level.

- | | |
|-------------------|------------------------|
| 1. Vanshika Gupta | 9B (session 2020-2021) |
| 2. Rakshita | 9B (session 2020-2021) |

Painting: 7 students participated. Out of these 7, two students got selected for the state level.

- | | |
|-------------------|-------------------------|
| 1. Vedant Mahajan | 7D (session 2020-2021) |
| 2. Bhoomi | 10C (session 2020-2021) |

Quiz: 28 students participated. Out of these 28, two students were selected for the state level by the portal of PCRA

- | | |
|-------------------|-------------------------|
| 1. Aishwarya | 9A (Session 2020 -2021) |
| 2. Riyanna Bharti | 9A (Session 2020-2021) |

Quiz participants received a mail from PCRA to complete the quiz till **15 May 2021**.

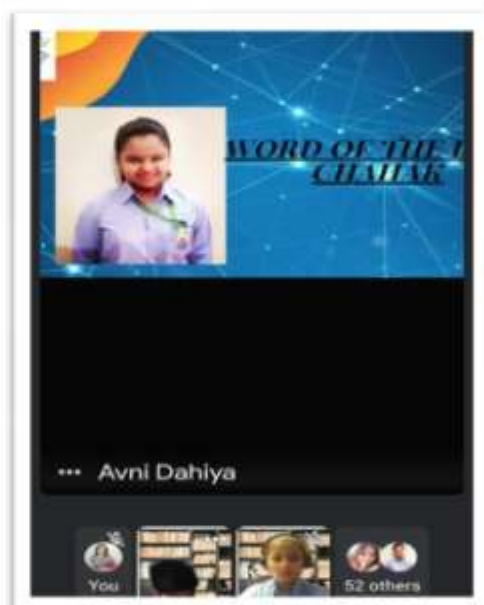
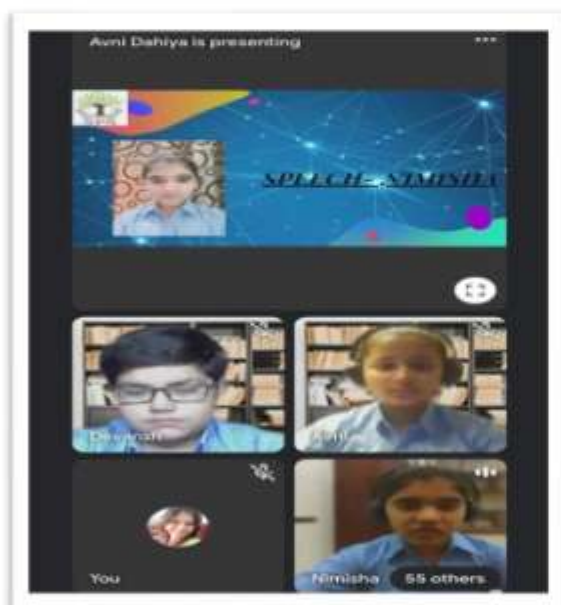
SPECIAL ASSEMBLIES

WORLD TELECOMMUNICATION DAY

“An efficient telecommunications network is the foundation upon which an informative society is built.”

17 May marks the anniversary of the signing of the first International Telegraph Convention and the creation of the International Telecommunication Union (ITU). To celebrate this day at **Swarnprastha Public School**, a special assembly was held on the virtual platform by the students of **VII-B** on **18 May 2021**. The students raised awareness about the use of the internet as it can bridge the gap between society and economies and the digital divide. They also highlighted the importance of telecommunication in our lives through various means of technology, and the important role of information and communication during this pandemic.

The students made the assembly very lively with speeches, interesting facts about telecommunication, and a Powerpoint presentation on the role of telecommunication in our lives. **Headmistress (Senior Wing) Mrs. Swati Rana**, also briefed the students about this special day and was full of admiration for the hard work done by the students to make the assembly a highly informative one.

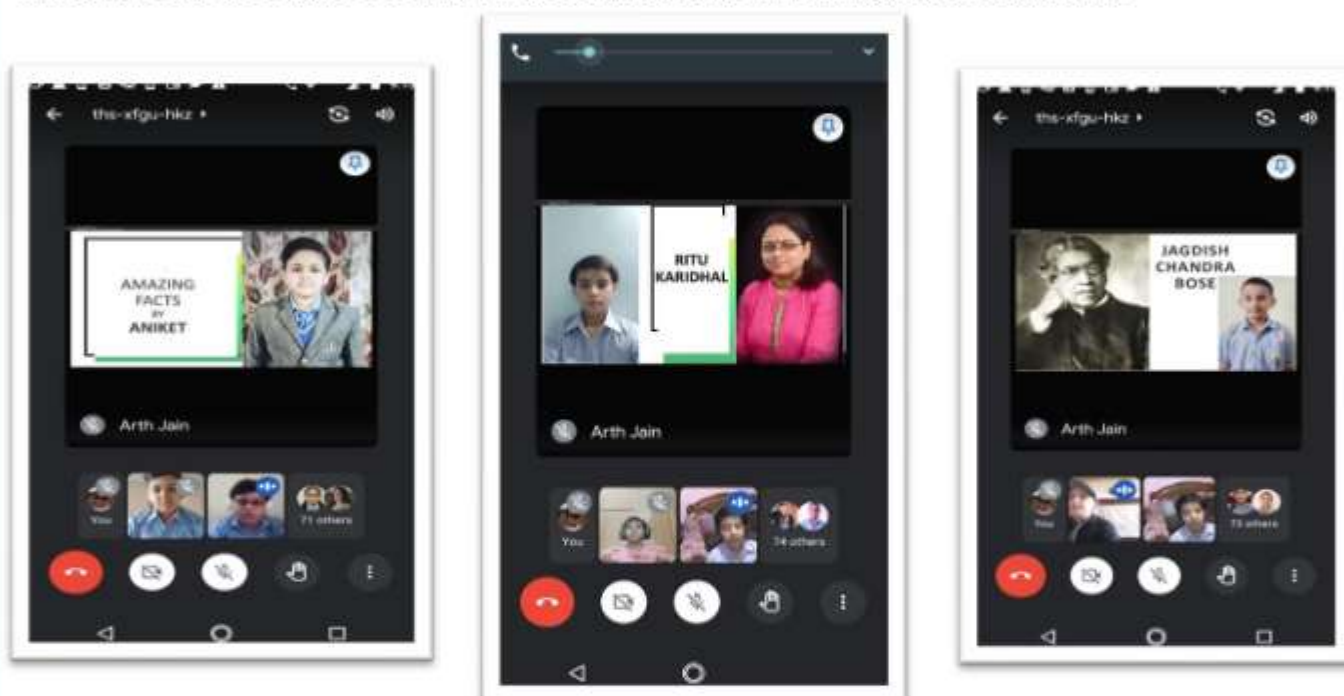


NATIONAL TECHNOLOGY DAY

“The science of today is the technology of tomorrow.”

To commemorate the scientific and technological achievements of Indian scientists and engineers, a special assembly was held wherein students of **VII-A** celebrated **National Technology Day** on **10th May 2021**, through a virtual platform. Unlike all other years, the atmosphere was quite different due to the virus, but the national spirit is still strong. With advancements in technology, it has become possible for us to celebrate these special days together, even when we all are at home.

The students presented the assembly in a very enthusiastic manner with poems, speeches, and a Powerpoint presentation on the achievements of the great scientists. The lives of various scientists were also presented through role plays which made the assembly very realistic. The assembly was highly innovative and was appreciated by the **Headmistress (Senior Wing) Mrs. Swati Rana**.



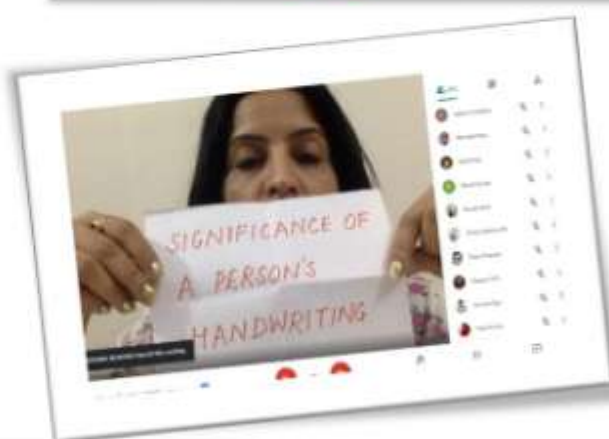
COMPETITIONS

INTER-HOUSE ENGLISH JAM

“Communication works for those who work at it.” – John Powell

To challenge students' ability to address issues and stimulate discussion on any given topic, Swarnprastha Public School organized an **Inter-House English' JAM-Just a Minute'** competition virtually, on **27th and 28th May 2021** for the students of **classes VI-XII** wherein, they were given certain topics on the spot and had to speak on it for a minute. Topics such as '**Gadgets- the new friends of today**', '**Hard work v/s smart work**', '**Importance of good communication**' etc. were given to the participants. There was a mass participation and the participants presented themselves confidently without hesitation, repetition, or deviation and shared their views very effectively.

The **Principal Ms. Rashmi Grover** appreciated the oratory skills, subject knowledge, and overall presentation of the students during the competition. She emphasized on the fact that it is especially important for a person to convey his heart in a few words and that in today's world, one must be well read to stand out from the rest.



EARTH DAY

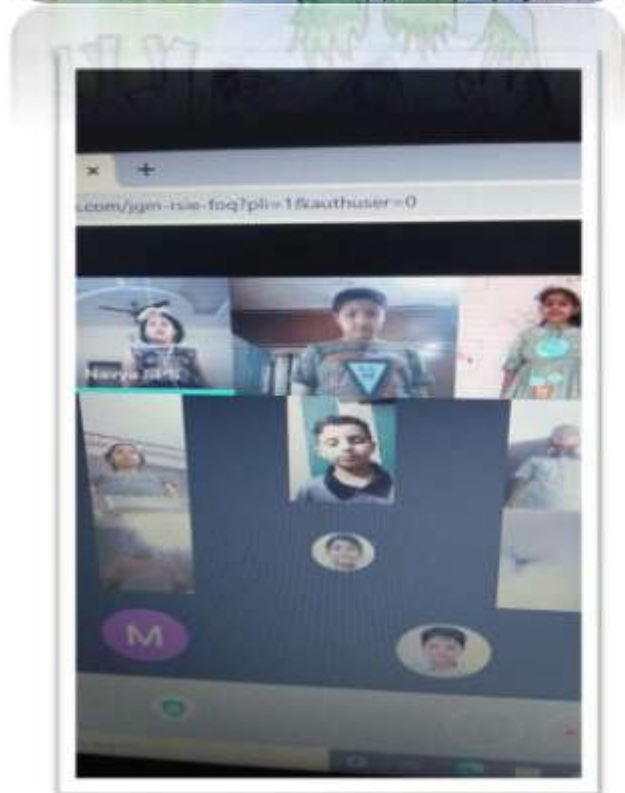
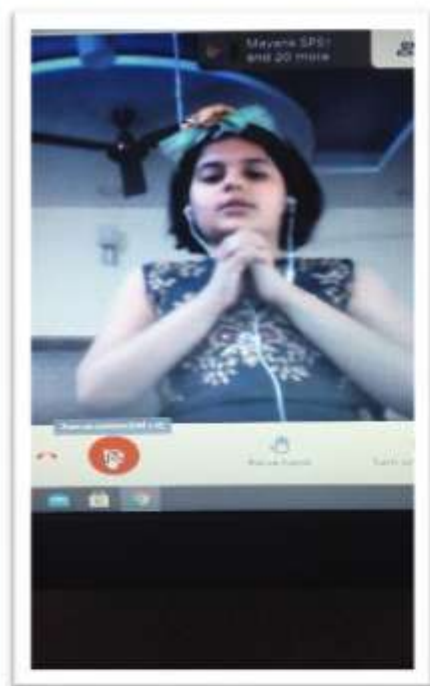
“We do not inherit the earth from our ancestors; we borrow it from our children.”

We all celebrate days like Mother's Day, Children's Day and our special days like birthdays, anniversaries and so on. Then why not Earth Day! Our mother earth which provides us with all the necessary requirements to survive deserves a tribute and celebration from her kids. So, it becomes our moral duty to inculcate love for it amongst all children.

With this intention, Swarnprastha Public School celebrated **Earth Day** throughout the week. For this, **Intra Class Earth Day Competition** was held from **15th April to 23rd April 2021 for classes (III-VIII)**, wherein the categories were decided class wise like tearing and pasting, collage making and 3D craft. Out of these the best entries were selected for **Inter Class Competition on 1st May 2021**. Not only this, but **Special Assembly** was also held on **28th April 2021** for junior students, wherein we encouraged our pupils to plant at least a single tree in their homes.

During the assembly, stupendous skits were performed by the children with inspirational messages to save Mother Earth. These skits beautifully conveyed this message to all the students and encouraged them to contribute their bit in saving the earth. There was a beautiful pictorial representation of basic etiquettes like avoidance of littering on roads, use of jute instead of plastic bags and importance of saving water.





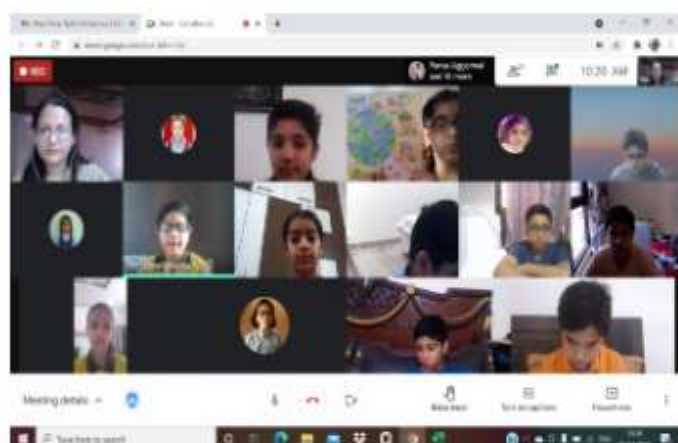
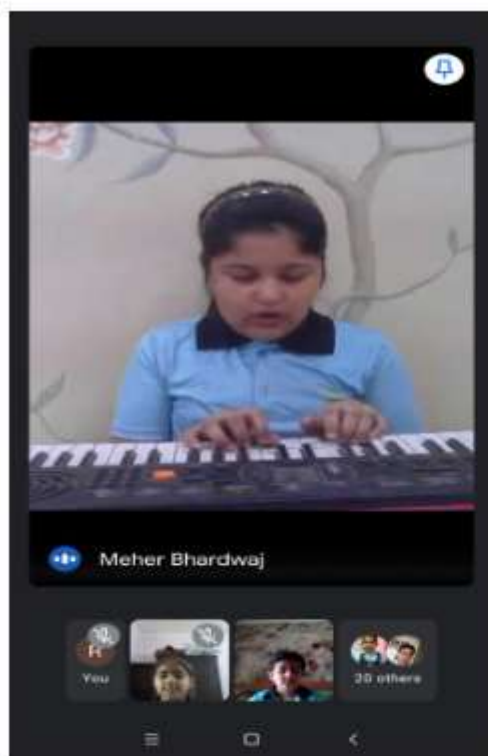
NATIONAL TECHNOLOGY DAY

“Technology is best when it brings people together.”

The whole world has moved from offline mode to online mode once again. And all this has become possible because of the great human efforts known as technology. **National Technology Day** is celebrated every year on May 11 to highlight the achievements of engineers and scientists in the field of Technology and Science. It was first observed on **May 11, 1999** and aims to commemorate the scientific and technological achievements of Indian scientists and engineers.

The theme of the National Technology Day 2021 was **‘Science and Technology for a Sustainable Future’**. So, to make children aware of the country's technological advancements and the role it is playing in everyone's life today, Swarnprastha Public School celebrated this day as a special assembly on **12th May 2021** wherein, the children of **classes (III-V)**, **Vishwaas House** performed small skits, recited poems and shared amazing facts and appreciated the achievements of scientists, researchers, engineers and all others involved in the field of science and technology.





MOTHER'S DAY CELEBRATION

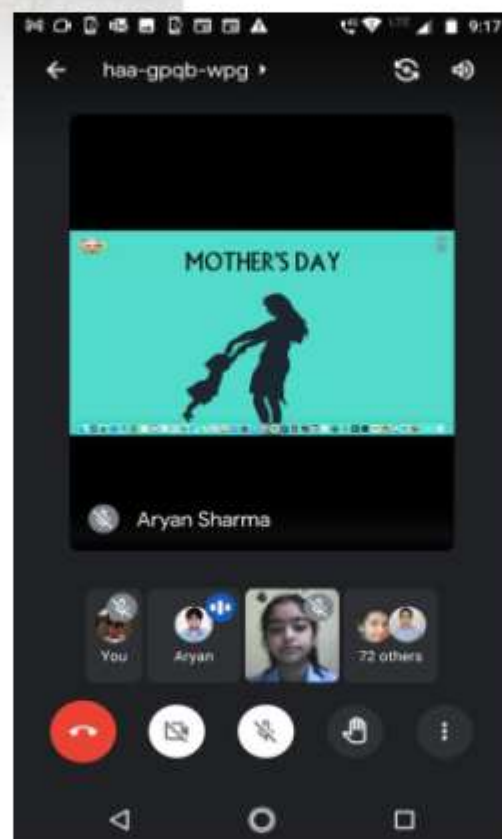
“All that I am, or hope to be, I owe to my angel mother.”

Mother's Day is a celebration to honour the mothers and emphasize the influence of mothers in the society. Those were the most emotional moments in **Swarnprastha Public School** when students of **classes (III-VIII)** paid tribute to their mothers by making awesome **bookmarks, cards, photo Frames, 3D Craft, tiara and paper/cloth flower bouquets** for **Intra Class Mother's Day Competition** that was held from **4th May 2021 to 9th May 2021**. Apart from the said competition, online special Assemblies were conducted on **7th May 2021** by all the classes wherein, children sang melodious songs, danced, recited poems, did role plays etc. Children also prepared alluring cards on the theme of **Mother's Day**. This activity aimed at exploring and encouraging creativity in children and giving them a platform to showcase their skills.

Headmistress, Senior Wing Ms. Swati Rana inspired the children to inculcate virtuous deeds that make the parents happy and content. She also told the students to plan surprises for their mothers and wish them happiness and good health.

The **Principal Ms. Rashmi Grover** further adorned the competition by motivating the students to perform splendidly. Every card made by the children was a treat to the eye. We could see tears coming out of the eyes of a few teachers after looking at such heart touching cards.



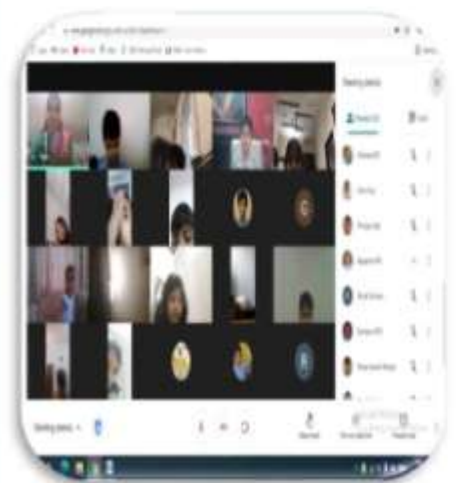




RECOGNITION OF TENS AND ONES

“The beautiful thing about learning is that nobody can take it away from you.”

Practical learning is the best way of learning, as our thoughts and actions are synchronized to produce an output which is the result of our effort. In view of the above, a Mathematics activity '**Recognition of Tens and Ones**' was conducted on **27th April 2021, Tuesday** for the children of **Class I**. The children were explained the concept of tens and ones using various things like **ganit mala, earbuds, sketch pens, glasses, sticks, spoons, bowls, toothpicks** etc. They were also shown an interesting video related to the concept and a link of an effective educational game was also shared with the children for recognizing the numbers using tens and ones. Children enjoyed playing the game and easily understood the concept through this fun-filled and hands-on activity. It was a great learning experience for the young toddlers.



MOTHER'S DAY

“A mother is she who can take the place of all others, but whose place no one else can take.”

Mother's Day is a special day for all children and mothers, as it celebrates the bond of love and affection that is everlasting. Mothers are the emotional backbone of the family, who have the magic touch to heal all wounds and make all things beautiful. **Mother's Day** is a celebration to honour the mother in the society. To show their love and respect to their mothers, the young, enthusiastic, and adorable Swarnprasthians of **Grade PN-II** celebrated this most special day with lots of fun activities and some memorable performances. The event was held on **7th May 2021** i.e. Friday and mothers were specially invited online to spend a memorable time filled with activities and fun.

Tiny tots came up with their presentation of songs, rhymes, dance, card making, photo frame making, colouring, fingerprinting in card, tongue twister to convey gratitude to their moms for their unconditional love. The moms as well as the students had a splendid time together in various fun games planned by the teachers. It was a pleasure watching the super excited moms with their dynamic and energetic children during these activities.









NUMBER BUILDERS

“Creativity is inventing, experimenting, growing and learning while doing.”

Numbers play an important part in one’s learning and development, as it helps us to organize information and build our confidence. We use and see numbers in our daily life -like time, date, year, counting money, phone numbers, page numbers etc. Numbers are everywhere so keeping this in mind, a **Number Builders Activity in Mathematics** was organized for the young minds of **Grade-2** on **24th May 2021**.

Beautiful flowers were prepared by the teachers and numbers were written on the petals to generate excitement among students. One number was written in the centre of the flower. Students were shown petals and asked to add numbers mentally and tell the correct position of petals by matching the same number mentioned in each flower. They were excited and waited eagerly for their turn to tell and show the additional fact by doing it themselves. Thus, this event helped our tiny tots to build their numeration sense.

It was an interesting and thrilling experience which provided a fun and comfortable learning arena to our students



क्या है भारी – रुई या नमक

“Children learn as they play. Most importantly in play children learn how to learn.”

It is observed and scientifically proven that practical learning helps students in retaining information for a longer period. Practical learning improves understanding of the concept in a better way than hearing. At an early age, students start learning practically with various activities such as playing outdoor and indoor activities, creating models and structures, even by observing things in their surroundings, etc. It is quite a practical way of learning by doing.

To mark the significance of practical learning, an activity for **Grade-II “क्या है भारी – रुई या नमक”** in Hindi was conducted on **28th May 2021**. In this activity, students were told to be ready with two transparent glasses (half filled with water), a small quantity of cotton and salt in different bowls. Now, the students were asked to pour a small quantity of cotton in one glass and a small amount of salt in another glass. This experiment has helped them to understand that when children take out cotton from a glass of water, it becomes heavier than before, on the other hand, the salt is dissolved in water. It was a fun-filled experiment conducted to satisfy the curiosity of young builders.







PUPPET SHOW

“Every child is an Artist; Imagination is the beginning of creation.”

A Puppet Show was organized for the Swarnprasthians of **LKG and UKG** during the online class on **Monday, 26th April 2021**. Puppets changed the entire classroom by creating more possibilities for creativity, collaboration, critical thinking and curiosity.

The student had the pleasure of watching and being a part of the puppet show and thoroughly enjoyed watching a jungle story unfolding before them. Teachers engrossed the students with voice modulation and effective use of creative puppets. They also encouraged the audience to be a part of the story with their participation and responses. The squeals and the laughter of the students was proof of the joy and fun they experienced during the show. This was not just enjoyed by the students, but their parents also had a chance to enjoy this show and be a part of it.



MAGIC SHOW

“It’s still magic even if you know how it’s done.”

Everyone enjoys magic shows. Children especially never like to miss one. On **Friday, 29 April 2021** **Magic Show** was organized online for the students of **class Nursery**. Teacher enacted as a magician. All the students were excited to watch the show. The magic was about a coin that disappeared from the handkerchief and was found in the pocket of one of the students. It was a thrilling show.



GANITMALA

“Without mathematics, there is nothing that you can do. Everything around you is mathematics. Everything around you is numbers.”

Ganitmala is a powerful tool which can be used to develop the mental model of a number line in early stages. It is consolidated sequencing of numbers that helps to understand the value of numbers.

With this thought Class UKG had organized an activity ‘**Ganitmala**’ on **Thursday, 20th May 2021** during online class. Teacher gave the concept of counting through beads. Children enjoyed doing this activity with different materials like toys, beads, kidney beans, crayons, pencils, erasers etc. Children were full of enthusiasm. During the activity each child felt like a mathematician.



ROSY RED PARTY

“The colour of love and smiles illuminates the air with energy, vigour and exuberance.”

The **Rosy Red colour** party was organized for the students of Nursery class on **Saturday, 22 May 2021** during virtually class. They were taken into the mesmerizing realm of colours. All were looking stunning in their red outfits. The day started off with singing the Red Day song “My red balloon....., Red apples.....”.

Later the students were engrossed in making the craft of watermelon. Some of the students spoke a few sentences on the red object they owned. They enjoyed eating watermelon and other red colour eatables. It was a scintillating day with innocent faces gleaming and reflecting brightness, joy, love and happiness.



FLAIR HUNT

"When talent meets passion, success happens."

To accentuate the talent of our Tiny Tots **Flair Hunt** activity was organized virtually on **Saturday, 22nd May 2021** for the students of **LKG and UKG**. They were free to showcase any of their talents like- dancing, singing, stand-up comedy, impersonation, ramp walk etc. Props prepared by the parents made the program even more stimulating. The event was really colourful with costumes and props of various types. The programme clearly demonstrated how confident and talented our kids are. Everyone felt exhilarated and enjoyed watching kids performing their finest.



VIRTUAL VISIT TO THE ZOO

“Teaching children to be kinder to animals today, is our only hope for a kinder world tomorrow.”

The kingdom of animals is fascinating. The interaction, survival and beauty of animals is worth understanding and studying. Keeping this in mind, a virtual visit to the zoo was organized for the kids of **L.K.G. class on Friday, 28th May 21.**

During the visit facts related to different animals were shared and discussed. The best experience was to see the **king of the jungle, the Lion**, and the **Snake Park**. It was a thrilling experience watching snakes moving freely. It was amazing to see Hippos, one horned Rhinos, different species of colourful birds chirping on the trees and giant crocodiles sleeping as if they were too lazy to even move.

It was a wonderful experience, straight from buying the tickets from the counter to viewing the map, entering the zoo and ending at the cafeteria.

Students were extremely excited. It was an adventurous trip and an all new experience for kids to see their favourite animals virtually.



MESSAGE FROM THE EDITORIAL BOARD

“The people who succeed aren’t the ones who avoid failure; they are the ones who learn to respond to failure with optimism.”

Our life is a mix of opposites and contraries. It is a combination of such opposing entities as happiness and sorrow, pleasure and pain and enjoyment and stress. No human being can always be happy, and nobody can be sad all the time. We as human beings feel dejected whenever something wrong happens with us, and we do feel happy when something good happens to us.

Rose is an embodiment of love, passion and beauty. Its fragrance touches our heart, and its soft petals soothe our emotions. But whenever we try to hold it, it hurts us with its prickling thorns.

Remember! Whenever we want to achieve something big in life, something which gives us happiness and comfort, we have to go through lots of hardships or we have to face bad experiences of life too. Thus, happiness and sorrow go side by side.

We can never enjoy our success unless we have worked hard. Success comes to those who put in extra efforts to make their dreams come true. To enjoy happiness, we must learn to accept the tragedies of life.

So, what we need to have is! – ‘**Positive Thinking**’

Positive thinking is not magic, and it will not make all our problems disappear. What it will do, is make problems seem more manageable and help us approach hardships in a more positive and productive way.



Ms. Ranjana Nayar

Just apply 3Ps to your life and see the magic!

Practice Gratitude!
Practice Forgiveness!
Practice positive self-talk!



Sector-19, Near Omaxe City, NH-44, Sonapat, Haryana-131021
Ph: 9729213802, (O) 9812583803, **Toll Free:** 1800 1800 842
Email: info@swarnprastha.com, **Web:** www.swarnprastha.com